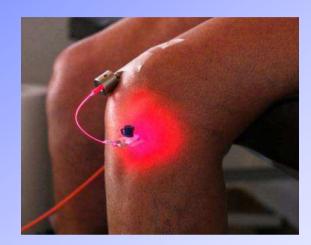
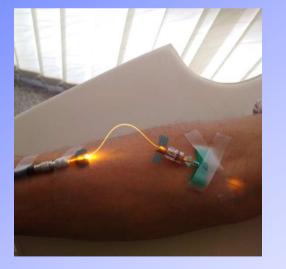
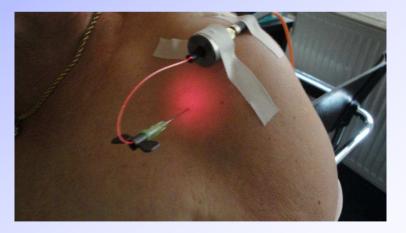
# **Michael H. Weber**

### **Clinical Applications of Low- Intensity Lasertherapy**









Weberinstitute for research and lasertherapy, Lauenförde & Göttingen, Germany

# **Topics**

- Basics of laser physics and fiberoptic laser application
- Difference between externally and internally applied lasers
- Interstital, intraarticular and intravenous laser therapy
- Combination of lasers with PRP and stem cells
- Cosmetic laser therapy
- Photodynamic cancer therapy with different new photosensitizers and lasers
- New combinations of traditional photosensitizers with light sensitive chemodrugs and clinical results

## **Preliminary work in laser therapy**

- Purpose of the invention in 2000 was to set up a modular new laser system for painfree therapy with multiple lasers of multiple points and areas of pain on the body simultaneously
- The system should be different from current ones which stimulate only one point or only one area and work normally with only one laser.
- Solution was a fiberoptic system for leading focussed laser beams on or in the body

## **Webermedical Germany**

- 2003 Foundation of the new Webermedical GmbH, Germany
- Financial support for development of a new fiberoptic system with 12 channels with red and infrared laser by the Germany government and the European Union with 250 000 €

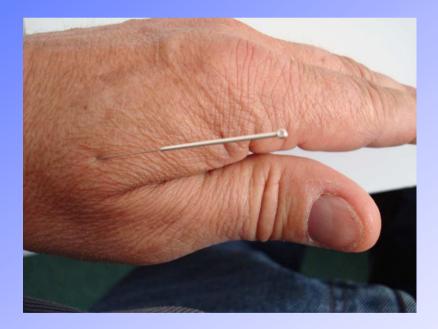
## **EGLA and ISLA Transcontinental**

- 2006 Foundation of the scientific European Society for Biological Laser Therapy and Acupuncture
- 2012 Change to International Society for Medical Laser Applications (ISLA transcontinental)

## **Presidents:** Dr. M. Weber, Germany

(Clinical applications) Prof. Dr. G. Litscher, Austria (Science)

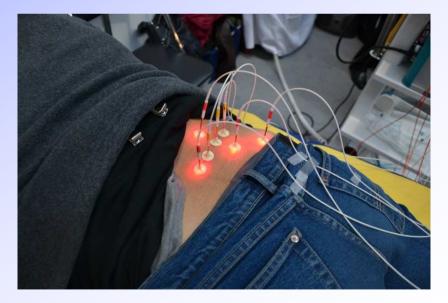
# The beginning: Replacement of the metal needle by laserneedle für painfree acupuncture





# **Use for acupuncture and trigger pints**





# **Use for ear acupuncture of pain**



## **New headset for ear acupuncture**

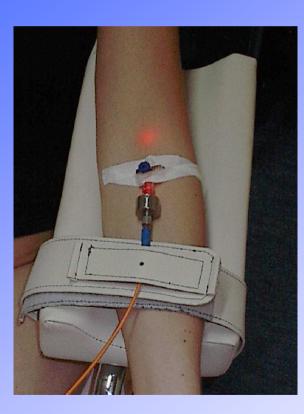


Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

## Use for skull acupuncture and transcranial laser therapy

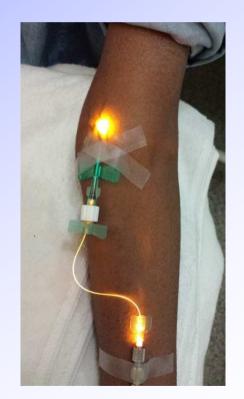


# **Use for intravenous laser therapy**







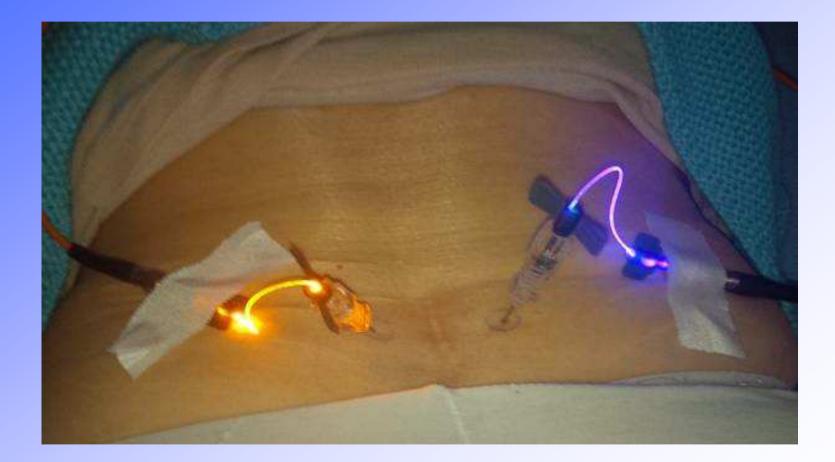


## **Use for interstitial and intraarticular laser therapy**





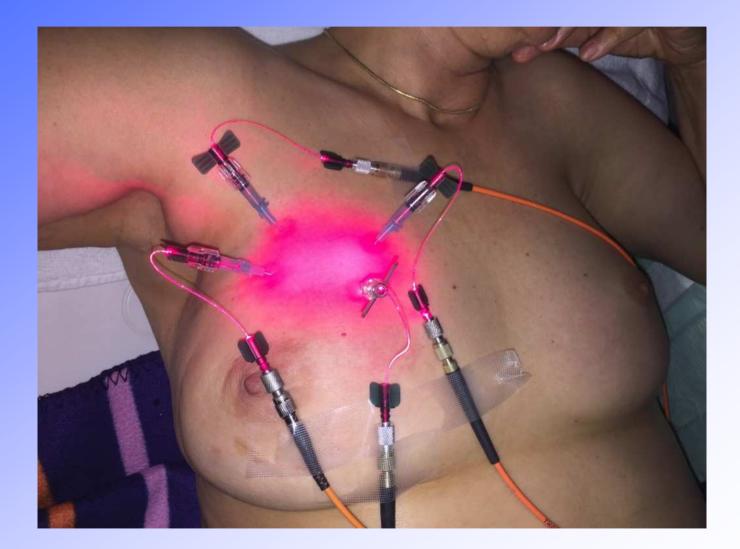
## **Use for interstitial spinal laser therapy**



## **Use for interstitial photodynamic cancer therapy**



## **Use for interstitial photodynamic cancer therapy**



## New Webermedical building with integrated Laser Research and Treatment Center (2013) in Lauenförde, Germany



## **New Webermedical building with integrated Laser Research and Treatment Center (2013)**



### **CE-Certificate**



#### EG-Zertifikat / EC-Certificate

gem. 93/42/EWG Anhang VI / acc. 93/42/EEC Annex VI

Reg.-Nr. / Reg.-No. 44 236 08 360287-001

Hiermit wird bescheinigt, dass die Firma / This certifies, that the company

weber medical GmbH

Sohnreystr. 6 37697 Lauenförde Deutschland

für die Produkte / die Kategorie / for the products / product category (Liste der Produkte siehe Anlage 1 / List of products see annex 1)

Lasernadelakupunktur, Epikutane und transkutane Lasertherapie

Laser needle acupuncture, epicutaneous and transcutaneous laser therapy

ein Qualitätssicherungssystem für die Endkontrolle der genannten Produkte nach Maßgabe des Anhang VI der Richtlinie 93/42/EWG für Medizinprodukte der Klasse II a oder II ib anwendet. Die Übereinstimmung mit den Anforderungen wurde in einem Audit nachgewiesen. Zusätzlich zur CE-kennzeichnung muss die Kennummer der Benanten Stelle angebracht werden. Die Gültigkeit dieses Zefflikats beruht auf der Aufrechterhaltung des Qualitätsicherungssystems in Übereinstimmung mit den Anforderungen der Richtlinie und seiner Überwachung durch die Benannte Stelle gem. Anhang VI Abschnitt 4. Das Zefflikat is turter kreinen Umständen überträgter.

has established a quality system for final testing acc. to the requirements of Annex VI of the directive 93/42/EEC for medical devices of class lia or lib. Conformity with the requirements was proved within an audii. Additional to the CE-marking the notification number of the Notified Body has to be affixed. The validity of this confitional is based on the maintenance of the quality system in accordance with the requirements of the directive and its surveillance by the Notified Body according Annex VI section 4. The certificate may not be transferred under any circumstances.

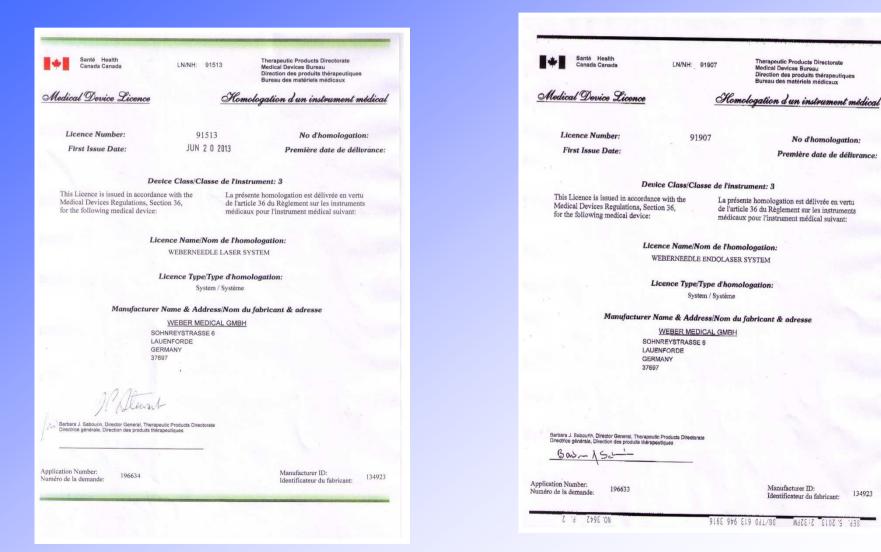
	TÜV NORD CERT GmbH, Langemarckstr. 20, D-45141 Essen www.tuev-nord.de. medical@tuev-nord.de. 🕿 +49 (0) 201-825-0, Fax +49 (0) 201-825-3243				
	Benannte Stelle Kenn-Nr. 0044 Notified Body ID. No. 0044				
Aktenzeichen		Ausstellungsdatum		Bericht Nr.	
File reference		Date of issue		Report No.	
2.4-1155/06		2012-01-25 / ed. 2		11236395018	
Benannt durch / Notified by		Gültigkeit / Validity		Michael Hartweg	
Anerkannt durch / Recognized by		von / from 2011-07-15		Zertifizerungsstelle für Medizinprodukte	
ZLG, ZLS: www.zlg.de		bis / until 2014-07-14		Certification body for medical devices	

Vervielfältigung dieses Zertifikats nur unverändert zulässig. Copies of this certificate only without changes.

## FDA Certificate, USA, 2007

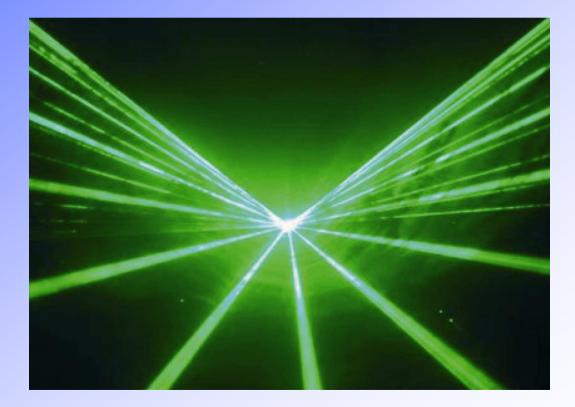
DEPARTMENT OF HEALTH & HUMAN SERVICES	Public Health Service
	Food and Drug Administration 9200 Corporate Boulevard Rockville MD 20850
eber Medical GmbH AUG 11 26	805
Underwriters Laboratories, Inc.	
2 Laboratory Drive	
esearch Triangle, North Carolina 27709	
e: K073352	
Trade/Device Name: weberneedle®basic laser weberneedle®basic "compact edition" laser	Notice and the second s
Regulation Number: 21 CFR 878.4810	
Regulation Name: Laser surgical instrument for use in general an in dermatology	ad plastic surgery and
Regulatory Class: II	
Product Code: ILY	
Dated: July 28, 2008 Received: July 29, 2008	
Received. July 29, 2008	
4. STATEMENT OF INDICATION FOR USE	E Contractor
510(k) Number (if known) Pending	
Device Name:	
weberneedle@basic laser weberneedle@basic "compact edition" las	107
Indication for Use:	
The weberneedle®basic laser is indicated to provide topical heating for the following:	
temporary increase of local blood circulation.     temporary relief of minor muscle and joint aches, pains, an     temporary relaxation of muscles.     temporary relief of muscle spasms.     temporary relief of muscle spasms.	
Prescription Use: <u>X</u> And/Or Over the Cot (Part 21 CFR 801 Subpart D) (21 CFR 807 Subp	unter Use: part C)
(Please do not write below this line - continue on another	r page if needed!)
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Oh	
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and Neuroiogical	Devices

### **Certificate Health Canada 2013**



### What is light?

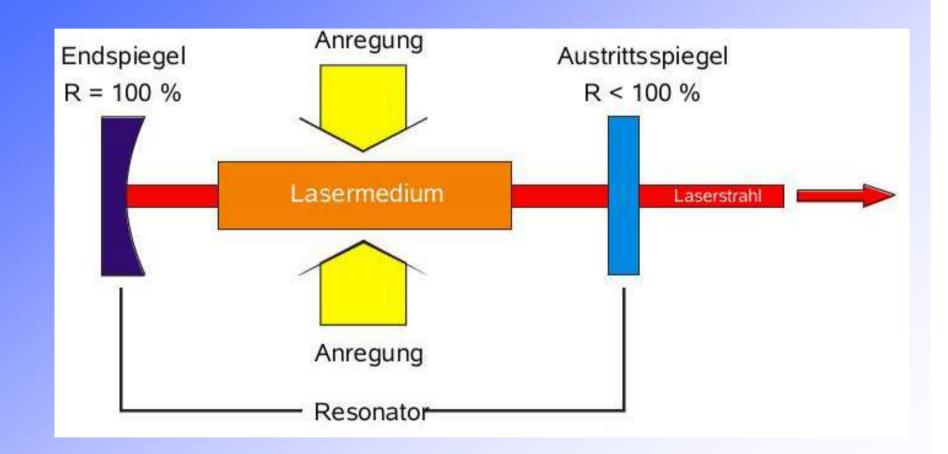
- Light can be described as electromagnetic waves
- Light can be described as particles: the photons
- We call it wave-particle dualism
- Light can have short and long wavelenghts

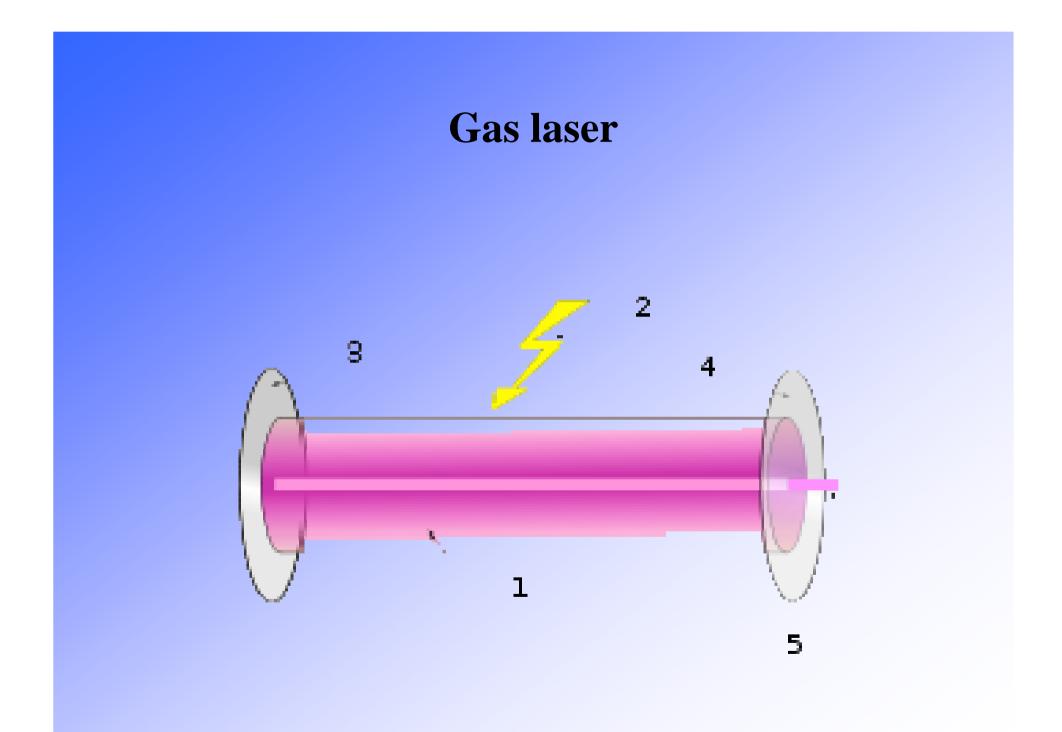


# LASER

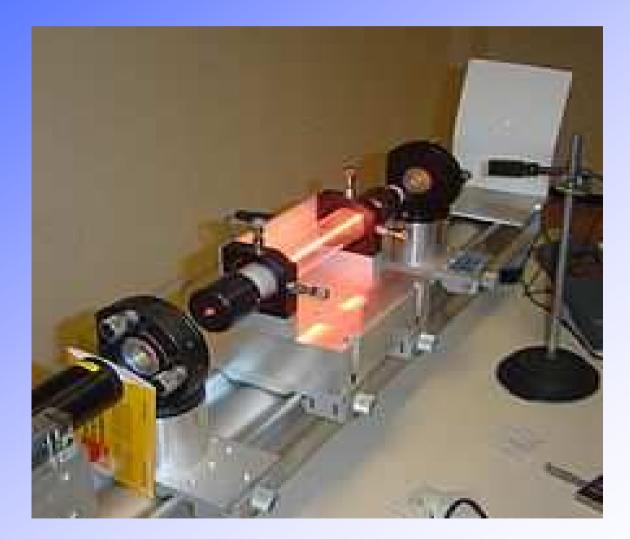
# Light Amplification of Stimulated Emission of Radiation

## **Principle of Lasers**



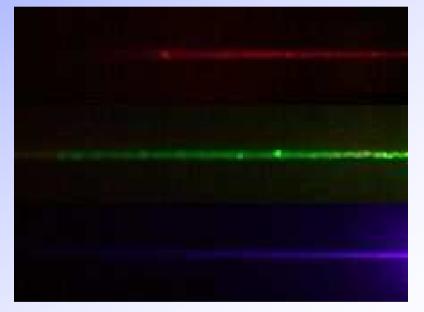


## **Gas laser**



## **Diode laser**

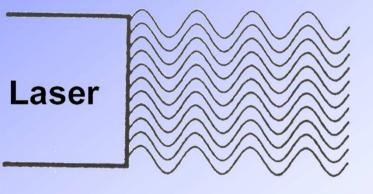




## **Difference between normal and laser light**

#### Laserlight

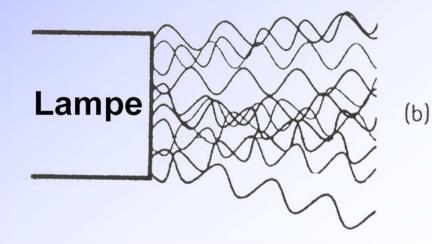
has a precise colour (Monochromasy) and is chracterized by an arranged photon stream (Coherence)



(a)

#### Conventional white light (bulb)

is a mixture of all colours, spreads in all directions



### A number of very important terms used in laser physics

wavelength	Nm
frequency	Hz (waves/second)
power output	W or mW
energy	J (joules)
output intensity	W/cm <sup>2</sup>
exposure energy	J/cm <sup>2</sup>

### **Power and Energy**

- Power in Watt (W) or Milliwatt (mW)
- Energy in Joule (J) or Millijoule (mJ)
- Example: Laser irradiation with 5 mW in1second = application of 5 mJ, in 10 seconds = application of 50 mJ.
- **Energy = Power x Time**

### **Power- and Energy density**

- Power density = Watt/qcm
- Energy density = Joule/qcm
- Example

Irradiation of an area with 1 qcm with a 20 mW Laser = 20 mW/qcm. Irradiation of an area with 1 qmm with a 20 mW Laser = 2000 mW (2W)/qcm.

### **Power- and Energy density**

- For calculation of the energy density the values of the power density have to be multiplied with the time of laser application.
- Bear in mind: very often values have to be converted because different units are used in books or publications.
- (f.e. W/qm, or mW/qm, or J/qmm/qcm/mm)

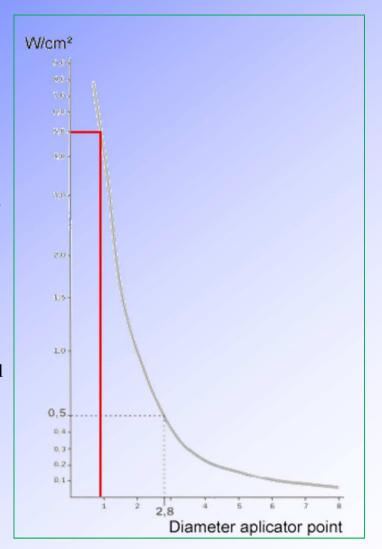
### **The optical power density**

### **Power density in W/qcm**

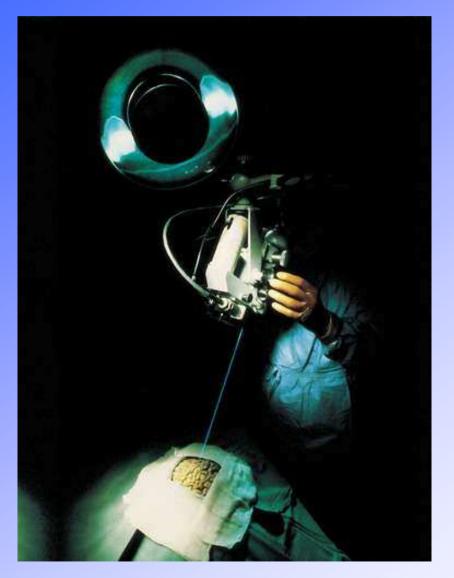
Dependent from optical diameter of the applicator

### **Diagram**:

Relation between the optical density and the optical diameter of the applicator of a 30 mW laser



## **Hard lasers**



# Hard lasers , more than 500 mW, class IV

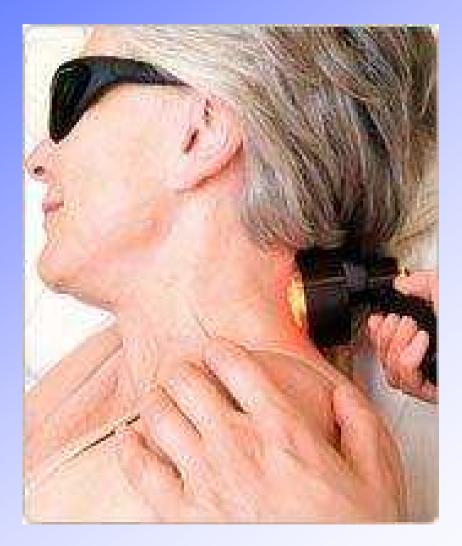
are rich in energy, the radiation has direct physical effects, example heating and coagulation. (Surgery laser).

## Hard (surgical) lasers class IV more than 500 mW





## Low intensity ( soft ) lasers



## Low intensity (soft) lasers

### Low intensity lasers, less than 500 mW, class III

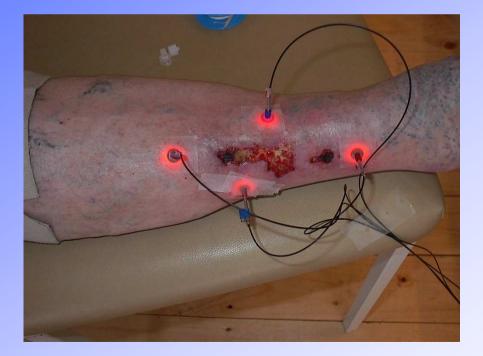
work gently and without destruction of the tissue



### Low intensity (Soft) lasers

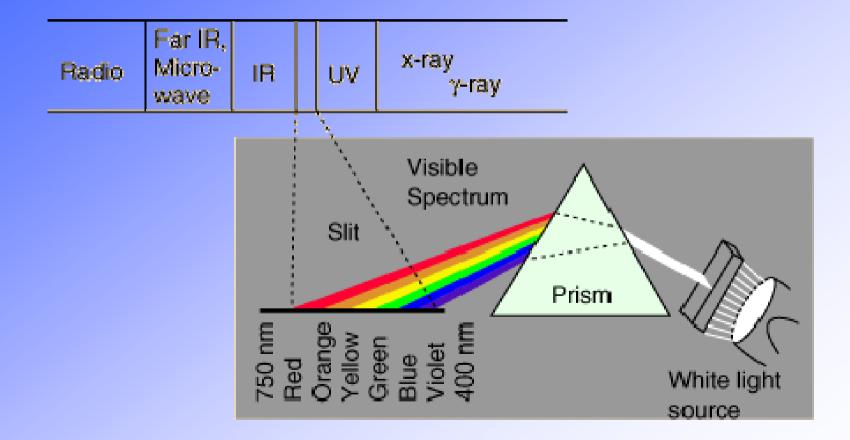
### Soft lasers, less than 500 mW, class III

work gently and without destruction of the tissue





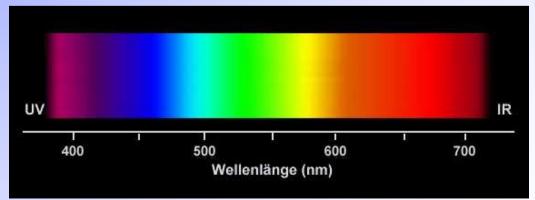
## The visible spectrum of light



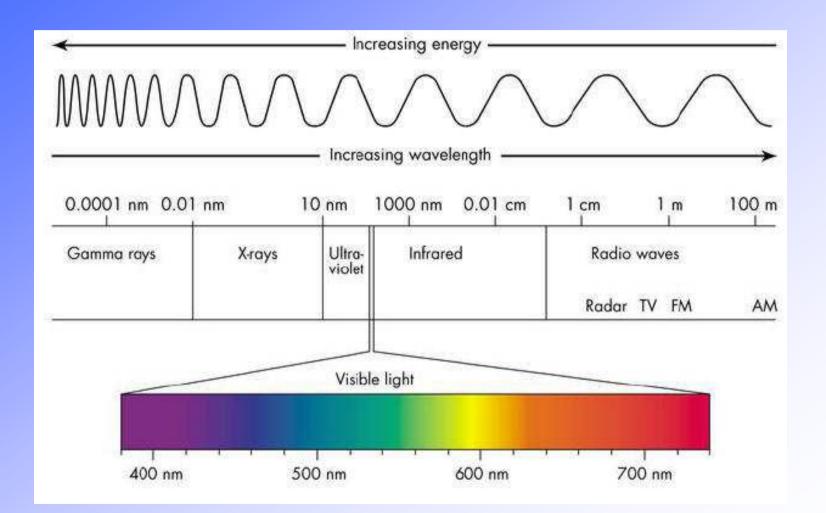
Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

## **The visible spectrum of light**

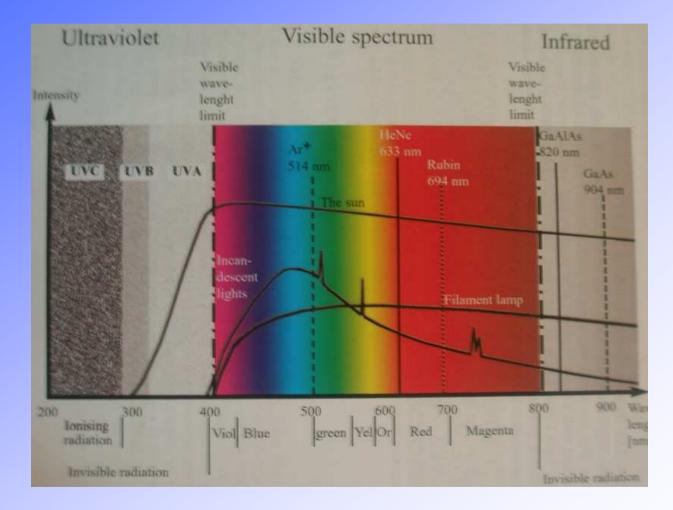




### **The electromagnetic spectrum**

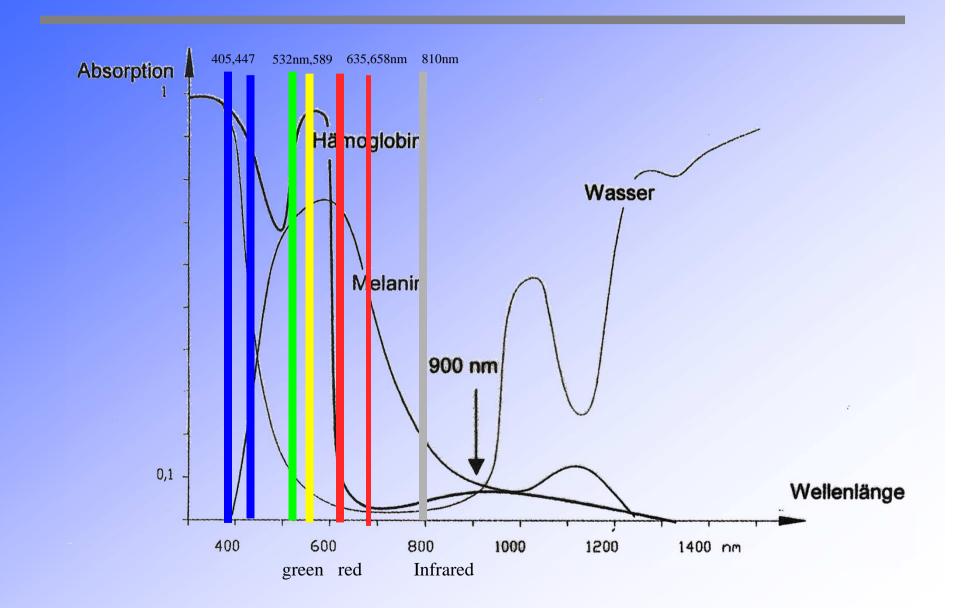


#### The natural spectrum of light

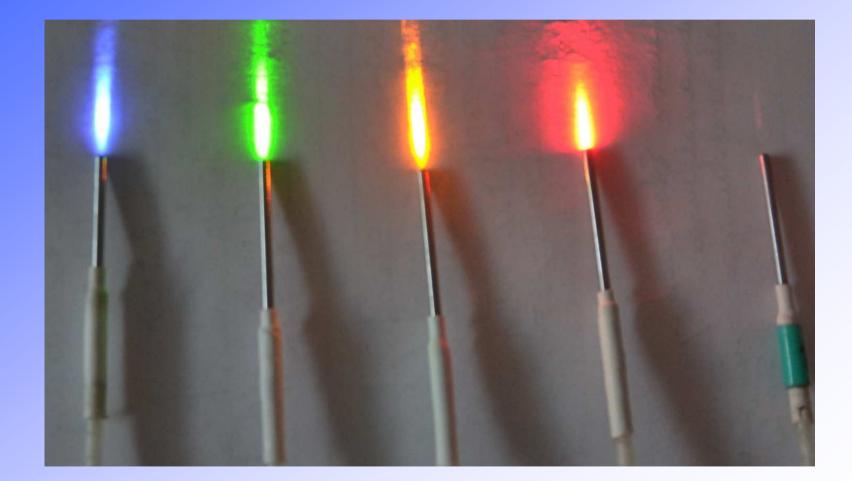


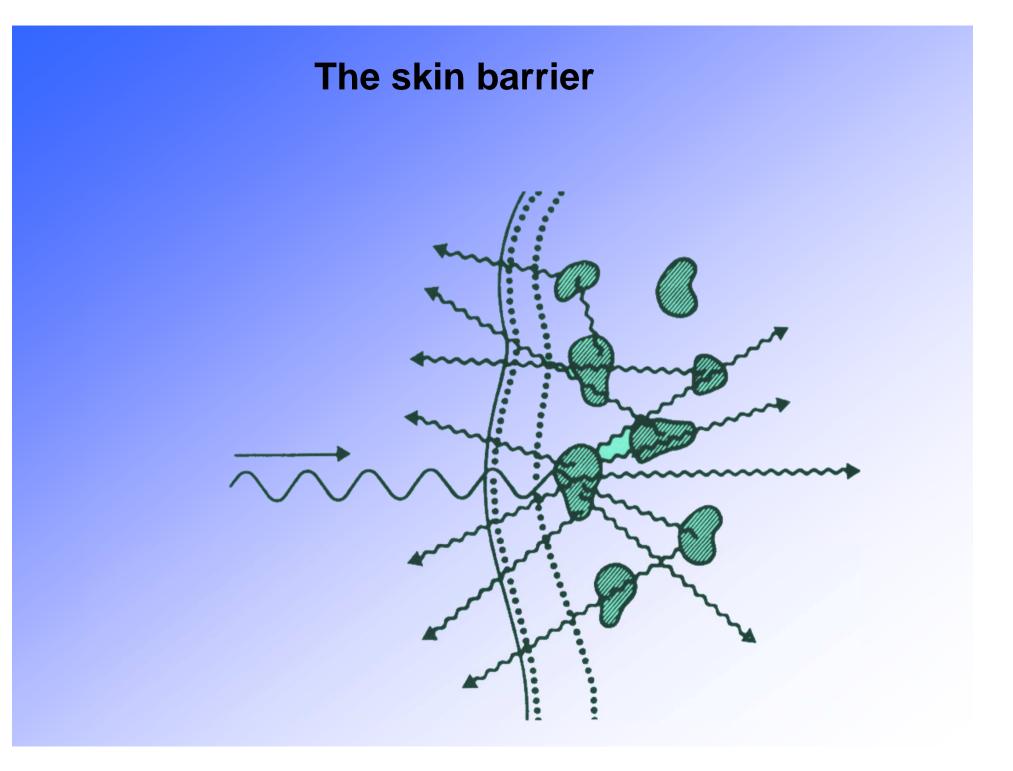
J. Tuner, L. Hode: Laser Therapy

#### **Absorption of laser light in biological tissue**

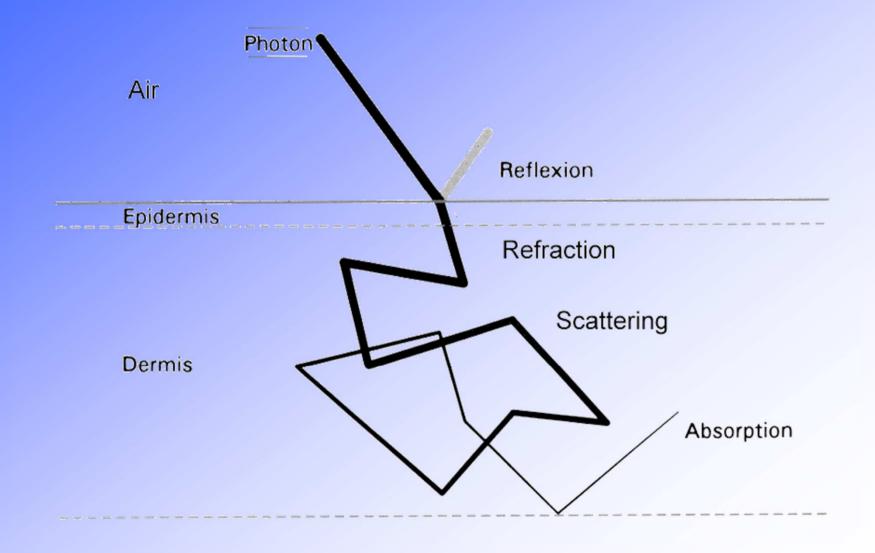


# **Fiberoptic laserneedles**





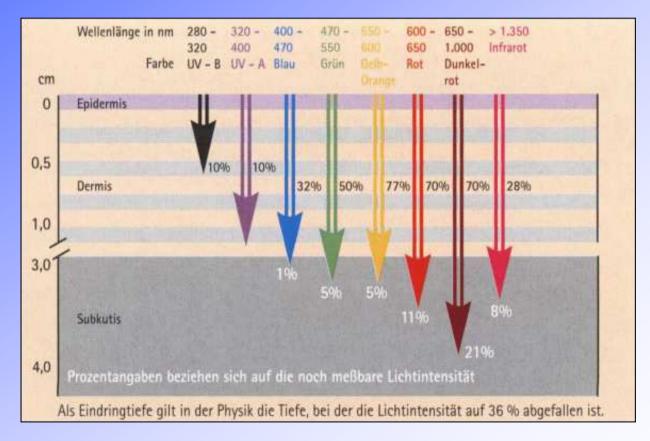
#### **Disturbing effects of laser penetration in biological tissue**



#### **Optical penetration depth of different wavelengths**

depends upon the wavelength

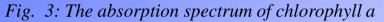
*Tissue penetration of blue laser very low, green laser ca. 5mm, red 3 cm, infrared 6 cm* 



## **Biological molecular basics of LLLT**

### The absorption and action spectrum

- shows the effects of photons dependent from the wavelength and applied energy
- is similar to the absorption spectrum of the special photon receptors of the cells



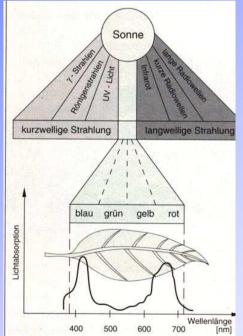
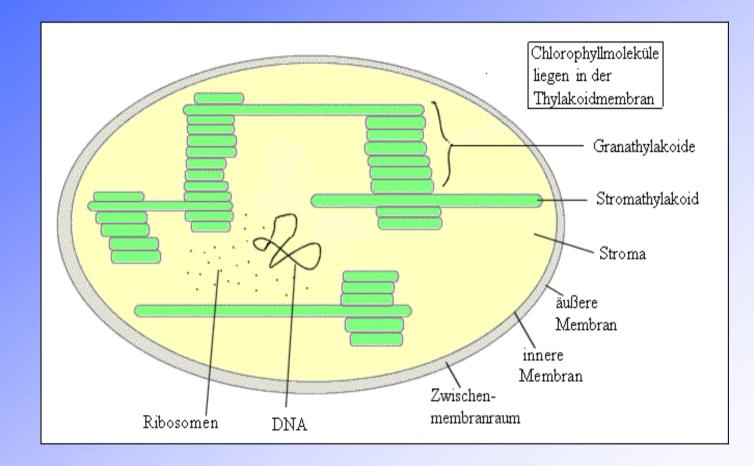


Fig. 3 shows the absorption spectrum of chlorophyll a of the green plants.

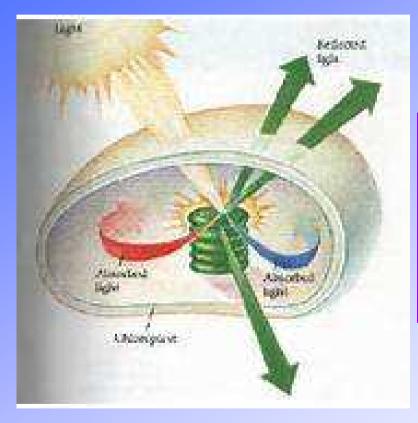
Chlorophyll absorbs light of the blue and infrared wave spectrum

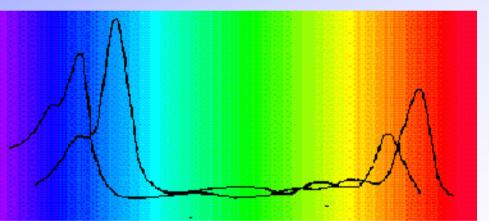
Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

# **Structure of the Chloroplast**

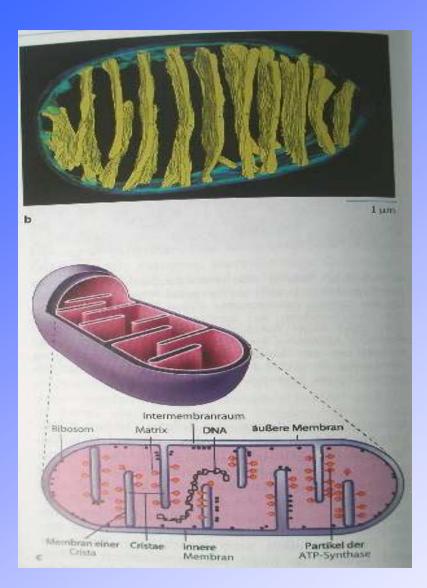


# **Chloroplast light absorption**





# The structure of the mitochondria



Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany The structure of the mitochondria can be different in the special types of tissue cells.

In living cells mitochondria have a dynamic structure; this means that they can vary their structure and size. They are able to merge or to divide themselves.

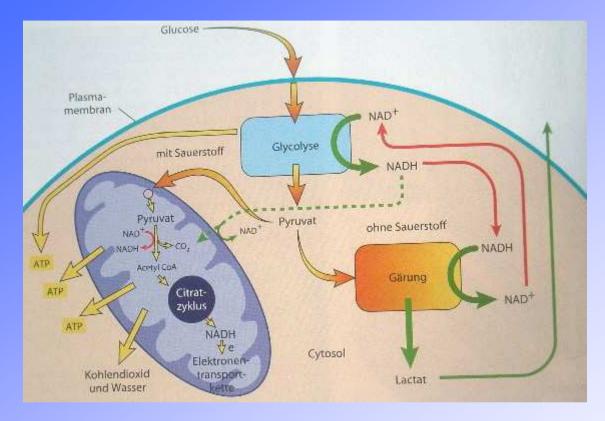
The mitochondria are making out about 10 - 15 % of the volume of a living cell.

Their main task is the production of ATP

The mitochondria have an inner and outer membrane.

In the inner room of the mitochondria we can find the christae, formed by double layer membranes, where the respiratory chain is located and the production of ATP.

### The carbohydrate metabolism of eucaryotic cells

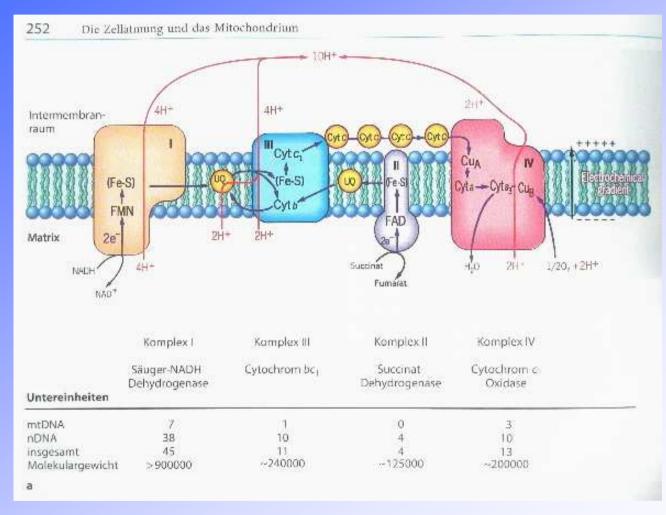


In figure 9 we see an overview about the carbohydrate metabolism of eucaryotic cells. In the glycolysis we find in the cytosole the production of pyruvate and NADH. Without oxygen the pyruvate is transformed in lacate. With oxygen pyruvate is infiltrated into the inner of the mitochondria and metabolised in Acetyle-Coenzyme-A. This is running through the citrate circle, where NADH and FADH2 are produced.

The electrons of these products are transferred to the electron-carriers of the respiratory

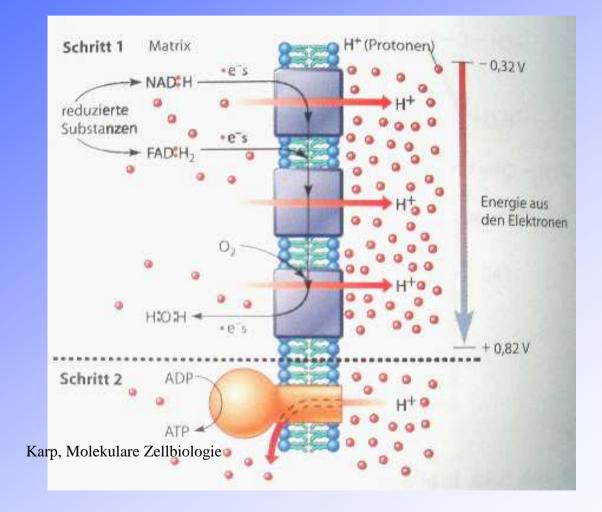
chain and in the last step on oxygen with the production of water. The released energy in these steps is needed for the production of ATP.

#### The respiratory chain in the mitochondria

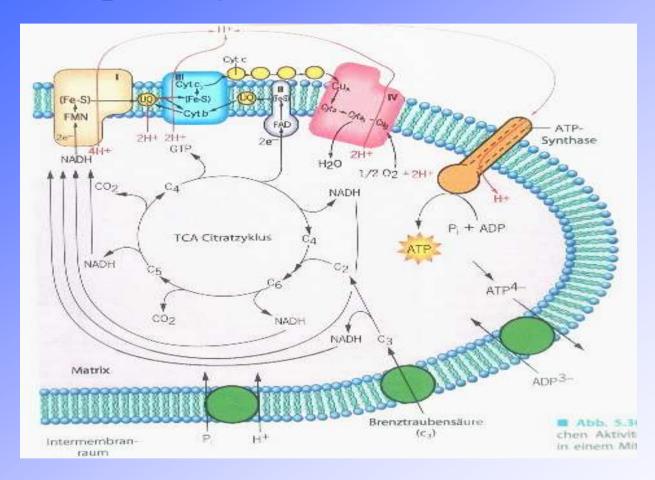


Karp, Molekulare Zellbiologie

#### **The respiratory chain in the mitochondria**



#### **The respiratory chain in the mitochondria**



In figure 13 we find the processes of energy production in the mitochondria.

We should remember again that with the blue laser we will stimulate the starter complex NADHdehydrogenase and with the red and infrared laser the end-complex cytochrome-c-oxydase.

#### **The cellular signaling**

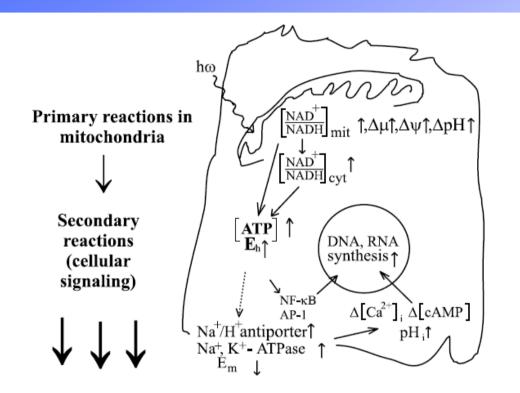
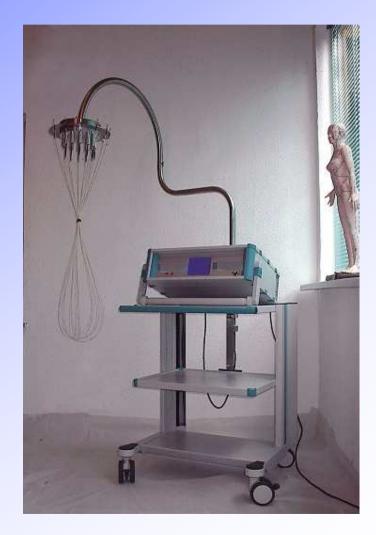


FIGURE 48.9 Scheme of cellular signaling cascades (secondary reactions) occurring in a mammalian cell after primary reactions in the mitochondria.  $E_h \uparrow =$  shift of the cellular redox potential to more oxidized direction; the arrows  $\uparrow$  and  $\downarrow$  indicate increase or decrease of the respective values, brackets [] indicate the intracellular concentration of the respective chemicals.

T. Karu, Low-Power Laser Therapy

## **Modern new Laser-Needle system for external laser therapy (acupuncture)**



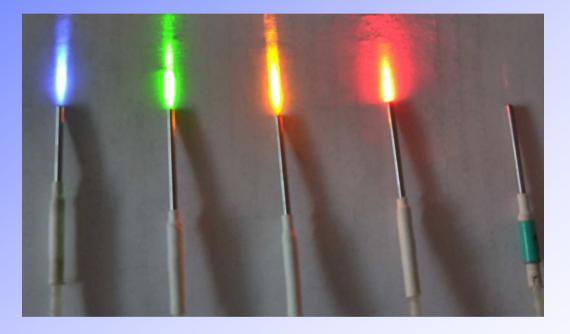


## Modern new Laser-Needle system for external laser therapy (acupuncture)



## Laserneedles for external laser therapy and acupuncture

Laserneedles are the ends of optical fibers with high power density

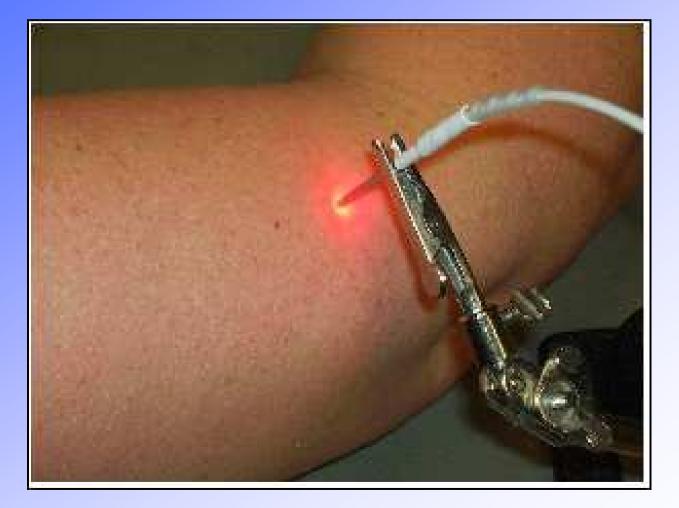


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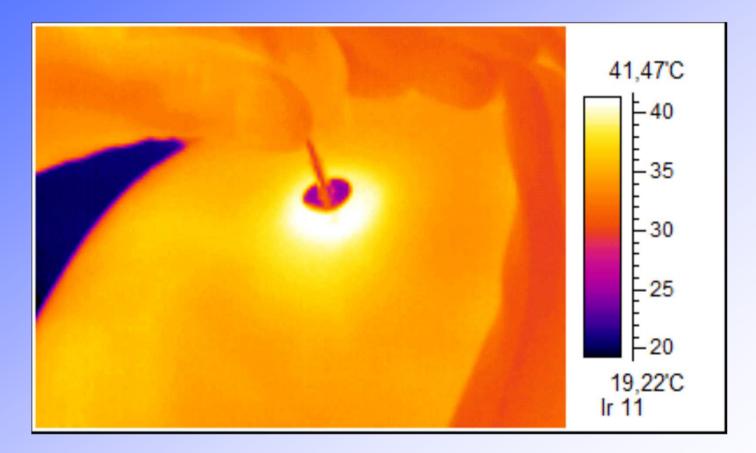
## **Application of laserneedles on the body**



## **Laserneedle effects on tissue microcirculation**

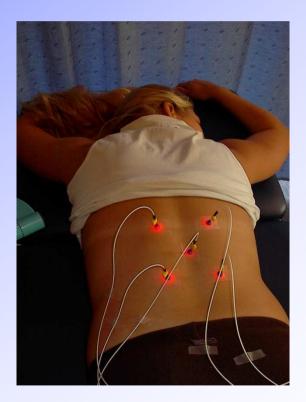


#### Laserneedle effects on tissue microcirculation in treatment of shoulder ( single red laser 50 mW ), FDA-approval, USA, 2008



### **Treatment with single Laserpen in comparison** with laser needles





## **Treatment protocols, general rules**



Deepest stimulation by combining red and infrared lasers

## **Protocol finger osteoarthritis**



### **End joints artritis**

( Heberden)
Treat directly on joints
(20 minutes, 50-100 %,any laser)
Middle joints arthrits
( Bouchard )
Same protocol on middle
Joints
(20 minutes, 50-100 %,any laser)

# **Tennis ellbow**

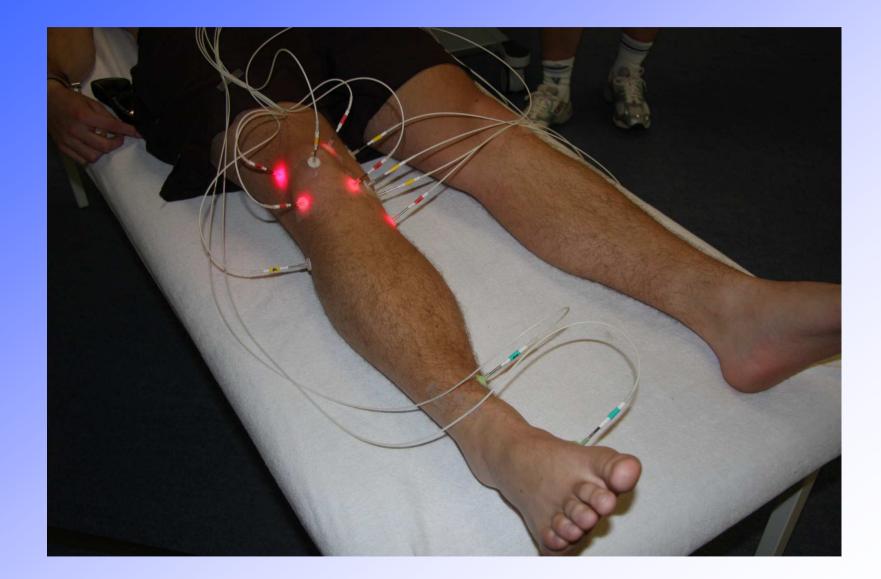


Tennisellenbogen

# **Shoulder syndrome**



# **Knee osteoarthritis**



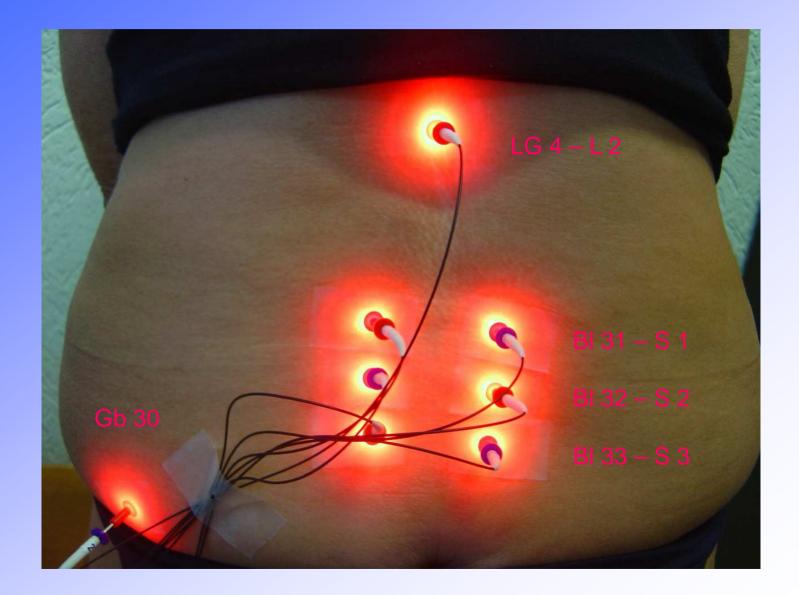
## **Ceervical spine syndrome**



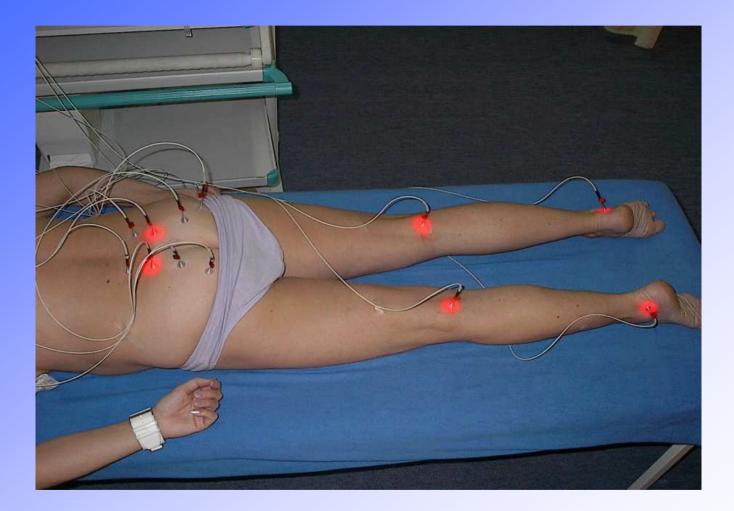
# **Thoracical spine syndrome**



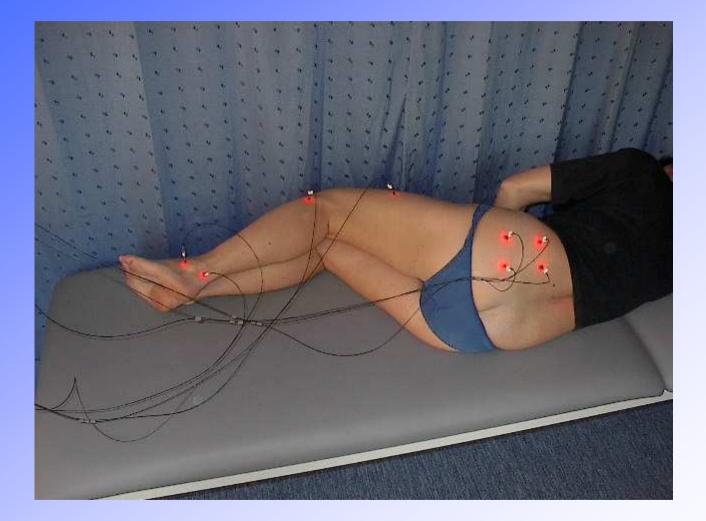
# Lumbar spine syndrome



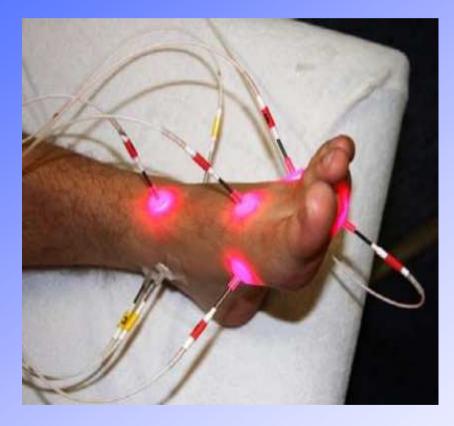
# Lumbar spine syndrome



## **Hip osteoarthritis**



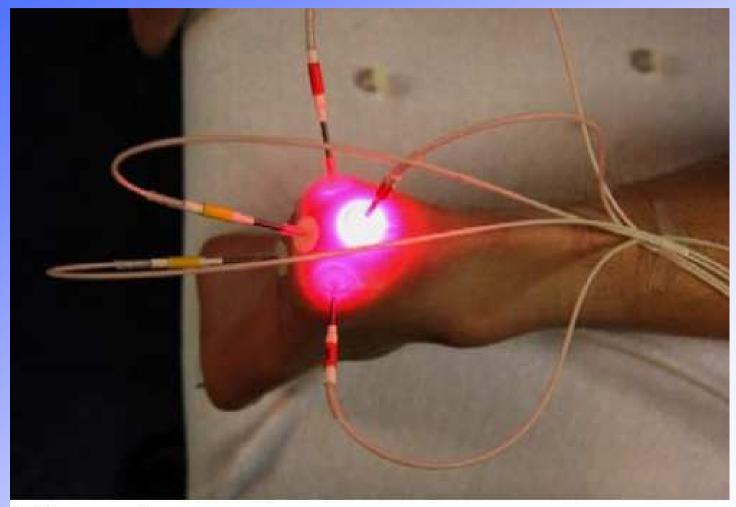
# Laserneedle therapy of ancle joint osteoarthritis



Use pain points and points all around the Joint Use red, infrared and green (20 min, 50-100%)

(acupuncturists use Ki1 and 6, St 40, Sp 4 and 6, Bl 60 and Gbl 40)

# **Treatment of calcaneus pain**



lalcaneal snur

# **Treatment of children** (bronchial asthma )



### **Preparation of birth in pregnancy**

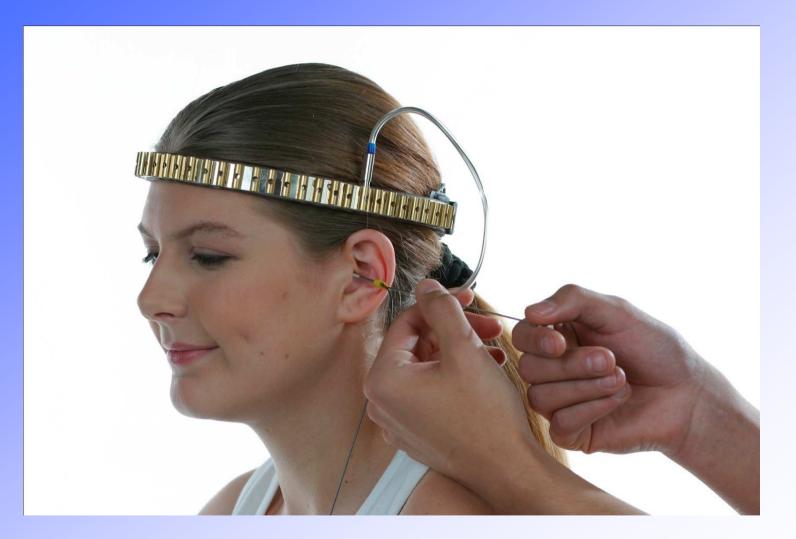


### **Treatment of children, pylorospasm**



Acupuncture in children with pylorus spasm

### **Ear acupuncture with laserneedles**



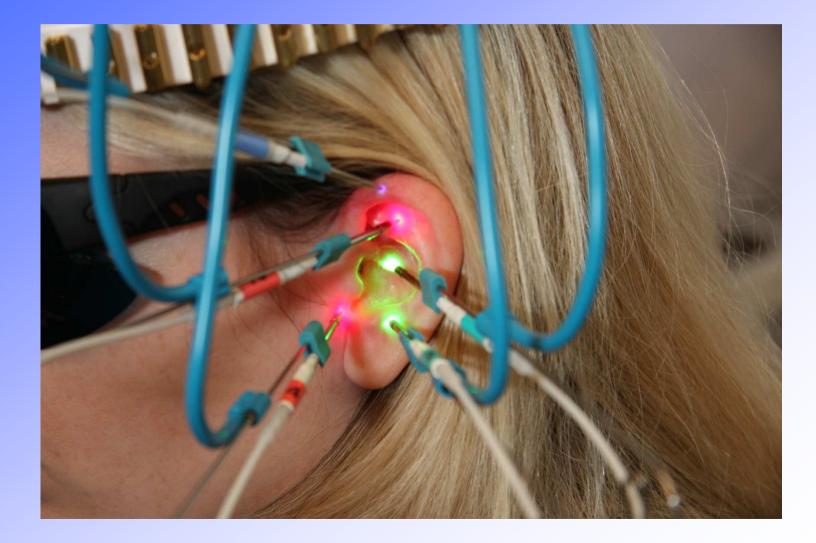
Ohrakupunktur mit weberneedle Kopfadapter

# **Ear acupuncture with laserneedles**





# **Battlefield Accupuncture, Dr. R. Niemtzow**



### New headset für ear acupuncture



Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

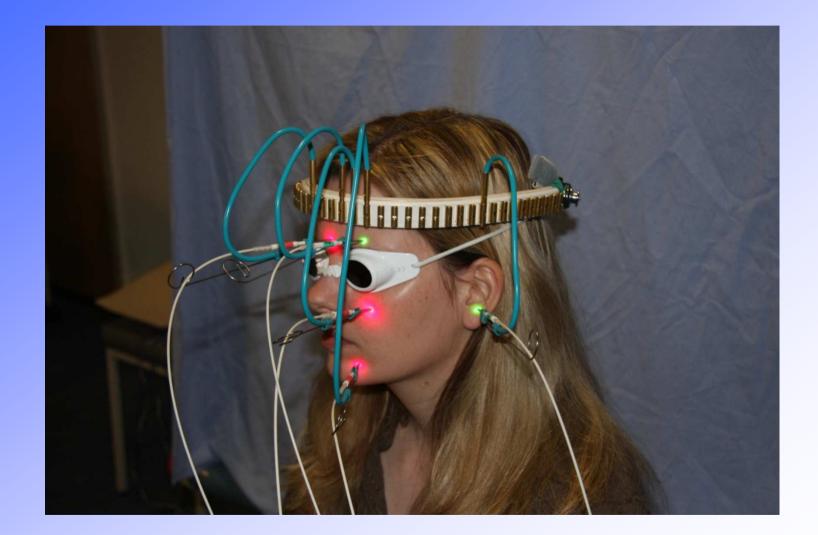
# New headset für ear acupuncture



### **Skull and facial acupuncture with laserneedles**



### **Facial trigeminal nerve acupuncture**

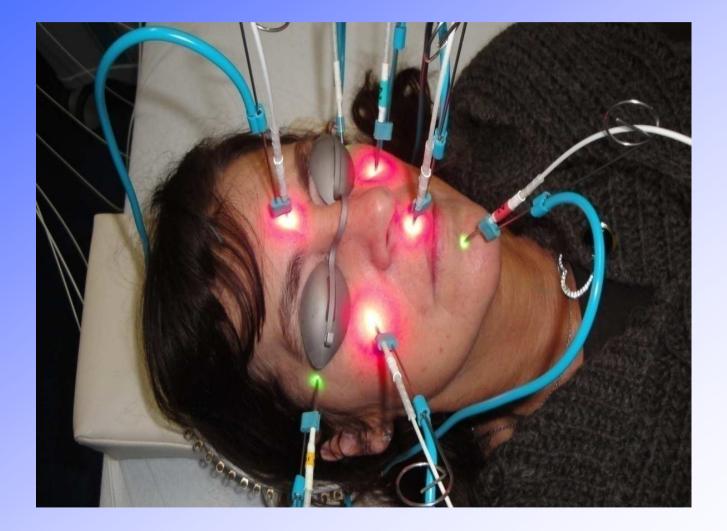


### **Facial acupuncture with laserneedles**

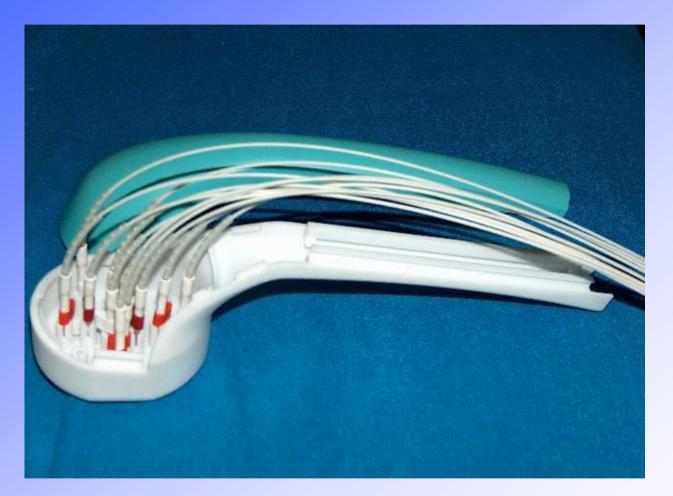


Laserclinic Dr. med. Dipl. chem. Michael Weber Germany

### **Cosmetic acupuncture with laserneedles**



### **The Laser body shower**



Insertion of laser-needles with different wavelengths into a special shower head

### **Laser body shower**

The weberneedle<sup>®</sup> body shower is set up with the laser-needles , with reach 5 mm out of the shower head.



Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

### **Laserneedle body shower**



Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

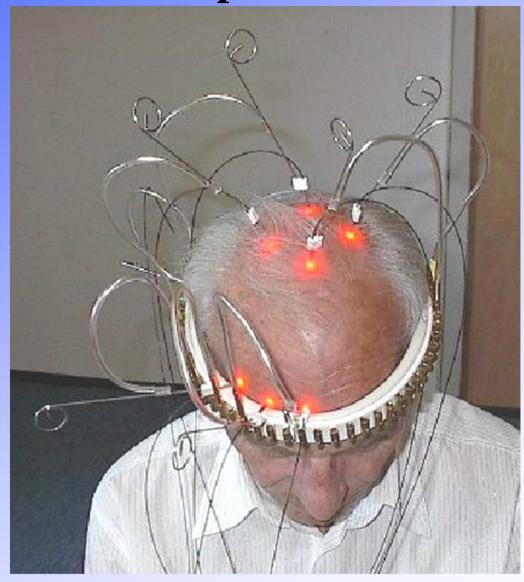
### **The Laser body shower**



### **Laser small shower (mouth shower)**



# Transcranial laser therapy, skull acupuncture

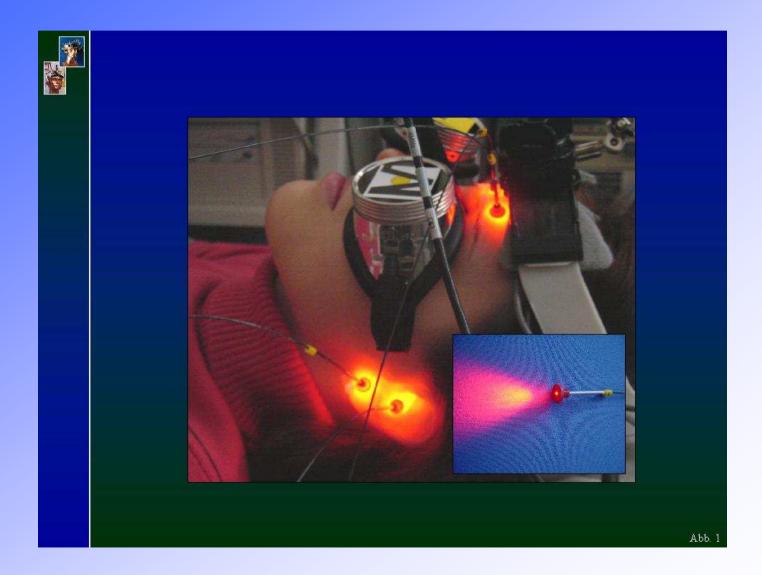


# **Transcranial laser therapy for stroke and brain diseases**

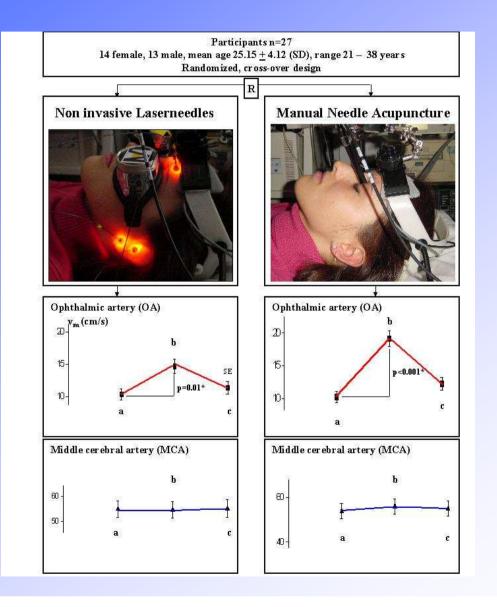


# **Clinical Studies**

Measurement of blood flow rate in the A. ophthalmica after laserneedle acupuncture (Professor Litscher, University Graz)



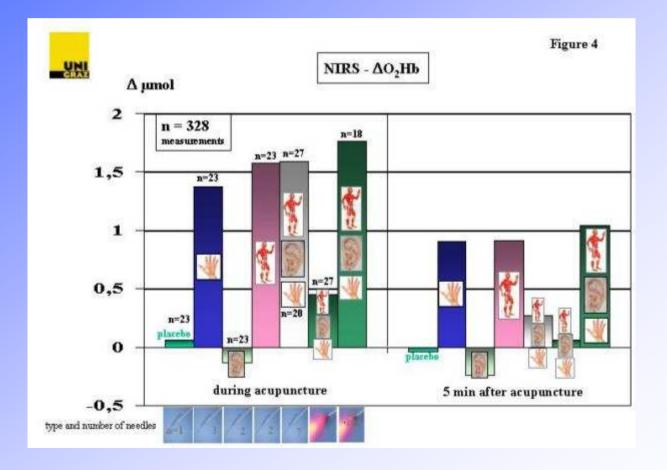
Measurement of blood flow rate in the A. ophthalmica after laserneedle acupuncture (Professor Litscher, University Graz)



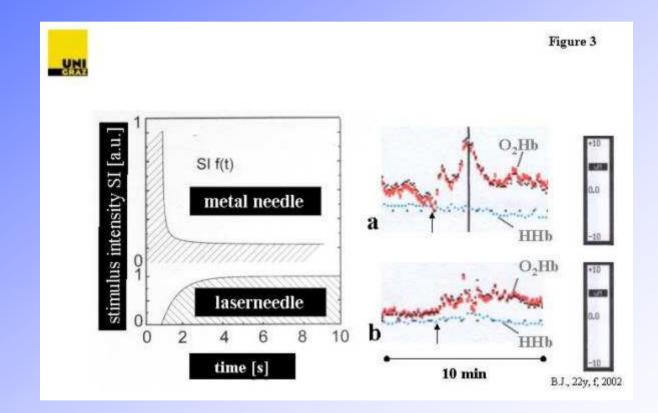
- Litscher G., L. Wang, E. Huber:
- Cerebral changes measured with near infrared spectroscopy using laserneedle acupuncture

• Biomed. Technik. (2002), 47: 76-79.

# Laserneedle near infrared spectroscopy



### **Laserneedle comparison to metal needle**



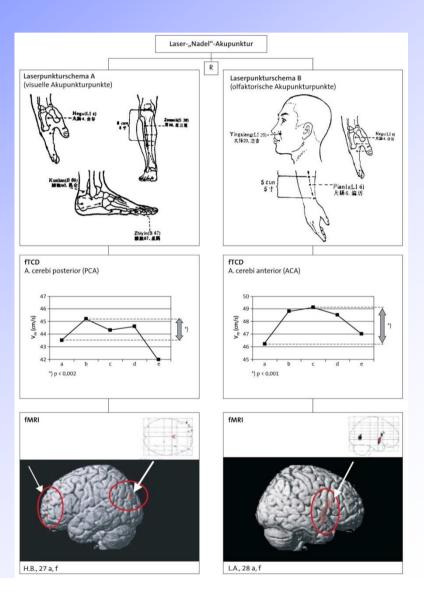
- Acupuncture using laser needles modulates brain function: first evidence from functional transcranial Doppler sonography and functional magnetic resonance imaging.
- Litscher G, Rachbauer D, Ropele S, Wang L, Schikora D, Fazekas F, Ebner F.
- Department of Biomedical Engineering and Research in Anesthesia and Critical Care, Medical University of Graz, Auenbruggerplatz 29, 8036, Austria. gerhard.litscher@meduni-graz.at

### Laser needle acupuncture modulates brain activity

### G. LITSCHER, D. RAUCHBAUER, S. ROPELE, L. WANG, D. SCHIKORA



Abb. 1: Erstes funktionelles Magnetresonanzimaging (fMRI) während Laser-"Nadel"-Stimulation von visuellen Akupunkturfernpunkten bei einer 27 Jahre alten Probandin an der Universität Graz.



### VOLUME 19, NUMBER 3 SEPTEMBER 2007



American Academy of Medical Acupuncture

### **EDITORIAL**

123 Acupuncture Point Electrical Surface Charges and Transmembrane Potentials Involved in Cell Signalization R.C. Niemtzow

### **ORIGINAL PAPERS**

- 125 Revisit of the Anatomy of Hua Tuo Jai Ji Points C. Cai
- 129 Traditional Chinese Medicine Characteristics in Addiction O.B. Cooperman
- 133 Acupuncture With Shockwaves: A New Method for the Stimulation of Acupuncture Points H. Everke
- 137 Acupuncture Outcome of Patients With Migraine A. Kuruvilla
- 141 "Needles of Light": A New Therapeutic Approach M. Weber, T. Fussgänger-May, and T. Wolf

### **CASE REPORTS**

- 151 Acupuncture for Progressive Oropharyngeal Dysphagia and Esophageal Motility Disorder T.K. Chaudhuri
- 155 Treatment-Resistant Trigeminal Neuralgia G.W. Kukurin and M. Cutitta
- 159 Treatment of Vertigo With Acupuncture S. Soltanian

### **BOOK REVIEW**

161 Healing Chronic Back Pain: 7 Steps to Perfect Posture By M. Frobb Reviewed by M.A. Santoro

### **163 LETTERS TO THE EDITOR**

The official journal of the American Acadamy of Medical Acupuncture

Issue No. 19, Sep 2007

Mary Ann Liebert, Inc. To publishers

Orthopedics	Neurology/Psychology	Internal Medicine
Gonarthrosis $(n = 425)$	Migraine and other headache syndromes $(n = 343)$	Allergic diseases $(n = 76)$
Spinal column syndromes	Psychovegetative fatigue	Gastrointestinal disorders
(n = 405)	(n = 98)	(n = 65)
Tennis elbow	Depressions	Disorders in peripheral circulation
(n = 144)	(n = 95)	(n = 49)
Coxarthrosis	Tinnitus	Bronchial asthma
(n = 135)	(n = 81)	(n = 44)
Shoulder syndromes	Toxicomania (smoking, drugs)	
(n = 127)	(n = 80)	
Morbus Bechterew and polyarthritis	Residual paresis after stroke	
(n = 88)	$(n = 7\hat{7})$	
Tendinitis $(n = 88)$	Trigeminal neuralgia $(n = 29)$	
Rhizarthrosis $(n = 48)$		
Fibromyalgia $(n = 28)$		

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# NEW THERAPEUTIC APPROACH

$1,500)^{*}$
= N
ACUPUNCTURE (
RECEIVING
PATIENTS
ORTHOPEDIC
TABLE 3.

•

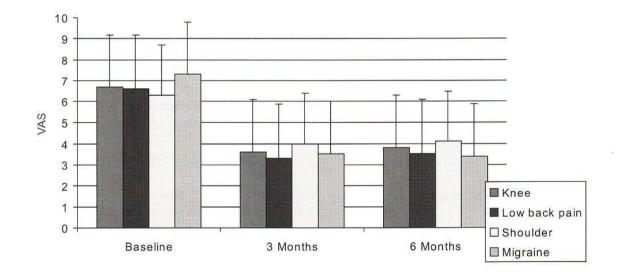
	Knee $(n = 50)$	Low Back Pain $(n = 50)$	Shoulder $(n = 50)$	Headache/Migraine $(n = 50)$
Baseline	6.7 (1.9)	6.6 (2.1)	6.3 (2.2)	7.3 (2.5)
3 Months	3.6 (2.5)	3.3 (2.6)	4.0 (2.4)	3.5 (2.7)
6 Months	3.8 (2.3)	3.5 (2.7)	4.1 (2.6)	3.4 (2.8)

\*Significant differences were found between baseline and 3-6 months a treatment (P < .01 by t test), but not between the third and sixth months.

# Pain relief of laserneedle acupuncture in 1500 patients Weber et. al. 2007

### NEW THERAPEUTIC APPROACH

C



**FIG. 10.** Pain relief after treatment of 4 different pain syndromes 3-6 months later. VAS indicates visual analog scale. (This group of patients treated with laser needle acupuncture only.)

149

### • Original Paper

- Pilot Study of the Clinical Equivalence of Laser Needle to
- Metal Acupuncture Needle in Treating Musculoskeletal Pain

Peter T Dorsher MS, MD Mayo Clinic Florida 4500 San Pablo Road Jacksonville, Florida 32224 phone: 904-953-2823 fax: 904-953-0276 email: dorsher.peter@mayo.edu abstract 267 words text: 1985 without references, tables, and legends figures: 3 tables: 4

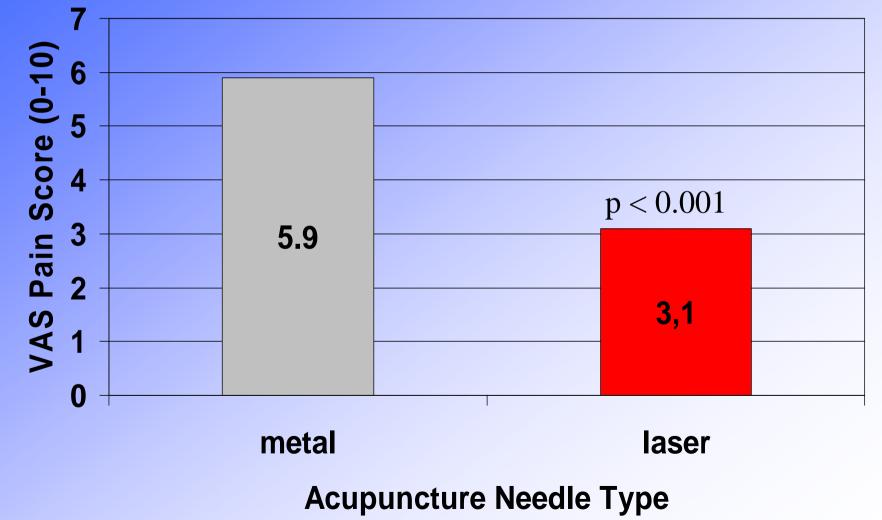


# Mayo Clinic Jacksonville

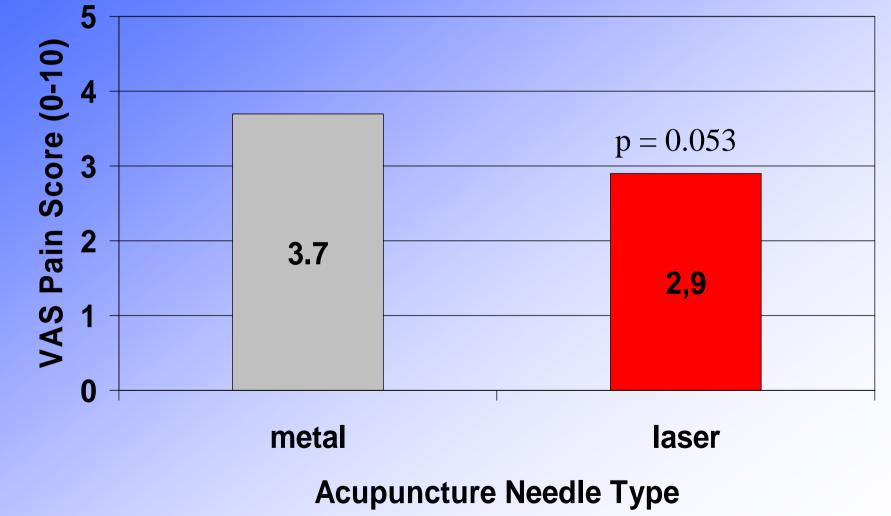
### Pilot Study of the Clinical Equivalence of Laser Needle to Metal Acupuncture Needle in Treating Musculoskeletal Pain (Dorsher et al.)

- Results: For subjects with knee and shoulder arthritis, <u>metal needle</u> <u>VAS was 5.9 while Laserneedle VAS was 3.1</u> (mean difference 2.8, P<0.001 single tail).</li>
- For subjects with spine pain, the <u>metal needle</u> <u>VAS was 3.7 while</u> <u>Laserneedle VAS was 2.95</u> (mean difference 0.75, P<0.074).
- 9/10 subjects with joint arthritis reported more efficacy with Laserneedle and the other found it equally efficacious.
- <u>10/20 spine pain subjects reported more pain relief efficacy with</u> <u>Laserneedle</u>, and another 6 found the interventions equally efficacious. No complications from the laser treatment were noted.

#### Results: Knee & Shoulder Arthritis VAS Pain ~8/10 Baseline



#### Results: Cervical & Lumbar Pain VAS Pain ~8/10 Baseline



#### Comparison between red and infrared laser: Infrared laser can penetrate bones

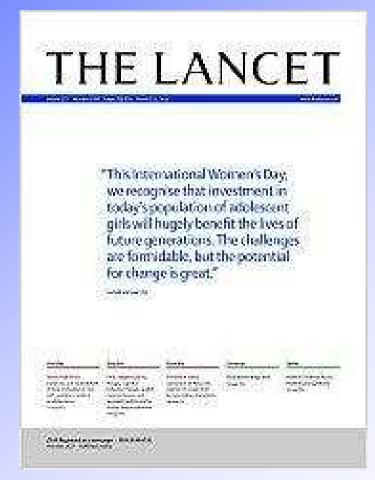


Bild 8: Rotes Laserlicht wird im Gewebe gestreut, teilweise absorbiert, aber auch an absorbierenden Strukturen (Knochen) vorbeigeleitet. Hier wird ein Finger von einem 250 mW starken roten Laser (660 nm), und einem 400 mW starken IR Laser (830 nm) bestrahlt. In der Handfläche ist kaum rote, wohl aber etwas IR Transmission sichtbar. Mit einem empfindlichen Messgerät liegt eine jeweilig emittierte Leistung bei etwa 0,002 mW/mm<sup>2</sup> (Finger rot), 0,012 mW/mm<sup>2</sup> (Finger IR), 0,0001 mW/mm<sup>2</sup> (Hand rot) und 0,0004 mW/mm<sup>2</sup> (Hand IR). Die IR Bilder sind mit einer Sony HDR-SR1E im (unbeleuchteten) Night-Shot Modus aufgenommen, die roten Bilder auch mit einer Sony DSC-H1. Hier erscheint elektronisch bedingt ein besonders helles rotes Licht orange bis gelblich.



Which properties of real PT lasers are important? EMLA Laser Helsinki 24.8.2008, page 1. 🕲 13M, Dr. Hans A. Romberg, Schillerstr. 44, D 76297 Stutensee

### The Lancet publication about neck pain



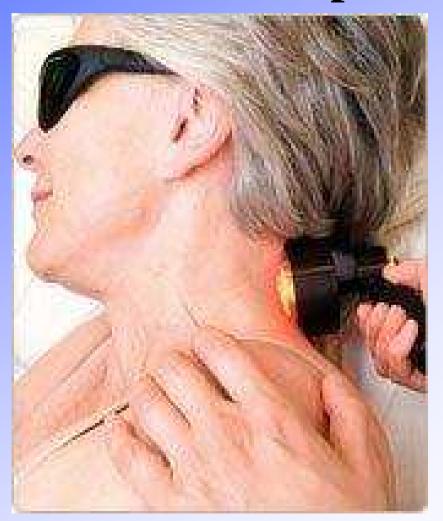
#### The Lancet Study

- Efficacy of low-level laser therapy in the management of neck pain: a systematic review and meta-analysis of randomised placebo or active-treatment controlled trials
- Roberta T Chow, Mark 'Johnson, Rodrigo A B Lopes-Martins, Jan M Bjordal

#### Low Level Laser Therapy relief for chronic neck pain



#### Low Level Laser Therapy relief for chronic neck pain



#### **The Lancet Study**

#### **RESULTS:**

- Reduce pain intensity
- Reduced disability
- Reduces recurrence of acute neck pain
- Mean Pain intensity reduction over placebo 20mm (95%CI: 17.1 to 29.8 @ 10-22 weeks)

#### **The Lancet Study**

#### • COMMENT:

• This establishes LLLT as an evidence based treatment for neck pain. It is at least equivalent to and probably better than other accepted medical treatments for neck pain Effects of laserneedle acupuncture on olfactory sensitivity of healthy human subjects: a placebocontrolled, double-blinded, randomized trial\*

A. Anzinger1, J. Albrecht1, R. Kopietz1, A.M.
Kleemann1, V. Schöpf1,
M. Demmel1, T. Schreder1, I. Eichhorn1, M.
Wiesmann1,2
1 Department of Neuroradiology, Ludwig-Maximilians-University Munich, Germany
2 Department of Radiology and Neuroradiology, Helios Kliniken Schwerin, Germany

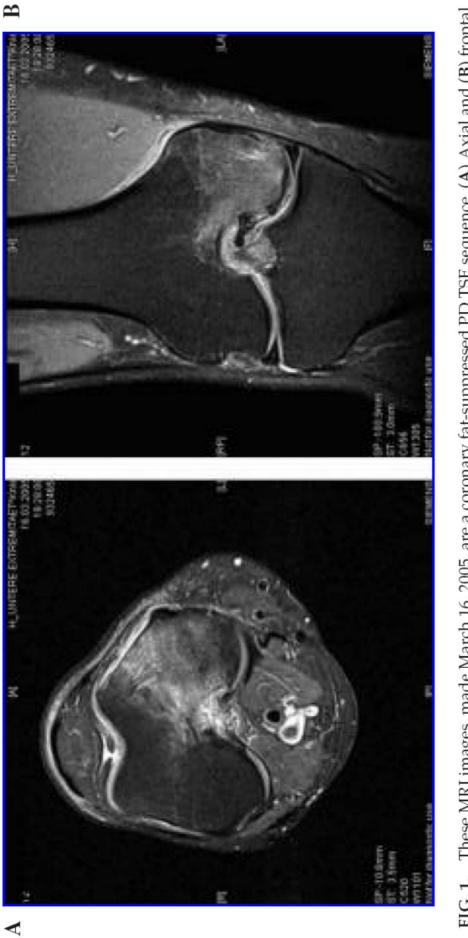
#### In conclusion,

*laserneedle acupuncture is an effective method to improve olfactory sensitivity after one session of stimulation for at least one hour, independently of the attitude of subjects towards the stimulation* 

Photomedicine and Laser Surgery Volume 26, Number 4, 2008 © Mary Ann Liebert, Inc. Pp. 301–306 DOI: 10.1089/pho.2007.2188

# for Spontaneous Osteonecrosis of the Knee Laser-Needle Therapy

Winfried Banzer, M.D., Ph.D.,<sup>1</sup> Markus Hübscher, Ph.D.,<sup>1</sup> and Detlef Schikora, Ph.D.<sup>2</sup>



images, showing a linearly subcortical focus at the medial femur condyle with adjacent spongiosa edema (necrotic zone) reaching deep into the bone marrow. FIG. 1. These MRI images, made March 16, 2005, are a coronary fat-suppressed PD TSE sequence. (A) Axial and (B) frontal

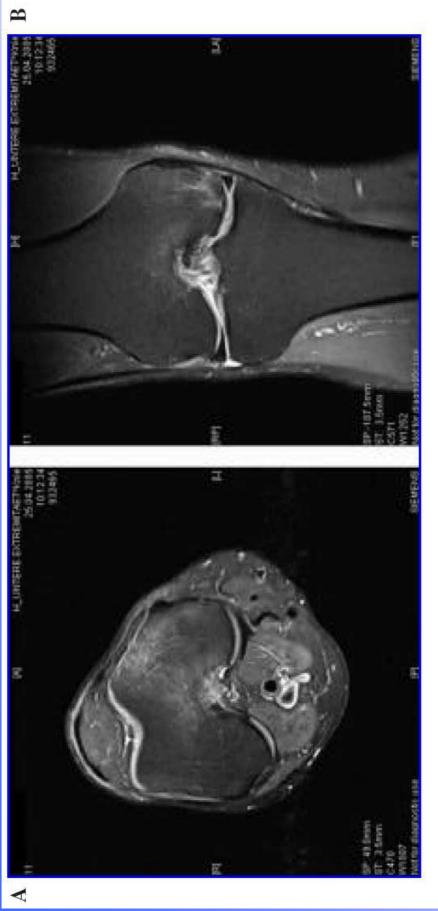


FIG. 2. These MRI images, made on April 25, 2005, are a coronary fat-suppressed PD TSE sequence. (A) Axial and (B) frontal images, demonstrating distinct regression of the spongiosa edema at the medial femur, as well as a decrease in size of the subcortical focus.

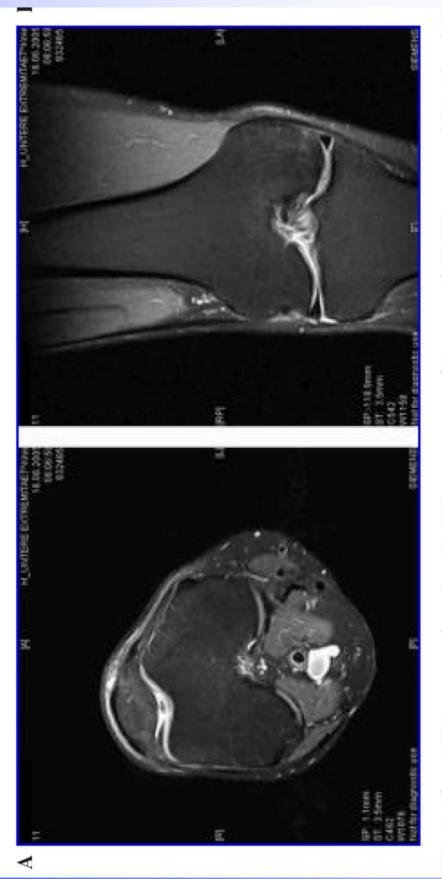


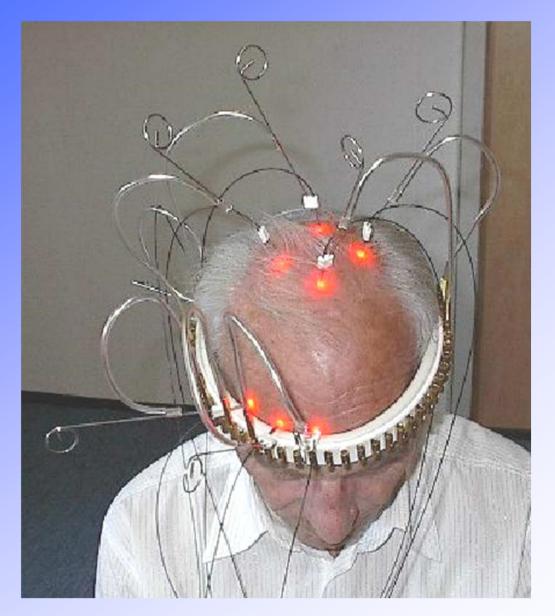
FIG. 3. These MRI images, made on June 16, 2005, are a coronary fat-suppressed PD TSE sequence. (A) Axial and (B) frontal images, showing almost complete restitution of the spongiosa edema.

## Results of the NeuroThera Effectiveness and Safety Trial-1 (NEST-1) Infrared Laser Therapy for Ischemic Stroke: A New **Treatment Strategy**

Yair Lampl, MD; Justin A. Zivin, MD, PhD; Marc Fisher, MD; Robert Lew, PhD; Lennart Welin, MD Bjorn Dahlof, MD; Peter Borenstein, MD; Bjorn Andersson, MD; Julio Perez, MD; Cesar Caparo, MD Sanja Ilic, MD, MS; Uri Oron, PhD

preliminary effectiveness of the NeuroThera Laser System in the ability to improve 90-day outcomes in ischemic stroke patients treated within 24 hours from stroke onset. The NeuroThera Laser System therapeutic approach involves use o Background and Purpose-The NeuroThera Effectiveness and Safety Trial-1 (NEST-1) study evaluated the safety and infrared laser technology and has shown significant and sustained beneficial effects in animal models of ischemic stroke (NIHSS) scores of 7 to 22 were included. Patients who received tissue plasminogen activator were excluded. Outcome measures were the patients' scores on the NIHSS, modified Rankin Scale (mRS), Barthel Index, and Glasgow Outcome Methods-This was a prospective, intention-to-treat, multicenter, international, double-blind, trial involving 120 ischemit stroke patients treated, randomized 2:1 ratio, with 79 patients in the active treatment group and 41 in the sham (placebo control group. Only patients with baseline stroke severity measured by National Institutes of Health Stroke Scale

#### **Transcranial laser therapy**



#### **Transcranial laser therapy**



#### MRI-research institute Prof. Cho, Incheon, Südkorea

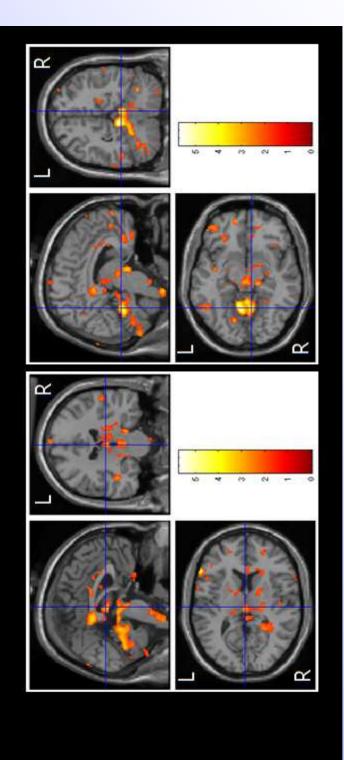


#### First MRI, Los Angeles, Prof. Cho





Laser Acupuncture Intravascular + Head 2010-06-03 SUBJ2 Weber P<0.05



#### Transcranial infrared laser (tILS) stimulation: Does it exert effects on the intact human brain?

Prof. Dr. Walter Paulus
Prof. Dr. Andrea Antal
Dr. Leila Chaieb
Department of Clinical Neurophysiology
University of Göttingen, Germany



#### Introduction: What effects does laser light have on the brain?

Application of low level laser therapy (LLLT) for wound healing, inflammation and chronic pain relief has now widened to include neurological disorders such as stroke, neurodegenerative diseases and the treatment of traumatic brain disorders (Hashmi et al, 2010).

• Stroke rehabilitation Recent studies have shown that mice models of stroke treated 4 and 24hrs after 'stroke induction' had reduced cognitive deficits (Oron et al., 2006); a large multi-centre study has shown that infrared laser therapy 24hrs after stroke onset was safe to use for the treatment of ischaemic stroke (Lampl et al., 2007).

• Alzheimer's disease (AD) A recent study has shown that a near-infrared irradiation of tumour cells (containing amyloid plaques like those in AD), significantly reduced the number of plaques in cells treated with laser stimulation and green tea extract (Sommer et al., 2011); numbers of amyloid plaques were also significantly reduced in a mouse model of AD when treated with transcranial laser therapy (TLT) (Taboada et al., 2011).

• Traumatic brain injury (TBI) Low level laser therapy applied to mice with induced TBI, significantly reduced long term neurological damage (Oron et al., 2007); case study of two patients showed that after a series of transcranial light therapy (TLT) in the near-infrared range, showed improved cognition (Naeseret al., 2011).



#### **Measurements and tILS: setup**



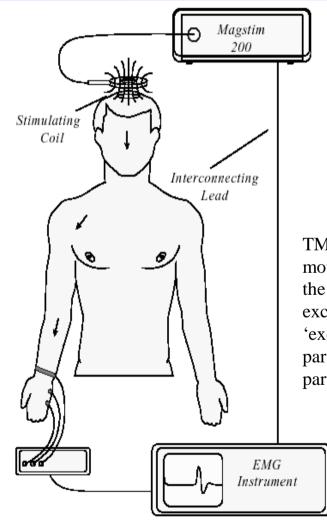
Photographs courtesy of Géza-Gergely Ambrus, MA, Department of Clinical Neurophysiology, Göttingen



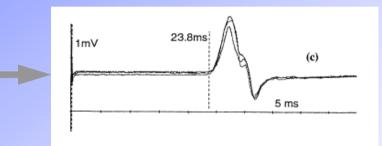


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#### **Measurements and tILS: the Motor System**



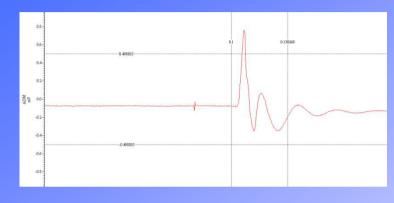
#### Motor-evoked-potential (MEP)



TMS induces a brief electric field in the brain allowing the generation of a motor-evoked-potential (MEP), which can be easily seen as a 'twitch' in the small hand muscle. This is a global measure of motor cortical excitability. The amplitude of the elicited MEPs can show us how 'excitable' the brain is before and after stimulation. Different TMS paradigms show us how laser light stimulation interacts with different parts of the intact brain and how it affects different cortical populations.



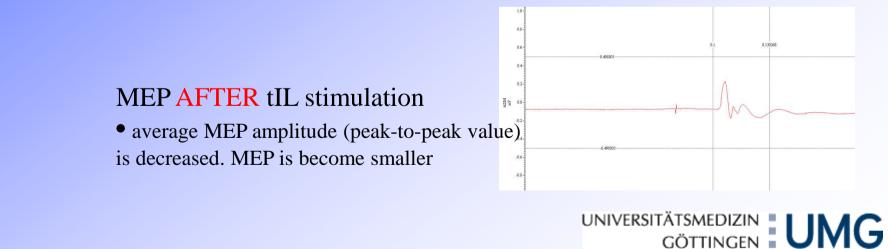
#### **Measurements and tILS: the Motor System**



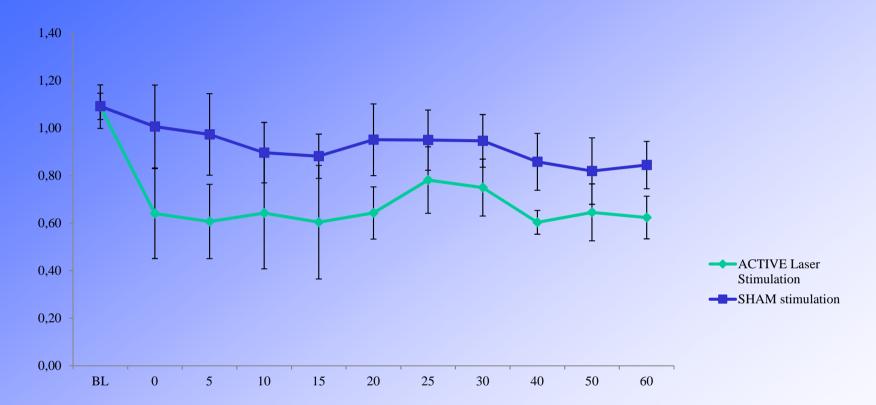
#### MEP BEFORE tIL stimulation

• MEP is averaged to 1 millivolt peak-to-peak



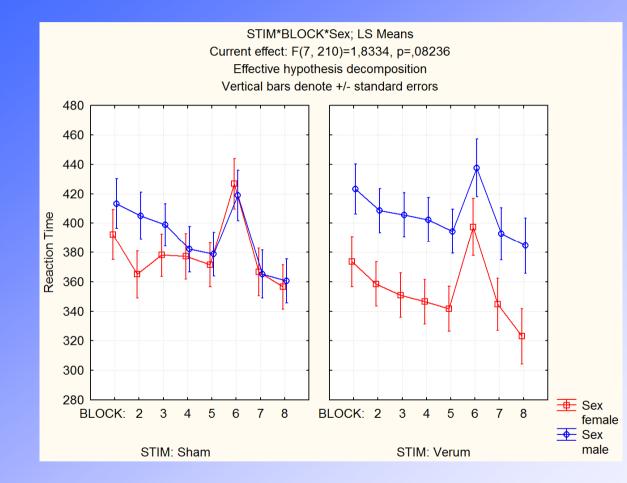


#### **Preliminary results**



Specifications: Laser light was applied for 10mins over the primary motor cortex; a configuration of 4 needles was used. Data is derived from 17 healthy participants. Sham (or placebo) stimulation was also applied, but smedicing UMG indicates 'stimulation' without laser light.

#### **Preliminary results: In the Visuomotor System**



Here again we can see the tendency towards better performance by female participants in the SRTT during tIL stimulation; alterations in baseline values may be attributed to the perception of stimulation during the task. tIL stimulation was administered throughout the duration of the task

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#### What do our results indicate?

- Our results suggest that laser light is neuromodulatory and that we can see clearly an attenuation in the amplitude of motorevoked-potentials, corresponding to a decrease in the 'excitation' of the motor system, compared to placebo stimulation.
- We aim to adapt these current techniques for use in patient populations (traumatic brain injury, Alzheimer's disease, stroke) once tILS has been characterised within our healthy participant group and once safety parameters have been established for stimulation.



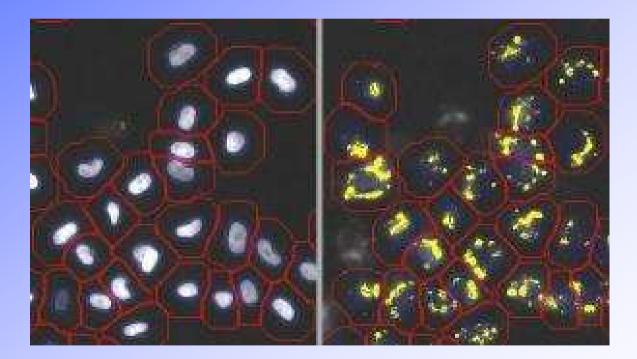
#### Alzheimer-Research: with the light pump against dementia

Frankfurter Allgemeine, Sonday, 8. January 2012

 05.01.2012 · Engineers brought an extract of green tea (Epigallocatechingallate) in brain neuronal cells with following laser irradiation with red-infrared light and can push the Beta-Amyloid-Plaques of Alzheimer-Dementia successfully away

#### Alzheimer-research: with the light pump against dementia

Frankfurter Allgemeine, Sunday, 8. January 2012



The left picuture shows zeigt intakt Neuroblastoma cells, the cell nuclei are white and the cell membranes are red ; the right picture shows the Beta-Amyloid-Plaques in yellow.

Photomedicine and Laser Surgery Volume X, Number X, 2011 <sup>a</sup> Mary Ann Liebert, Inc. Pp. 1–8 DOI: 10.1089/pho.2011.3073

#### 670nm Laser Light and EGCG Complementarily Reduce Amyloid-b Aggregates in Human Neuroblastoma Cells: Basis for Treatment of Alzheimer's Disease?

Andrei P. Sommer, Ph.D.,1 Jan Bieschke, Ph.D.,2 Ralf P. Friedrich, Ph.D.,2 Dan Zhu, M.Sc.,1 Erich E. Wanker, Ph.D.,2 Hans J. Fecht, Ph.D.,1,3 Derliz Mereles, M.D.,4 and Werner Hunstein, M.D.5 Abstract

#### **Conclusions**:

Irradiation with moderate levels of 670-nm light and EGCG supplementation complementarily reduces Aß-aggregates in SH-EP cells. Transcranial penetration of moderate levels of red to near-infrared (NIR) light has already been used in the treatment of patientswith acute stroke.

The blood-brain barrier (BBB) penetration of EGCG ( Epigallocatechin gallate ) has been demonstrated in animals. We hope that our approach will inspire a practical therapy for AD.

#### Gendjar

Andrea

P.O. Box 1135

Frankfort, MI 49635

248-207-9507

#### avleigh@hotmail.com

Hello,

A Doctor Thomas Kabisch in Ann Arbor, Michigan was using your laserneedles on my elderly mom as therapy for her dementia. After only two sessions we saw a significant change in mom's abilities (for the better). We have recently moved out of the area, about 4 1/2 hours north by car and can no longer get mom that treatment. I have called the few natropathic doctors in the area and none have this therapy available I was wondering if I could get an idea of what the cost is for one of your machines with a headpiece for continuing on our own with the Transcranial laser therapy? Thank you in advance for your help. Andrea G.

#### Laser and brain

Research article

International Journal of Photoenergy Special Issue: 'Laser Medicine Research and Laser Acupuncture' December 3, 2013

Laser therapy and stroke – quantification of methodological requirements in consideration of yellow laser

Daniela Litscher, MSc and Gerhard Litscher, MSc, PhD, MDsc\*

# Laser and brain

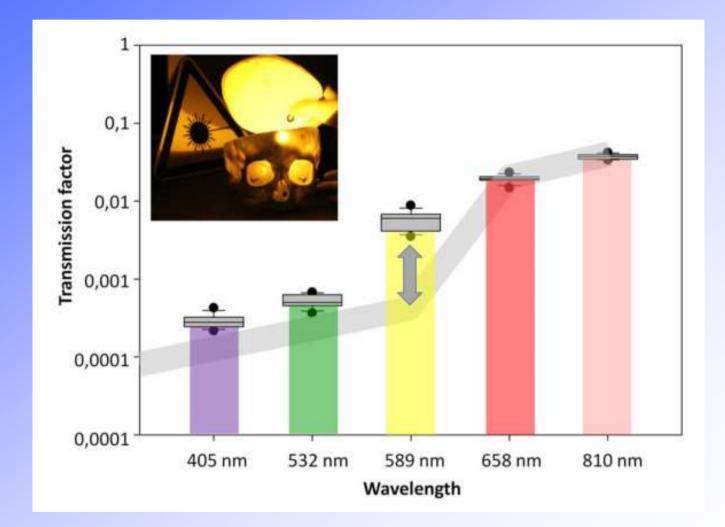


Fig. 1: Different kinds of laser equipment for transcranial laser stimulation.



Fig. 2: First yellow laser (589 nm, 50 mW) for future medical applications at the Medical University of Graz.

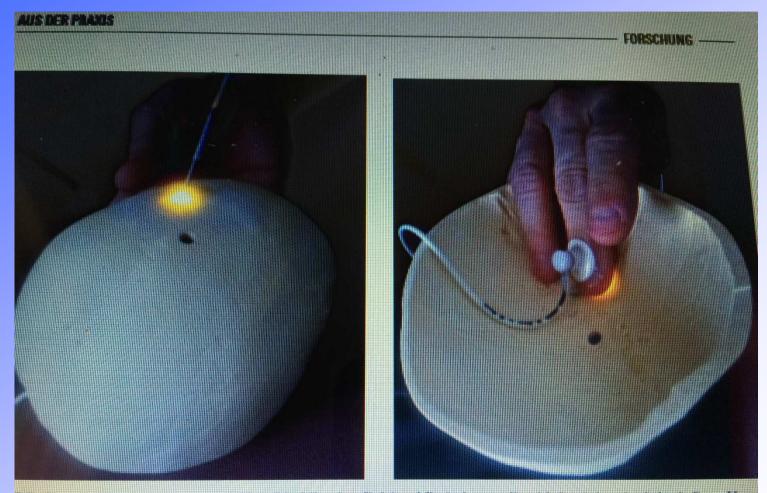
## Laser and brain



Gerhard Litscher, Frank Bahr und Daniela Litscher Pain and Acupuncture 3/2015

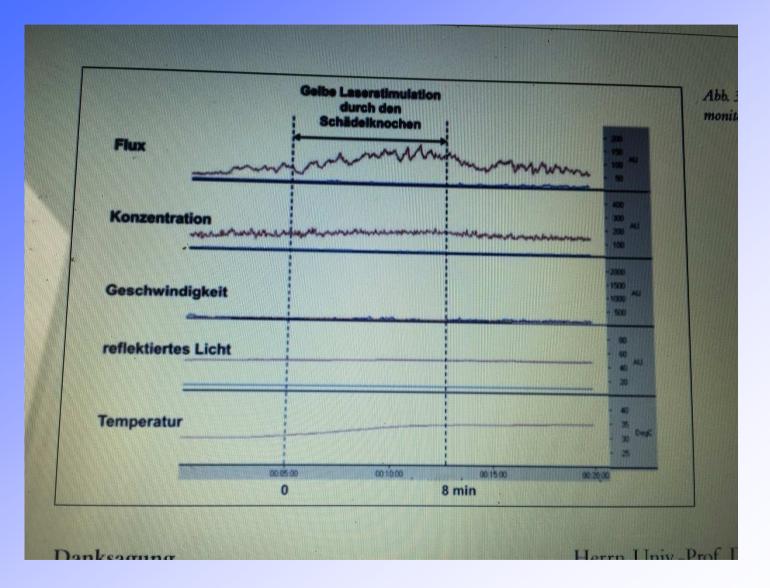
### YELLOW LASER STIMULATION ON THE SKULL – FIRST EVIDENCE OF MICROCIRCULATORY CHANGES IN THE LAB

#### **YELLOW LASER STIMULATION ON THE SKULL**



leibe Laserstimulation durch den menschlichen Schädelknochen (links) und Registrierung mibsooirkulatorischer stimulationsbedingter Veräm schts)

#### **YELLOW LASER STIMULATION ON THE SKULL**



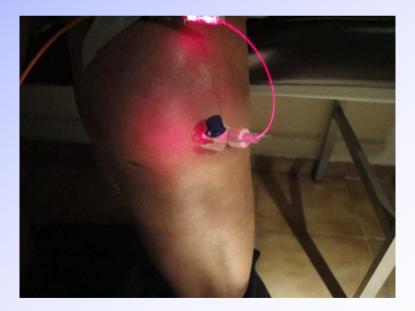
### Summary :

Within this pilot study it could be shown for the first time that transcranial yellow laser stimulation (589 nm, 50 mW, 500  $\mu$ m) is able to induce microcirculatory changes in human tissue.

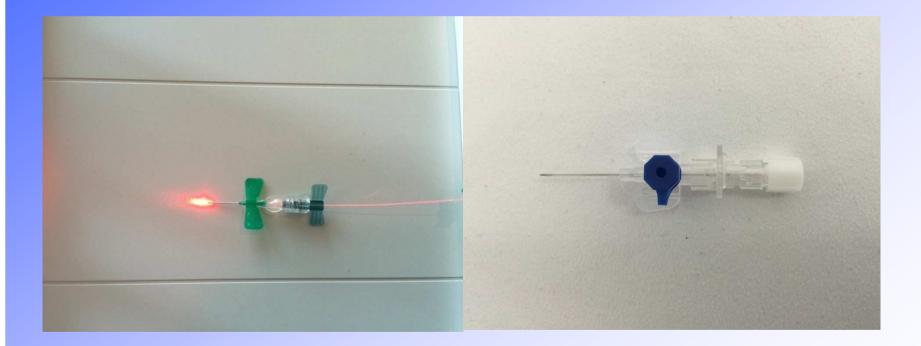
The results are important for future applications of yellow laser in the field of different neurological diseases. Further investigations concerning the optimal technical parameters are necessary. Interstitial and intraarticular laser therapy for spine syndromes, osteoarthritis of knee and shoulder joints

# The interstitial and intraarticular laser therapy

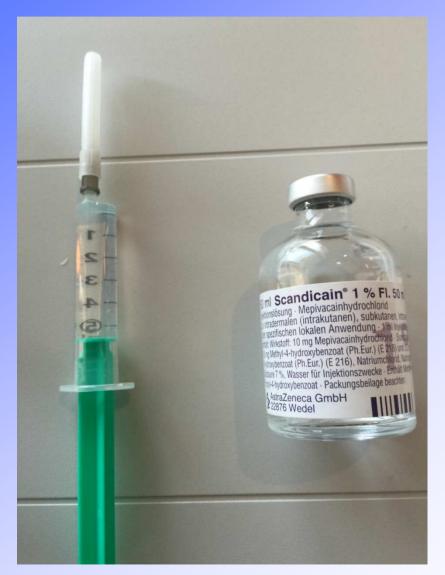




# **Fiberoptic puncture needles**



### Local anaesthesia



## **NaCl for improvement of beam spreading**



### **Interstitial fiberoptic canula (4,5,8,10,12 cm)**



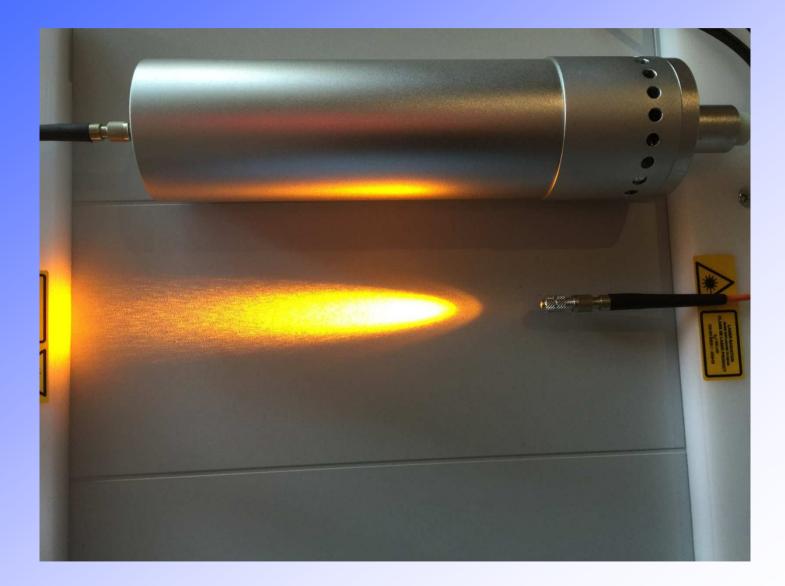
### **Interstitial fiberoptic canula** (4,5,8,10,12 cm)

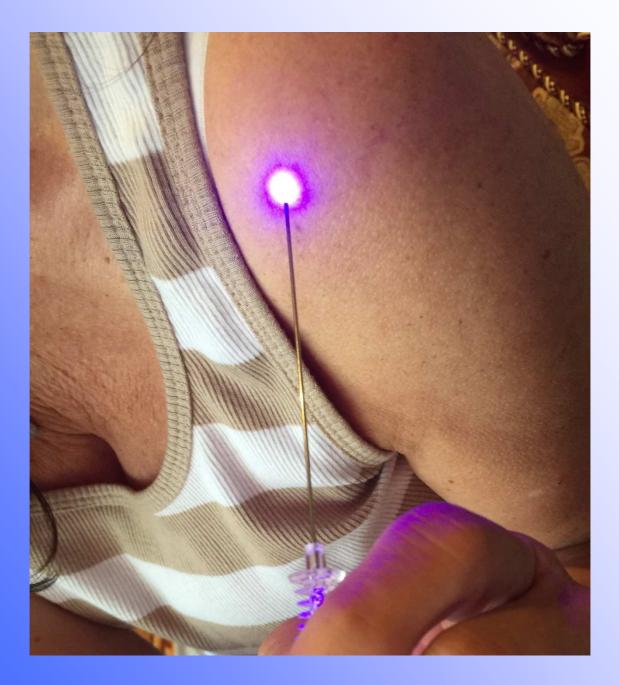


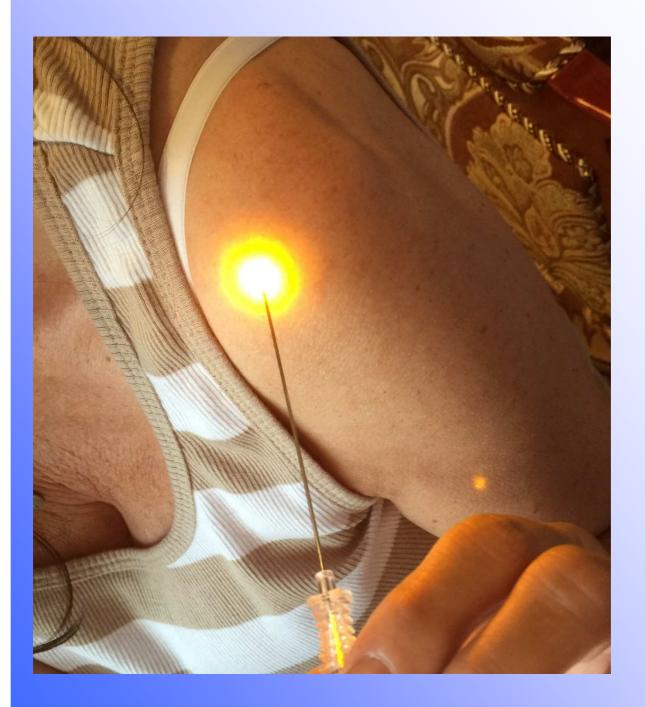
### New blue laser 447 nm

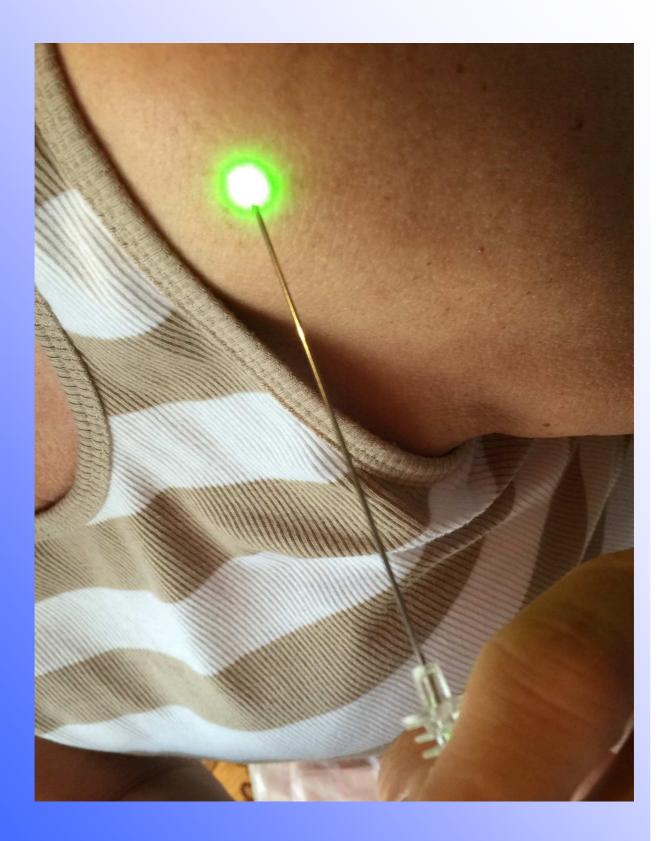


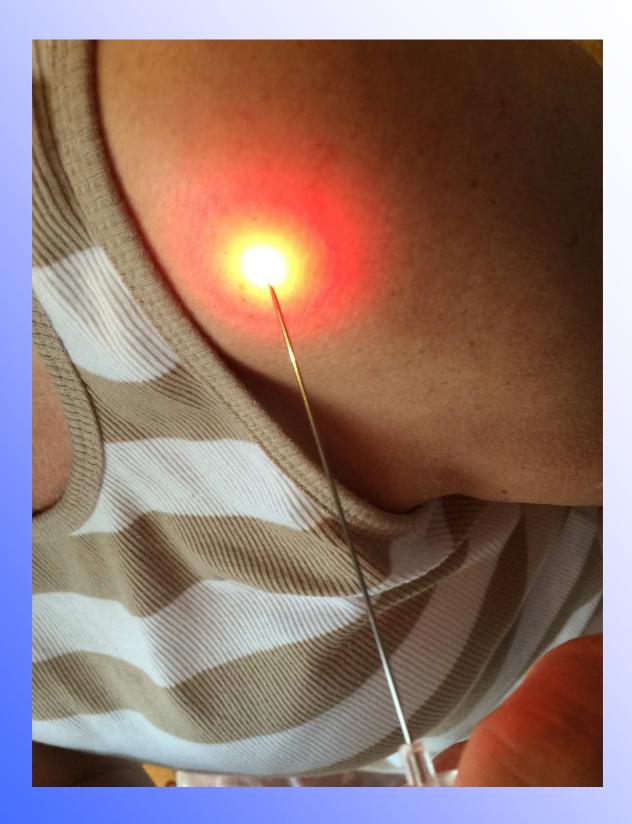
### New yellow laser 589 nm

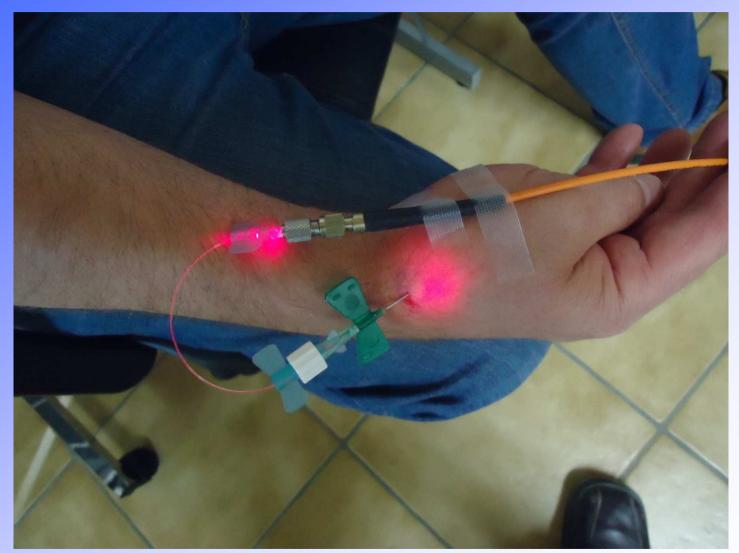




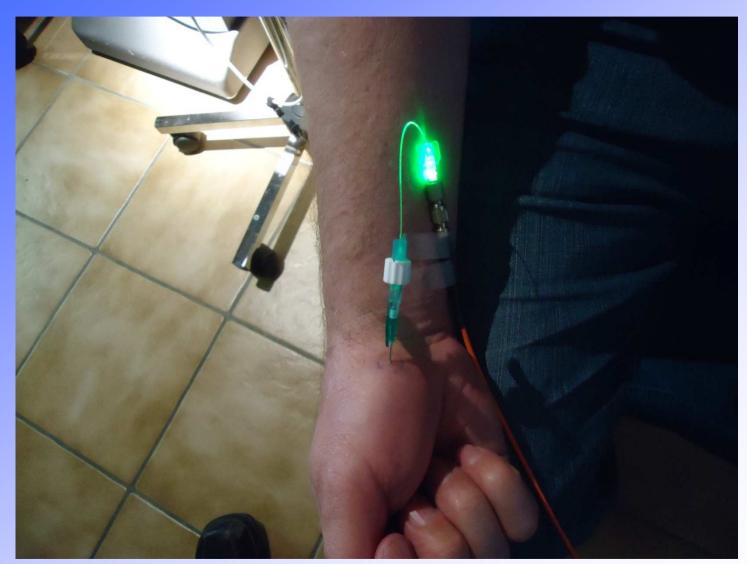








Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

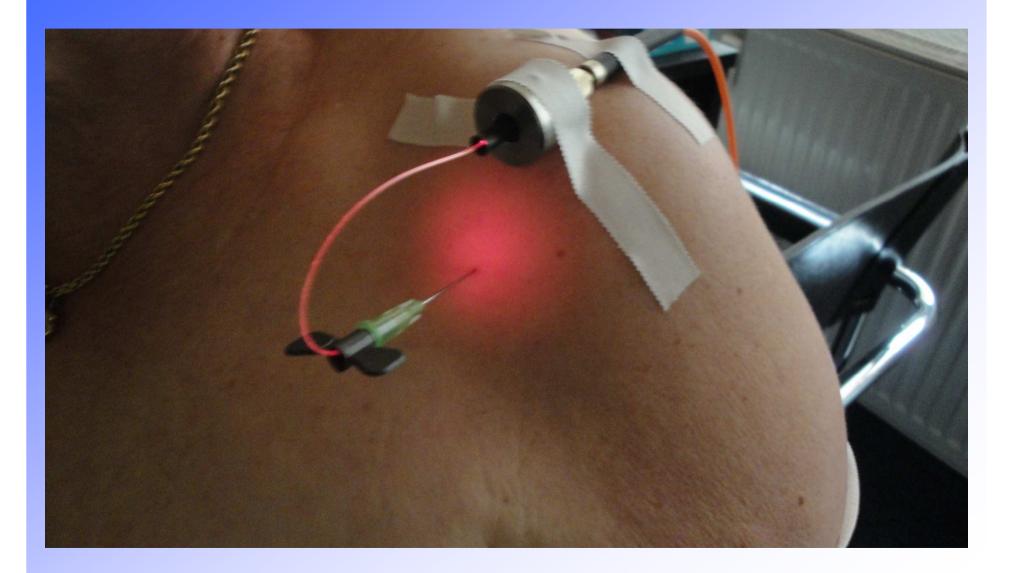


Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

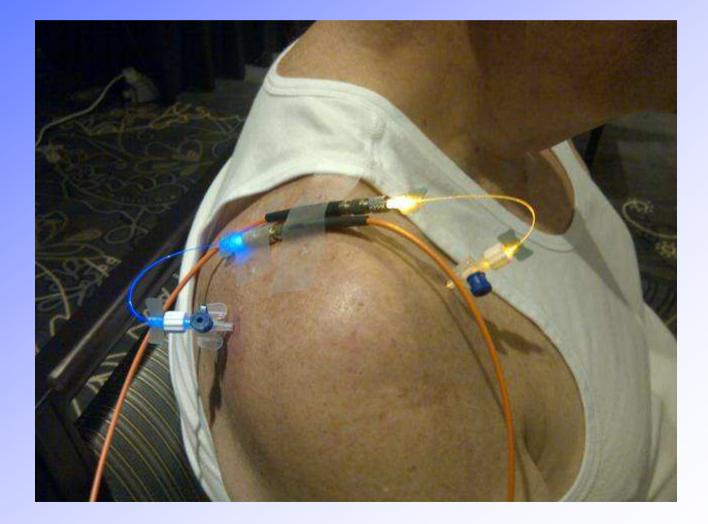


Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

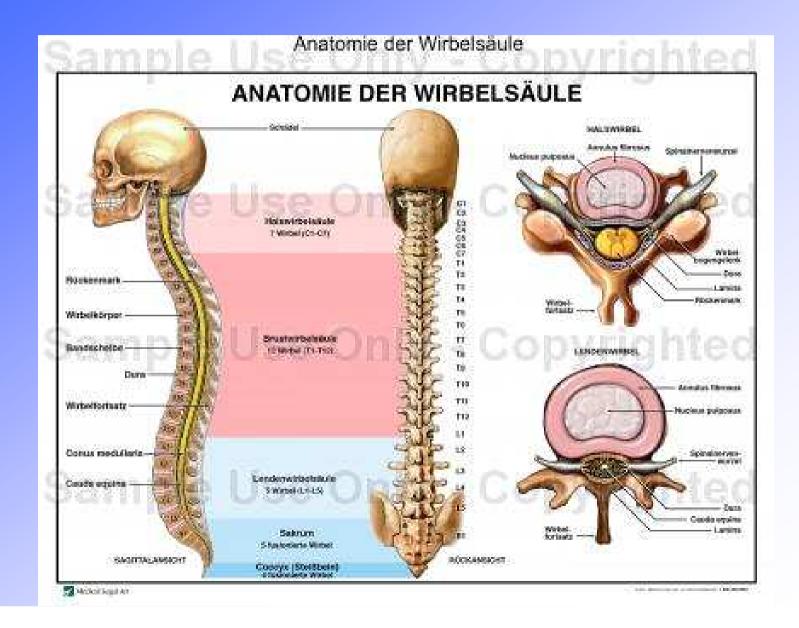
## **The intraarticular laser therapy**



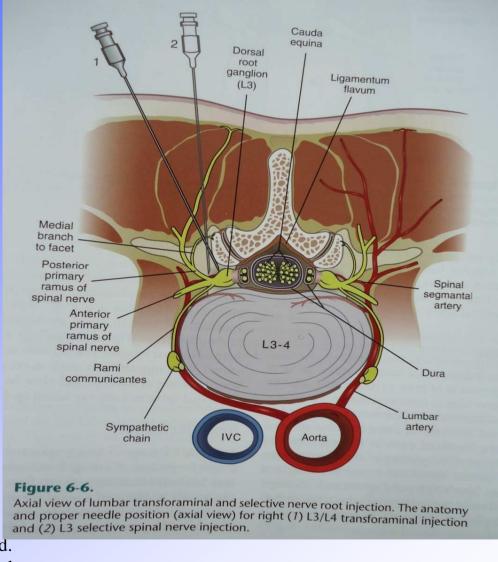
## **Intraarticular** laser therapy



#### **The interstital laser therapy for spine syndromes**



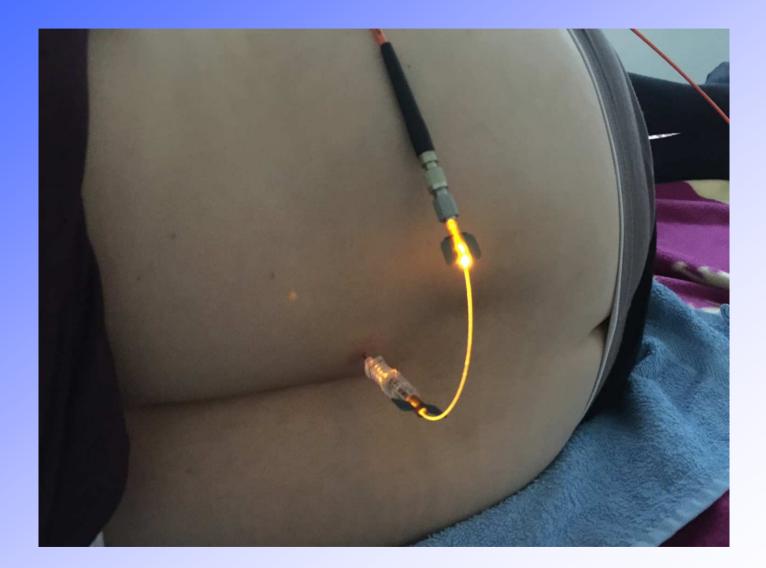
#### **The interstital laser therapy for spine syndromes**



Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

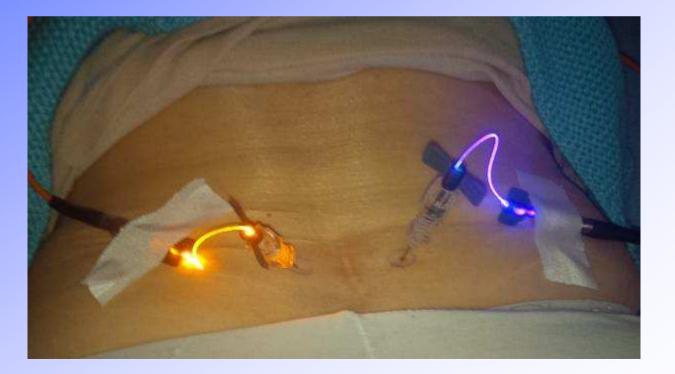
#### **The interstital laser therapy for spine syndromes**



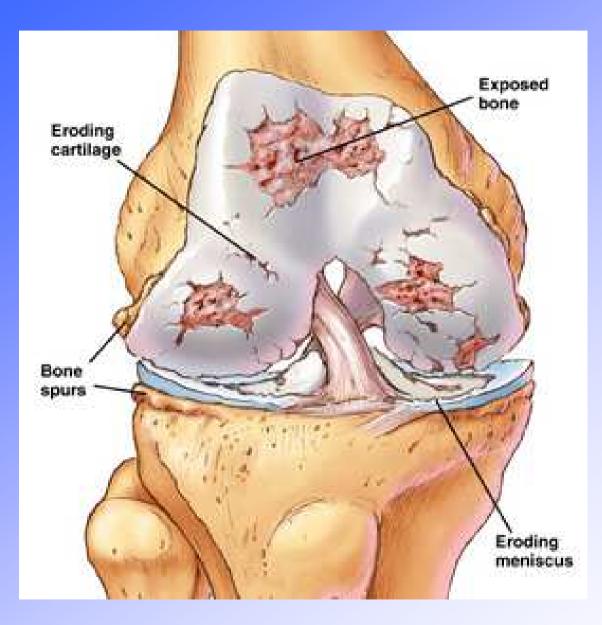


### **Interstitial laser application**

- Blue Light and yellow light
- Anti-inflammatory effects
- Cooling effect



#### **The intraarticular laser therapy**



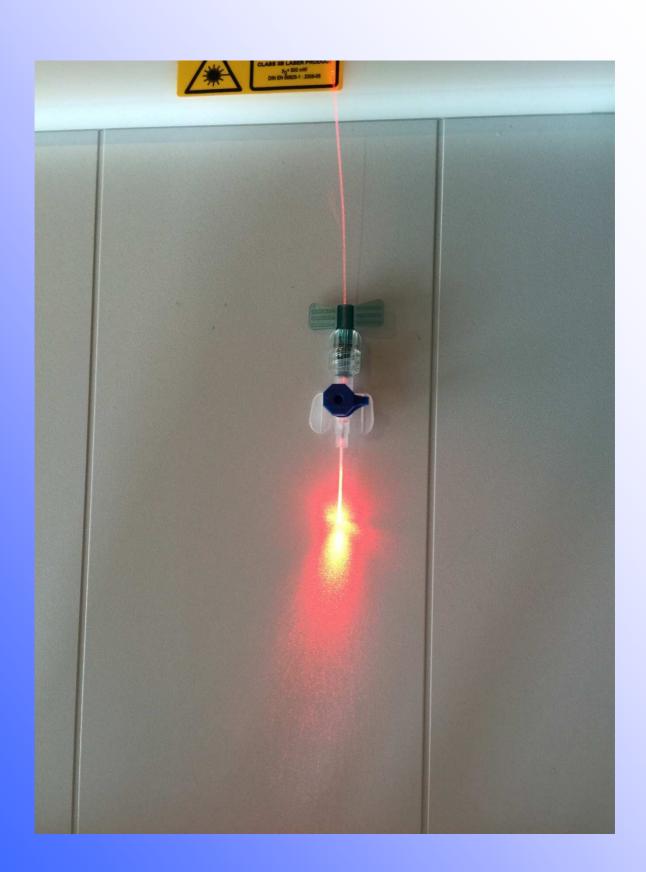
OA is a disease of joints that affects all of the weight-bearing components of the joint:

- •Articular cartilage
- •Menisci
- •Bone



Periarticular sclerosis
Osteophytes
Subchrondral

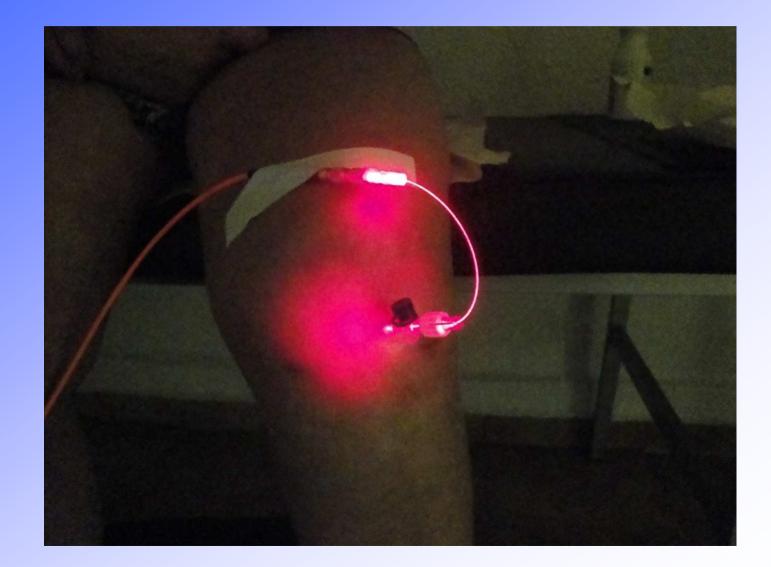
chrondral bone cysts



## **The intraarticular laser therapy**

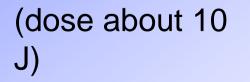


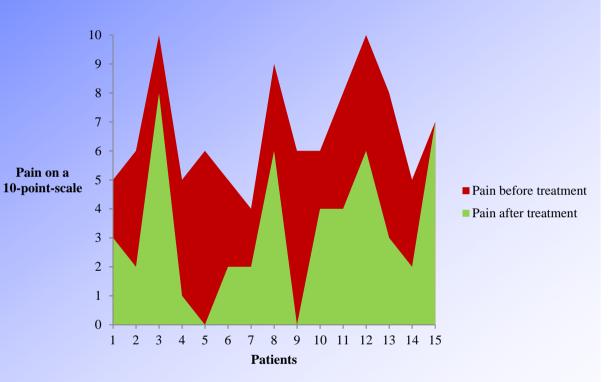
## **The intraarticular laser therapy**



#### **Shoulder syndromes**

- Number of patients = 15
- Number of treatments mean value 9,40
  - VAS before6,67
  - VAS after 3,33





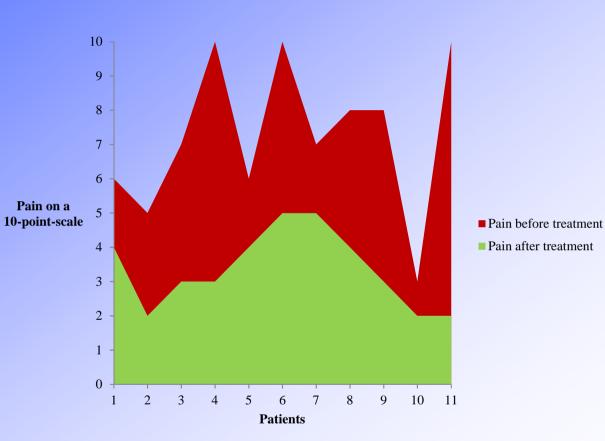
### **Knee syndromes**

Number of patients = 11

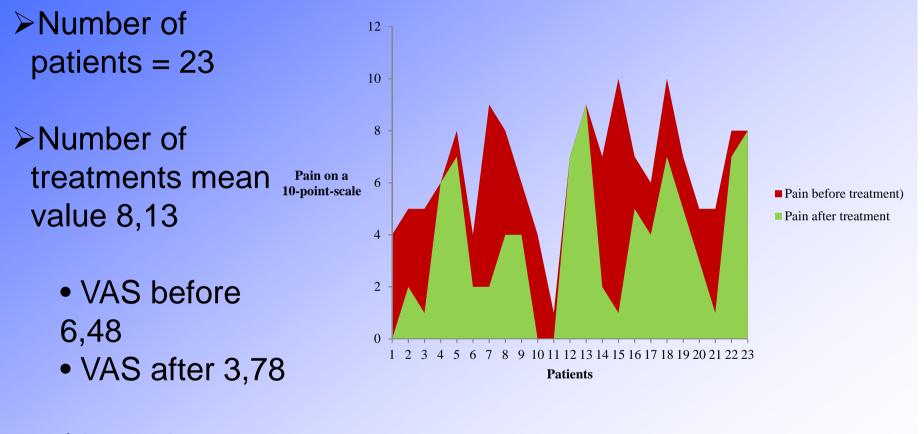
Number of treatments mean value 6

- VAS before 7,27
- VAS after 3,36

(dose about 10 J)



#### **Spine syndromes**



(dose about 10 J)

parison to Fluoroscopy- Guided Continu-Knee Pain Management using Ultrasound-Guided Weberneedle Endolaser in Com-3) Henry B.H. and Sherry N. Fanous, Spine Care Center, Cairo, ous Radio-Frequency Egypt (2015):

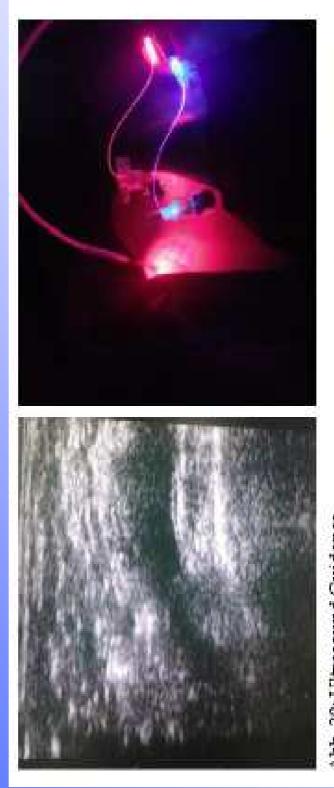
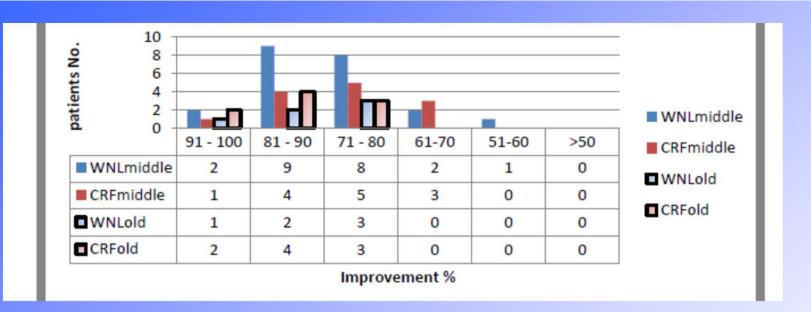


Abb. 20: Ultrasound Guidance Abb. 21: Intra-articular use of two red lasers and one blue laser



Results Middle-age and old-age population

- 8 of 22 middle-age patients (36%) treated with laser therapy achieved 71-80 % pain relief after 6 months
- 9 of 22 middle-age patients (41%) treated with laser therapy achieved 81-90 % pain relief after 6 months
- 2 of 22 middle-age patients (9%) treated with laser therapy achieved 91-100 % pain relief after 6 months
- 3 of 6 old-age patients (50%) treated with laser therapy achieved 71-80 % pain relief after 6 months
- 2 of 6 old-age patients (33%) treated with laser therapy achieved 81-90 % pain relief after 6 months
- 1 of 6 old-age patients (17%) treated with laser therapy achieved 91-100 % pain relief after 6 months



Obese and overweight population:

- 2 of 10 obese patients (20%) treated with laser therapy achieved 61-70 % pain relief after 6 months
- 2 of 10 obese patients (20%) treated with laser therapy achieved 71-80 % pain relief after 6 months
- 4 of 10 obese patients (40%) treated with laser therapy achieved 81-90 % pain relief after 6 months
- 1 of 10 obese patients (10%) treated with laser therapy achieved 91-100 % pain relief after 6 months
- 7 of 16 overweight patients (44 %) treated with laser therapy achieved 71-80 % pain relief after 6 months
- 7 of 16 overweight patients (44 %) treated with laser therapy achieved 81-90 % pain relief after 6 months
- 2 of 16 overweight patients (12 %) treated with laser therapy achieved 91-100 % pain relief after 6 months

#### Dr. med. Volkmar Kreisel, Germany:

## Neuraxial Low-Level- Laser Therapy for Lumbar Disc Herniation

Patient	Diagnose	VAS initial	Neuroaxiale LLLT	VAS final
BH	NPP L2/3	5	3	3
BM	NPP L4/5/S1	8-9	2	4
GG	NPP L4/5/S1	3-4	3	4
КН	NPP L4/5/S1	4-5	3	2-3
MH	NPP L5/S1	4-5	3	3
NN	NPP L4/5	2-3	3	1
SG	NPP L4/5	5-6	2	2
VR	NPP L3/4/5	8	7	2-3
WH	NPP L4/5/S1	7	3	2-3
WR	NPP L5/S1	6-7	4	3
Summe		55,5	33	27,5

- Management Leader Pain Physicians NEW YORK Offers Groundbreaking Interstitial Laser Therapy
- November 13, 2014 1:35 PM
- Innovative Treatment Reinvigorates Patients Suffering Chronic Pain

#### **Interstitial Laser therapy, NY**

- Interstitial laser therapy is an innovative medical technology that has proven valuable in treating people suffering from chronically painful diseases.
- Pain Physicians NY have chosen interstitial laser therapy as its solution for alleviating symptoms, regenerating tissue, and reenergizing patients

#### **The interstial and intraarticular laser therapy**

- The laser can be applied in the depth of the tissue close to the spot of injury
- One or more interstitial needles can be added to superficially applied laserneedles
- Pain relief is quicker and more effective
- Combination of metal needle with fiberoptics ( true laserneedle)

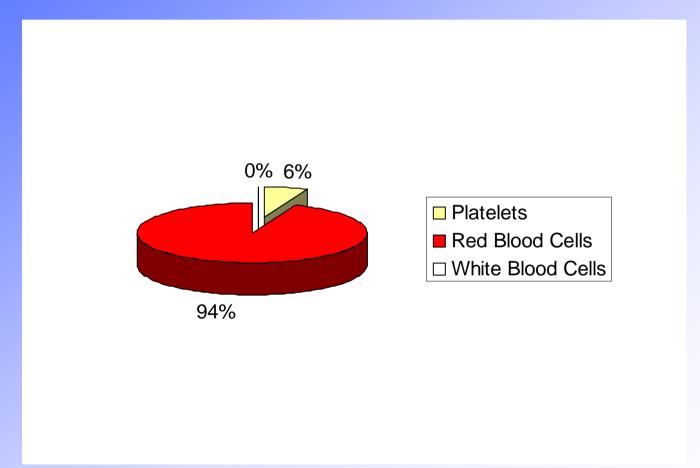
#### The interstial and intraarticular laser therapy

- Important in patients with dark skin
- Blue and green laser with anti-inflammatory effects can be applied as well
- Better effect on tissue regeneration

## **Combination of laser with platelet rich plasma (PRP)**

- Serum from patient's blood, enriched with cytokines and gorwth factors
- Injected intraarticulary
- Intraarticular laser irradiation

#### **Peripheral blood**



#### Preparation of PRP



- Matterground

Anschließend wird das Blut unter Verwendung einer neuen Kanüle in das Medizinprodukt übergeleitet.

Die Kanüle befindet sich im Behandlungsset.

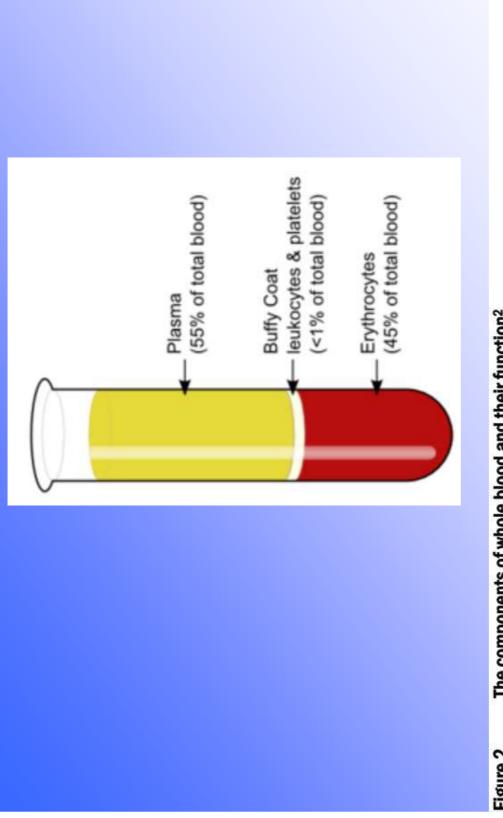






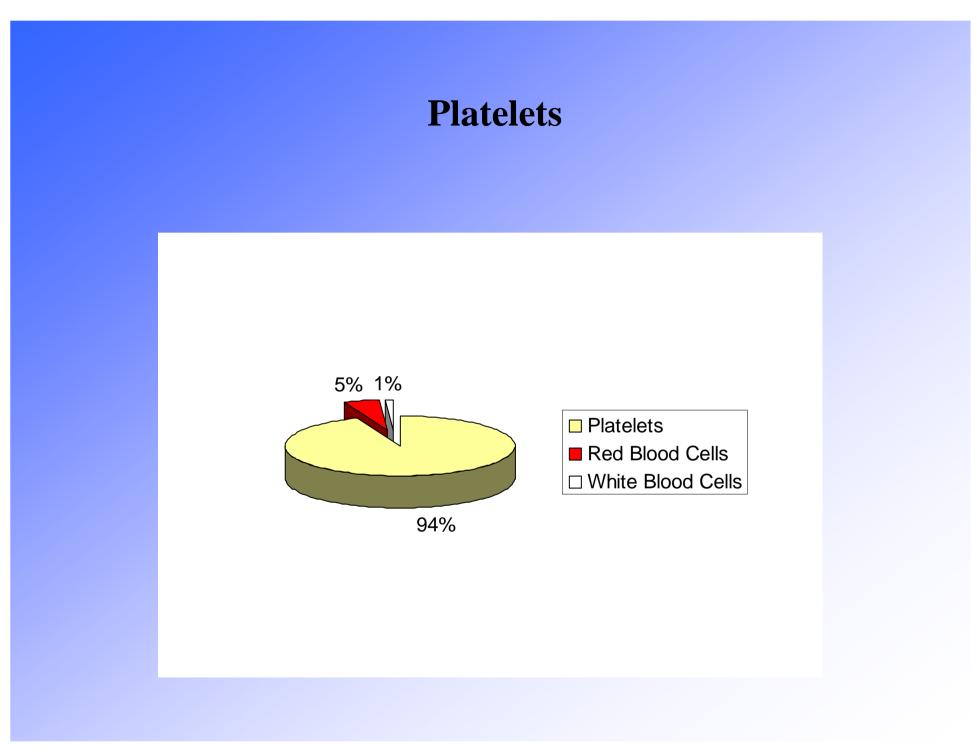
# **PRP-** Zentrifuge (low speed)





The components of whole blood and their function<sup>2</sup> Figure 2

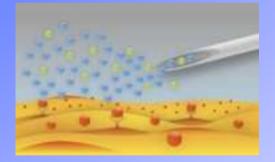
wound healing, immediately following injury or insult, is inflammation, where activated Platelets are crucial for tissue repair and vascular remodelling. The first stage of normal platelets adhere to the site of injury releasing growth factors including:



# **PRP CONTENTS**

- 1. Platelets
- 2. Neutrophil (PMN) 40-75% of circulating leukocytes
- Monocyte macrophage 2-10% of circulating leukocytes.
   Highly motile and migrate to soft tissues
- 4. Fibroblast produce collagen, reticular fibers, glycosaminoglycans, glycoprotein
- Endothelial Cell permeability barrier, regulate blood flow and vascular reactivity, vasodilators, vasoconstrictors, regulate inflammation and immunity
- 6. Keratinocyte Stratified, squamous epithelial cells Primary function is to act as a barrier
- 7. Small number of primitive stem cells (VSEL)





- Interleukin 1 (II-1) leads to cartilage damage
- Antagonist Il 1 receptor antagonist
- The autologue serum contains increased amount of Il-1-receptor antagonist (Il 1 RA)



• Il 1 RA inhibits inflammation and imprves regeneration

transforming growth factor (TGF-β): promotes formation of extracellular matrix and regulates bone cell metabolism;	platelet-derived growth factor (PDGF): promotes cell replication, angiogenesis, epithelialisation and granulation tissue formation;	basic fibroblast growth factor (bFGF): promotes proliferation of endothelial cells and fibroblasts and stimulation of angiogenesis;	epidermal growth factor (EGF): promotes cell differentiation and stimulates re- epithelialisation, angiogenesis and collagenase activity;	vascular endothelial growth factor: promotes angiogenesis; and	connective tissue growth factor: promotes angiogenesis, vessel permeability, and stimulates mitogenesis for endothelial cells. <sup>3,4</sup>	
<ul> <li>transforming growth factor (TGF regulates bone cell metabolism;</li> </ul>	<ul> <li>platelet-derived growth factor (PDGF): promotes c epithelialisation and granulation tissue formation;</li> </ul>	<ul> <li>basic fibroblast growth factor (bFGF): prome fibroblasts and stimulation of angiogenesis;</li> </ul>	<ul> <li>epidermal growth factor (EGF): promotes cell differenti epithelialisation, angiogenesis and collagenase activity;</li> </ul>	<ul> <li>vascular endothelial growth fac</li> </ul>	<ul> <li>connective tissue growth factor: promotes ang stimulates mitogenesis for endothelial cells.<sup>3,4</sup></li> </ul>	

## **Advantages of PRP - Therapy**

- 1. Boosts local healing and tissue (re)growth
- 2. Natural procedure with patient's own blood, no side effects or toxicities
- 3. Individual therapy
- 4. Easy handling, procedure doesn't take longer than 20 min.
- 5. Supports the body's own potency of healing
- 6. Cartilage protection and anti-inflammatory effects
- 7. Prevention or delay of surgery
- 8. Improvement in quality of life
- 9. Cost efficiency (no other substances necessary)
- 10. Can be combined with other methods such as laser therapy

# Indications of PRP applications:

- Wound healing
- Tendinopathies
- Fractures
- Bone regeneration
  - Osteoarthritis
- Spinal syndromes
  - Skin rejuvenation
- Hair loss

## **PRP** ohne Laser

(Dr. Warmke Köln mit Sanakin)

Indication	Pain before	Pain after	Positive
	therapy (VAS)	therapy (VAS)	Change (%)
Shoulder	67,5	27,5	59,26
(n= 11)			
Spine	60,0	22,0	63,33
(n = 5)			
Thumb	64,5	21,0	67,44
(n= 10)			
Knee	66,43	23,67	64,37
(n= 22)			
Toe	67,5	22,50	66,67
(n =2)			
Total	65,9	22,18	66,34

Fig. 17: Results for body's own serum therapy

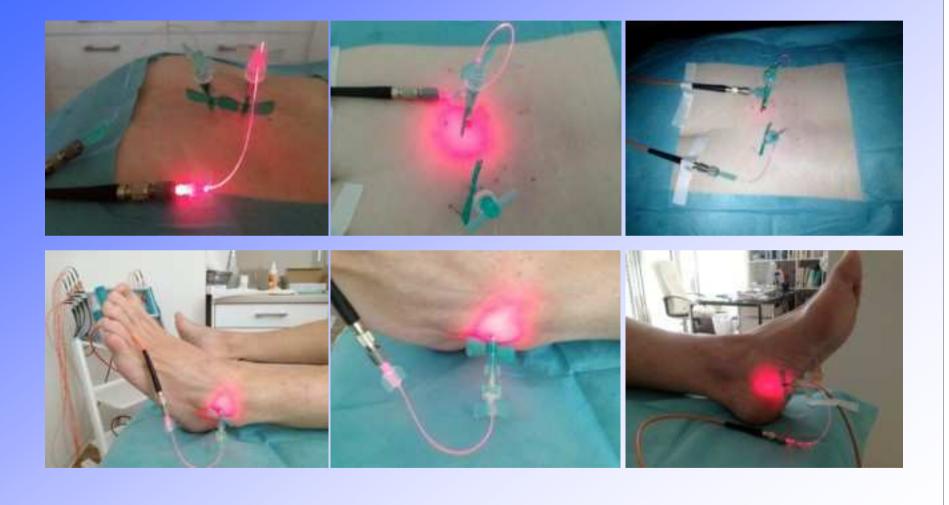
## **PRP** mit Laser

(Dr. Warmke, Köln mit Sanakin)

Indication	Pain before	Pain after	Positive
	therapy (VAS)	therapy (VAS)	Change (%)
Shoulder	80,0	18,4	77,0
(n= 6)			
Spine	68,5	10,0	85,4
(n = 2)			
Thumb	20,0	0,0	100,0
(n= 1)			
Knee	65,6	21,7	66,92
(n= 22)			
Achilles	55,0	1,7	96,91
tendon (n=3)			
Heel spur	81,0	10,0	87,65
(n=2)			
Total	61,68	10,3	83,30

Fig. 18: Results for combination therapy of body's own serum and laser therapy

#### Laser + PRP



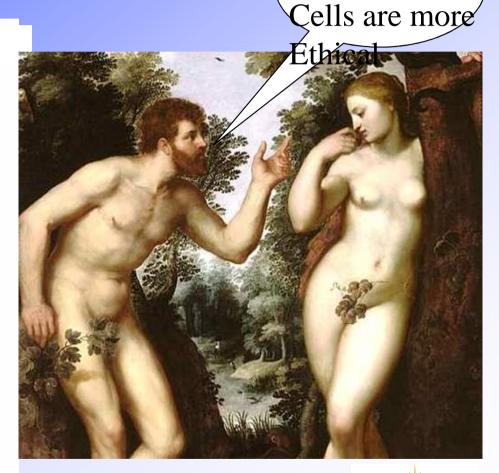


# **STEM CELLS**

#### Embryonic vs Adult Stem Cells

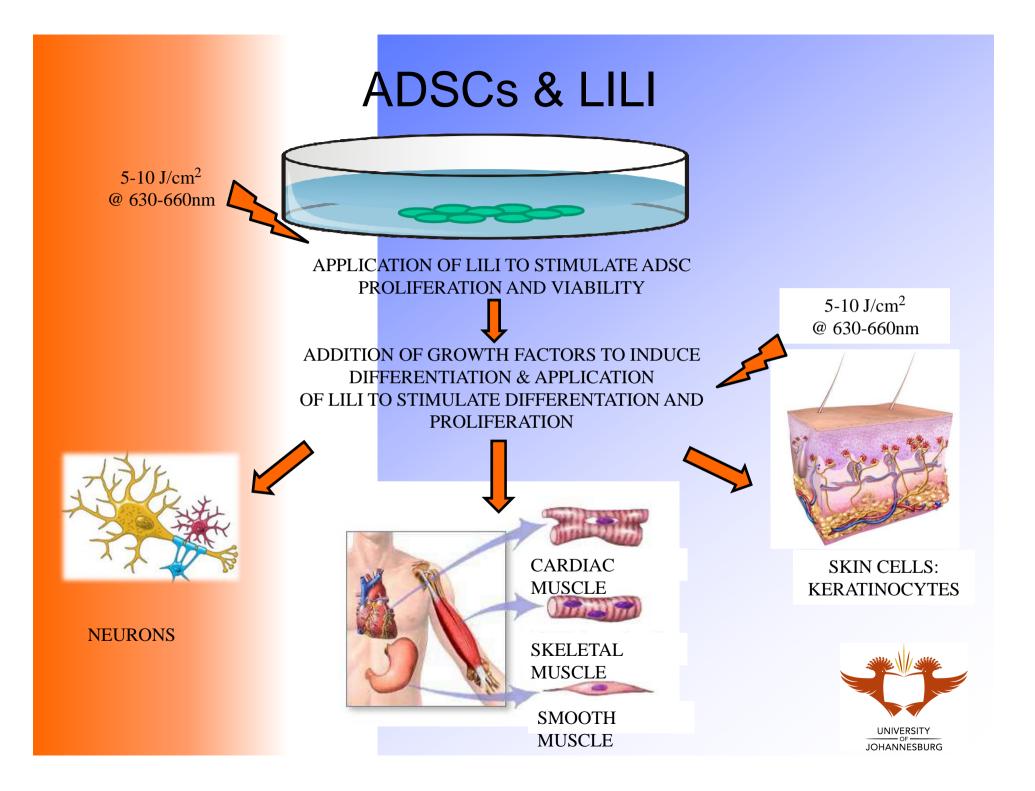
Totipotent In vivo fertilized egg 8 cell embryo Cultured Pluripotent Blastocyst undifferentiated stem cells Blood cells Neural cells

Cardiac muscle





Adult Stem

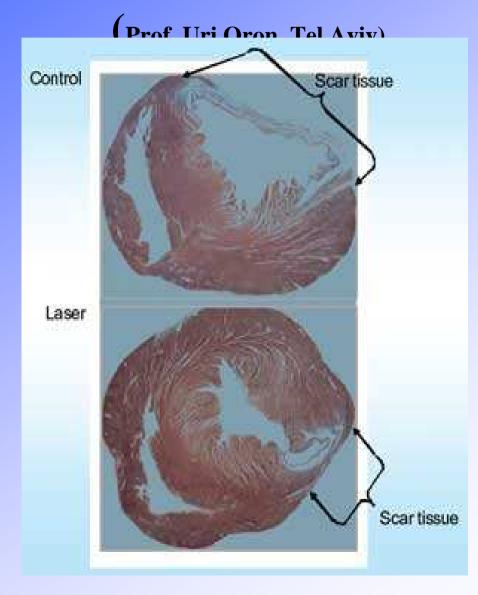


## Lasers stimulate stem cells for heart repair (

Prof. Uri Oron, Tel Aviv) (WALT-Laserconference, Washington DC, September 2014)

- A simple new process significantly reduces heart scarring after an ischemic event.
- Discovered by professor Uri Oron at Tel Aviv University, the method, called shining, consists of applying low-level laser energy to living bone marrow stem cells a few hours after a heart attack.
- This procedure reduces scarring by up to 80 percent.

#### **Lasers stimulate stem cells for heart repair**

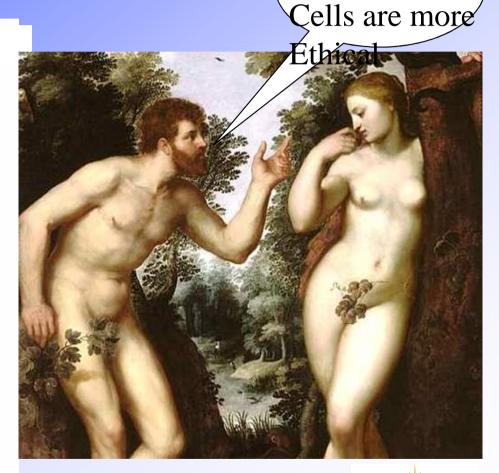


# **STEM CELLS**

#### Embryonic vs Adult Stem Cells

Totipotent In vivo fertilized egg 8 cell embryo Cultured Pluripotent Blastocyst undifferentiated stem cells Blood cells Neural cells

Cardiac muscle

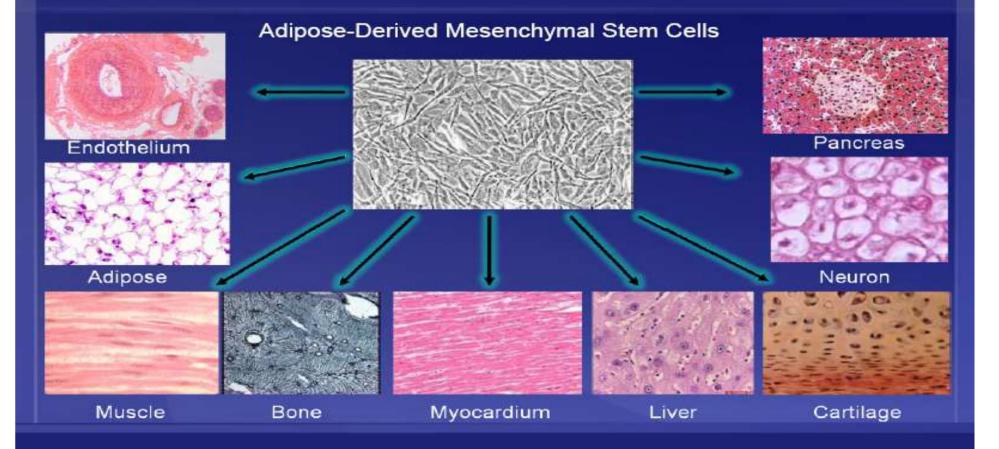




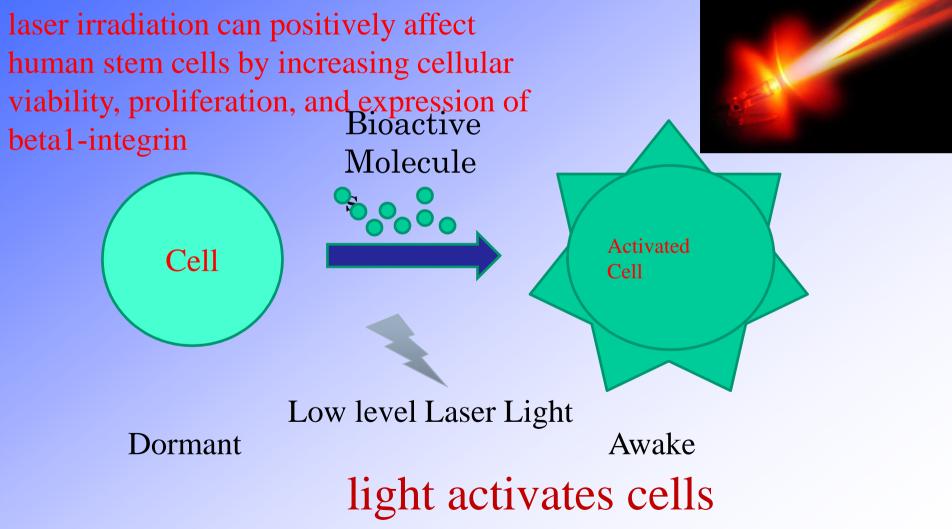
Adult Stem

#### ADIPOSE STEM CELLS

# **Capabilities of Adipose Stem Cells**



# **PHOTO ACTIVATION**





Fat is a "High Density" Source of Stem Cells

#### **Tissue/Source of SCs**

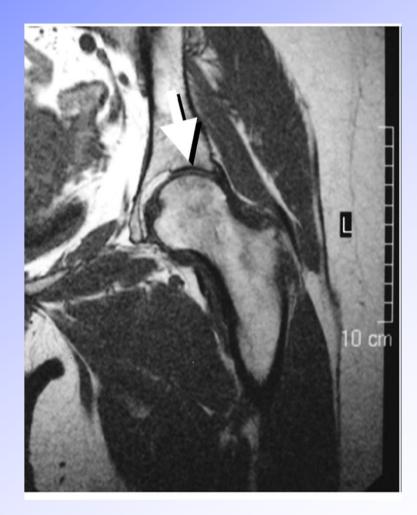
#### **Stem Cell Density**

Heart Bone marrow Adipose tissue 1 out of 40,000 cells
 1 out of 100,000 cells
 1 out of 100 cells

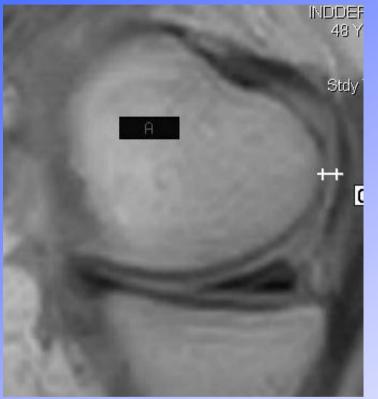
\* In old age

# **Before and 1 year after stem cell therapy**





# Stem cell therapy for knee osteoarthritis





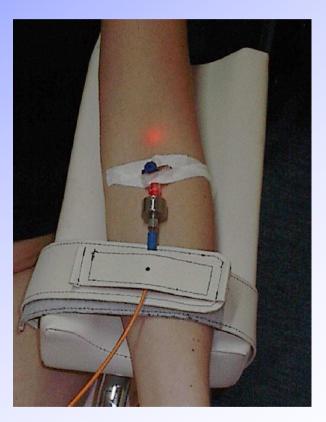
Post cell therapy at 12 months improvement of 0.3 mm at posterior condyle

The method of intravenous laser blood irradiation and clinical applications

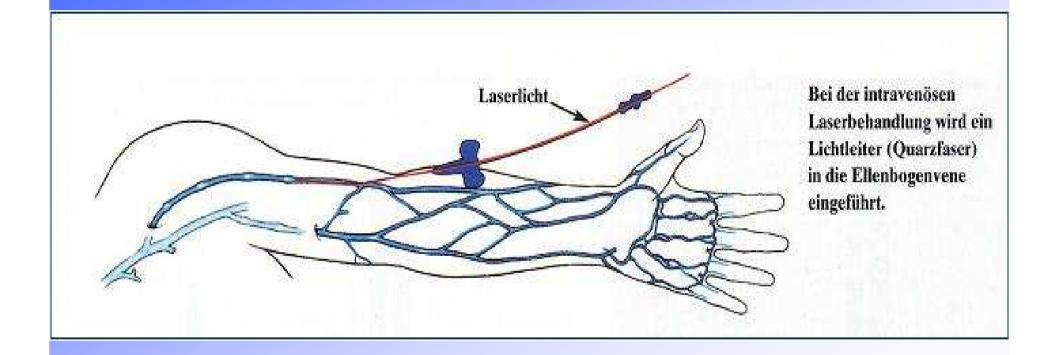
#### Dr. Michael H. Weber

# **IV Laser Blood** Irradiation



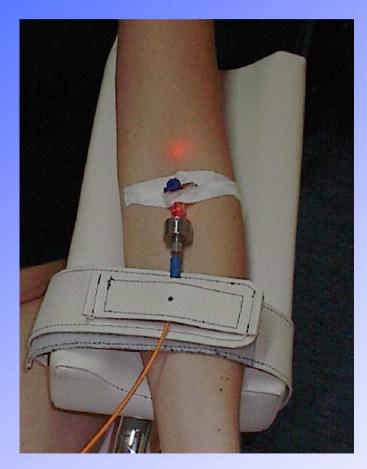


#### **How is the laser light applied in the blood stream?**



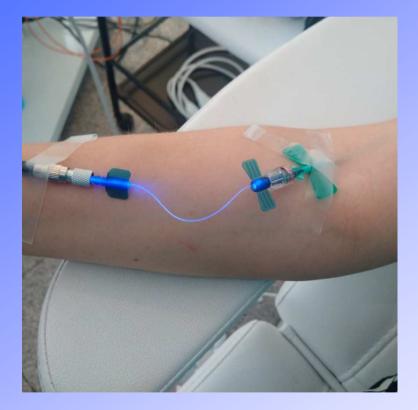
## **IV Lasertreatment with**

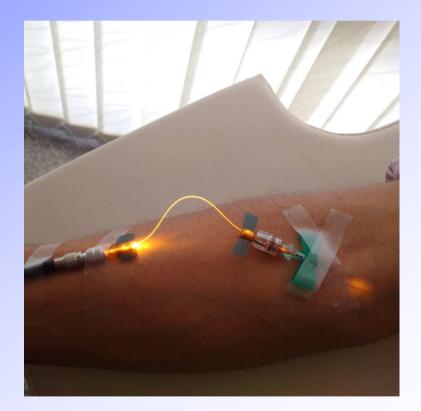
## **Red and green laser**



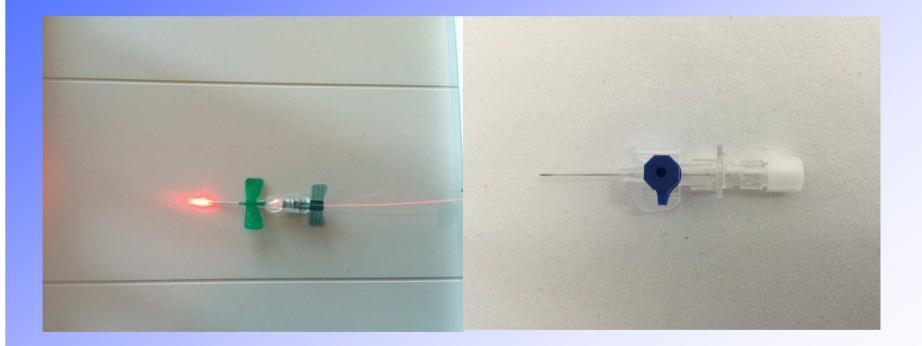


# Iv-laser treatment with blue and yellow laser





## Puncture needles for intravenous laser therapy

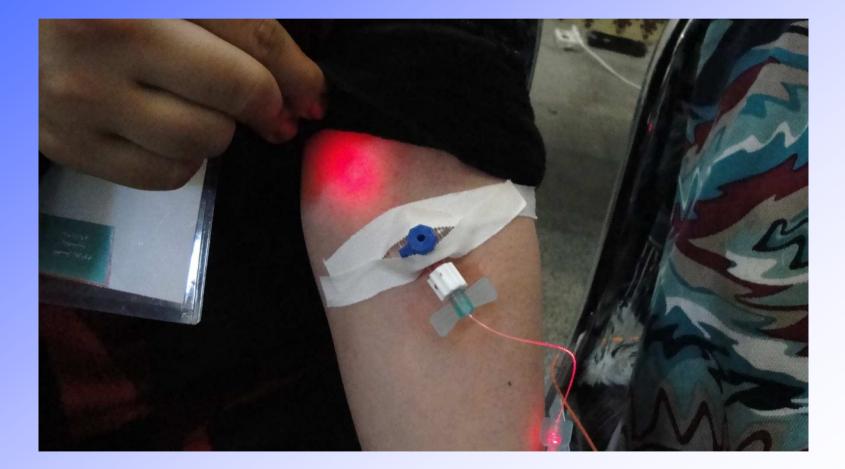


## Y-needle with 3 luer-lock for iv-Laser with simultaneous infusion

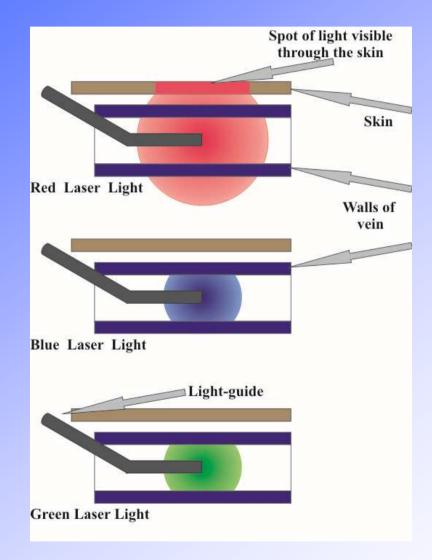




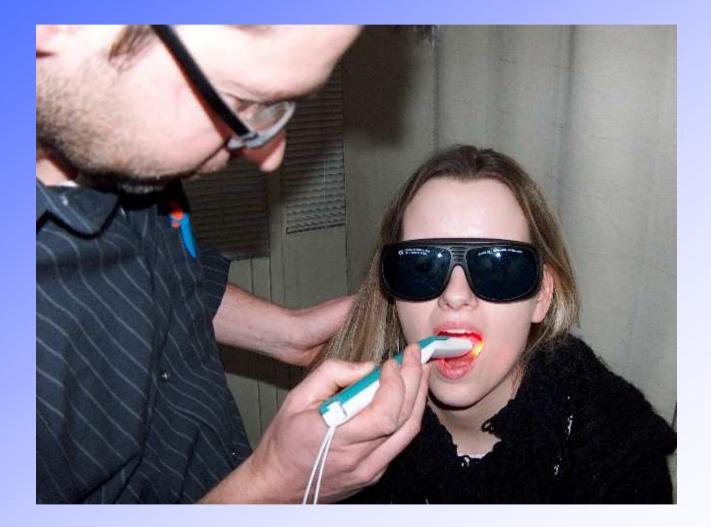
#### **IV – Lasertherapie mit rotem Laser**



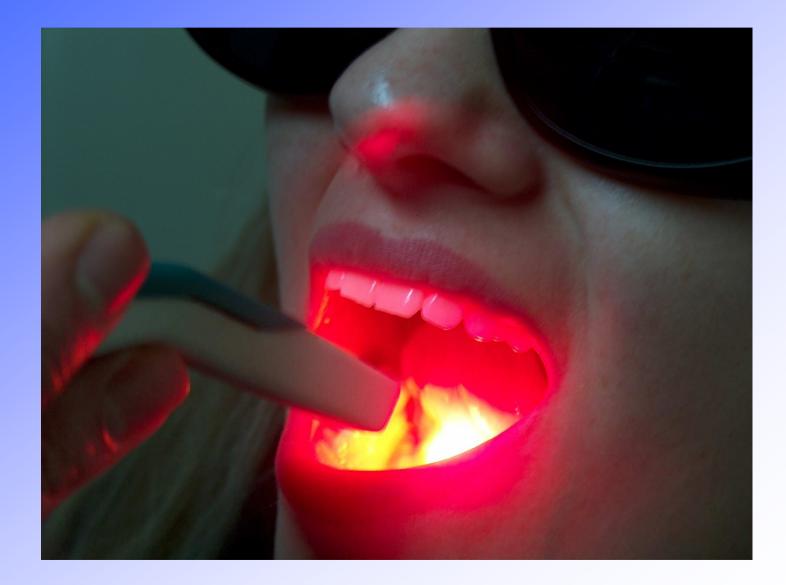
## Intravenöse Laserblutbehandlung mit verschiedenen Wellenlängen:



#### **The laser-needle** mouth shower



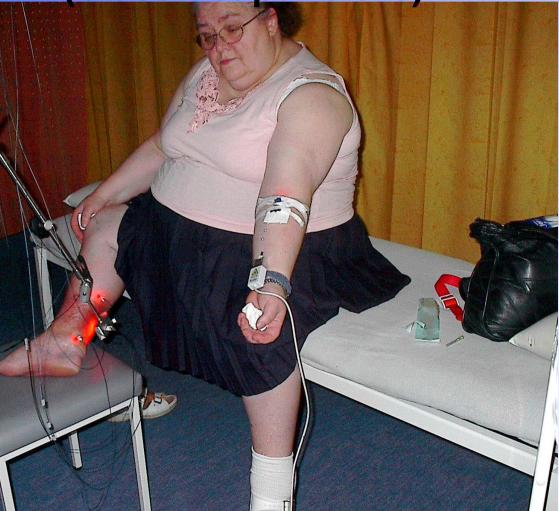
## **The laser-needle mouth shower for systemic sublingual laser energy application**



## Weberneedle 12-channel modular Endolaser system



#### The intravenous laser blood irradiation for diabetes (blood acupuncture)



Diabetes mellitus with leg ulcer

## The intravenous laser blood irradiation for allergy (blood acupuncture)



Treatment of severe allergie with combined laser therapy

#### **Effects of intravenous laser light irradiation**

#### **Red laser**

Stimulation of the immune system, improvement of blood viscosity

#### **Green laser**

Increased oxygen supply

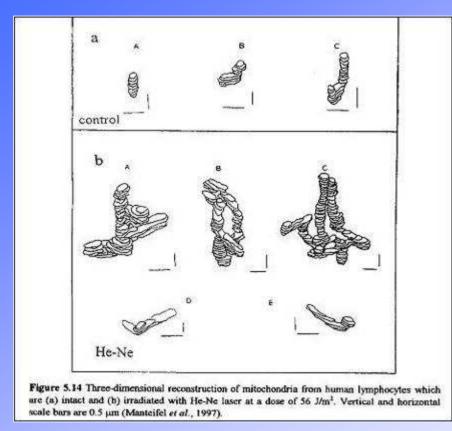
#### **Blue laser:**

Increased NO, bactericidal effects

#### Yellow laser:

Detoxification, antidepressive

#### Effects of intravenous laser blood irradiation on mitochondria



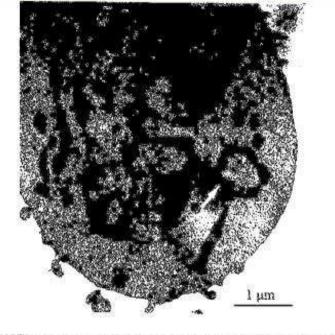
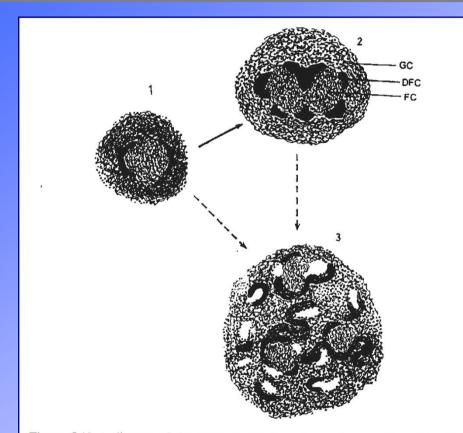


Figure 5.15 Electron micrograph of a section through an irradiated (632.8 nm, 56 J/m<sup>3</sup>) human lymphocyte. The experimental details are described by Manteifel et al., 1997. The arrow points to the ring-shaped nutochondrial profile that belongs to the giant mitochondrion (B) presented in Fig.5.14b.

"Giant-mitochondria" in human lymphocytes after laser irradiation (632 nm) Ring-shaped mitochondria in human lymphocytes after laser irradiation (632nm)

#### **Improvement of RNA-synthesis**

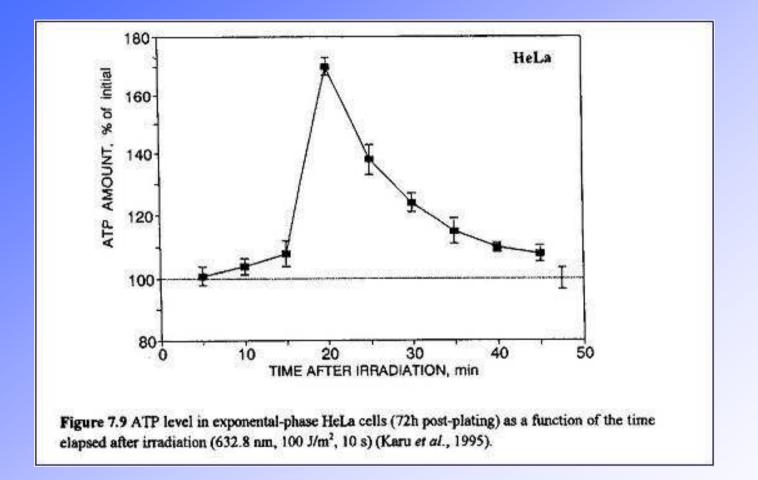


**Figure 5.13** A diagram of the main modification of a nucleolus activated by He-Ne laser irradiation or PHA-treatment (Manteifel and Karu, 1992; Manteifel and Chelidze, 1986): (1) ring-shaped nucleolus of the intact lymphocytes; (2) changed nucleolus with a complex fibrillar center (FC); (3) strand-like nucleolus with several FC. Abbreviations: GC – granular component; DFC – dense fibrillar component; FC – fibrillar component.

Manteifel et al 1997

- 1. ringförmiger Nucleolus eines intakten Lymphocyten.
- veränderter Nucleolus mit komplexen zentralen Fibrillen nach He-Ne Laser Bestrahlung.
- 3. strangartiger Nucleolus mit fibrilären Komponenten

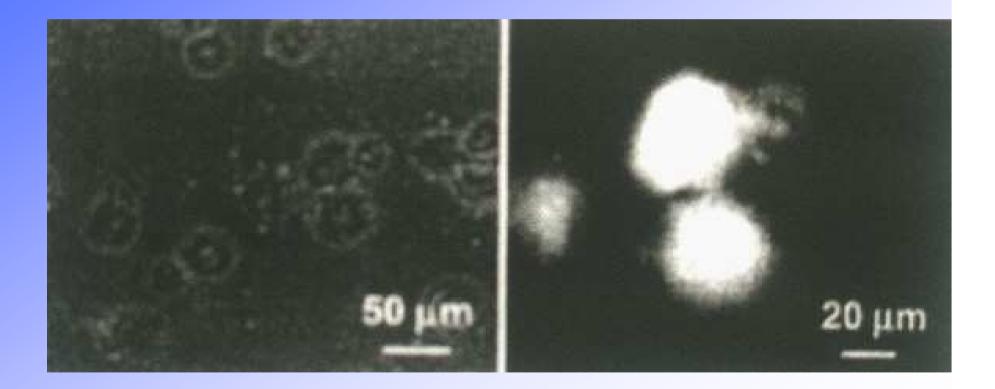
#### **Increased ATP** production



ATP-Increase under laser irradiation (632 nm, red light) of a HeLa cell-culture

Immunological effects of iv-Laser

#### Activation of macrophages in fluorescent light



#### **Immunological effects of iv-Laser**

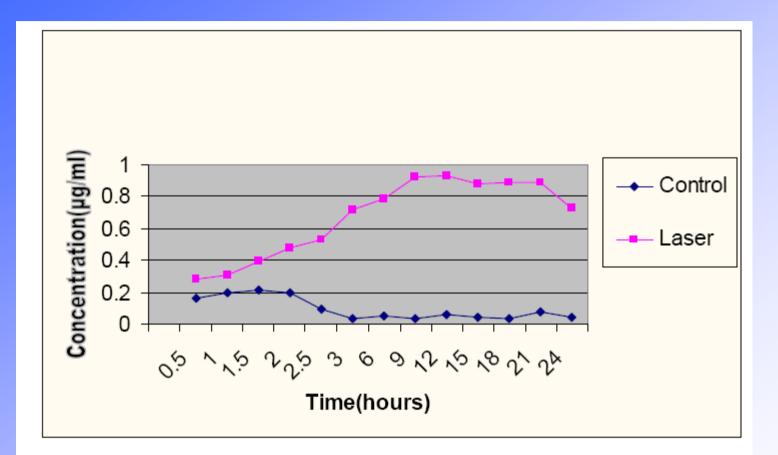


Figure (1) Concentration / Time relationship of IgM of both groups

Mouayed A. Hasan et al., Estimation of IgM & IgG values in the serum after intravenous irradiation of blood with diode laser

Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

#### **Immunological effects of iv-Laser**

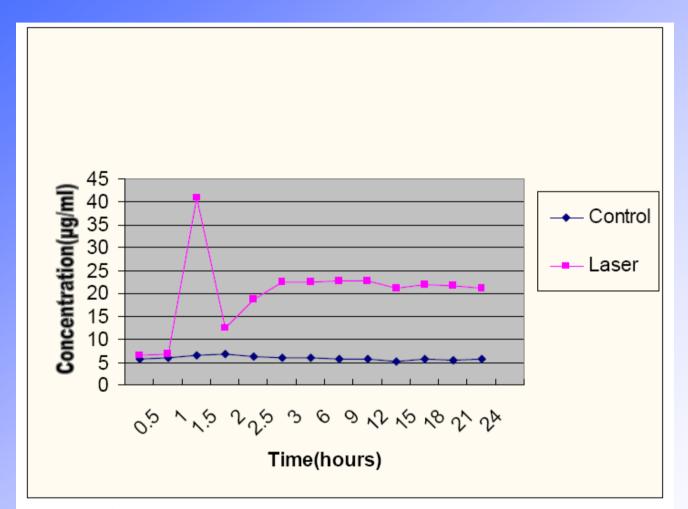
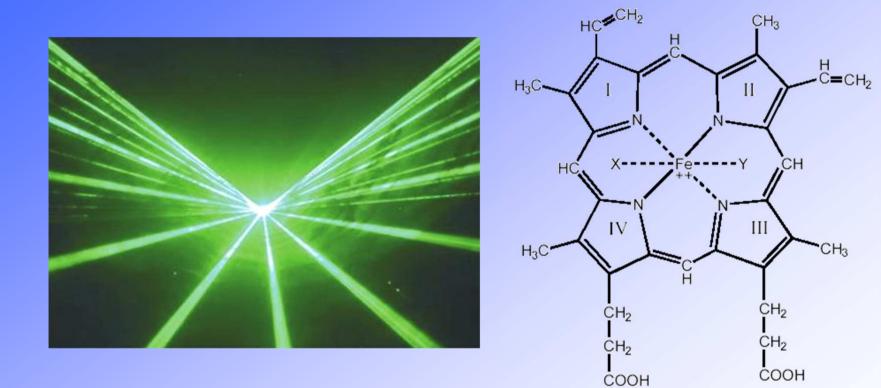


Figure (2) Concentration / Time relationship of IgG of both groups

Mouayed A. Hasan et al., Estimation of IgM & IgG values in the serum after intravenous irradiation of blood with diode laser

Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

#### **Effects of green laser light**



Green laserlight binds to haemoglobin

#### Effects of the green Laser on mitochondria

Gen Physiol Biophys. 2005 Jun;24(2):209-20.

Mitochondrial alterations induced by 532 nm laser irradiation.

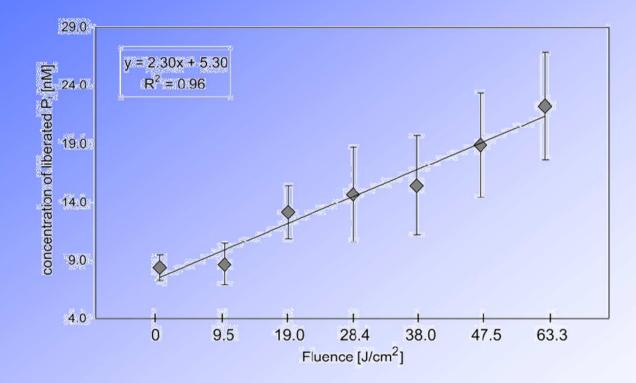
Kassak P, Przygodzki T, Habodaszova D, Bryszewska M, Sikura

Division of Biomedical Physics, Faculty of Mathematics, Physics and Informatics, Comenius University, Mlynska Dolina F1, 842 48 Bratislava 4, Slovakia.

Another MTT assay was used for isolated mitochondria suspensions in order to examine the effect of green laser irradiation on stimulation of processes related to oxidative phosphorylation. It revealed <u>31.3%-</u>increase in MTT assay products in irradiated mitochondria as compared to controls

<u>Green laserlight increases the production of ATP in the</u> <u>irradiated mitochondria for more than 30%.</u>

#### Stimulation of sodium-potassium-ATP-ase of human erythrocytes with green laser irradiation

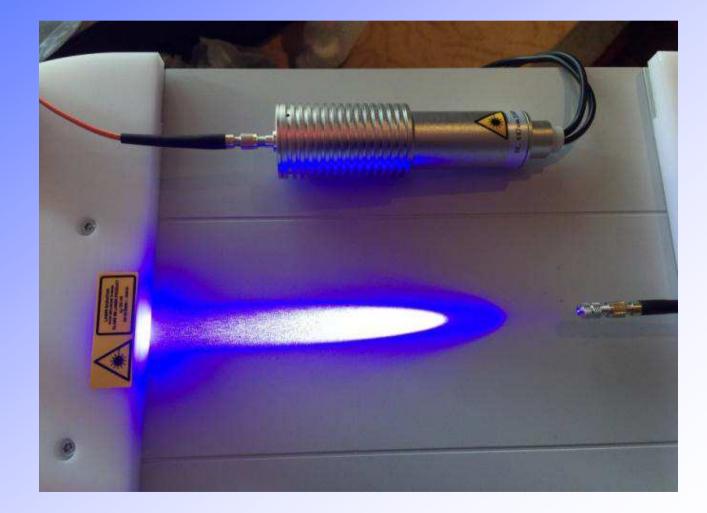


Kassak et al, Univ. Bratislava und Lodz, die Reaktion der Na + / K + - ATPase menschlicher Erythrozyten zu grünem Laserlicht Behandlung; Phys. Res. 5 / 2005

## **Application of blue laser light**

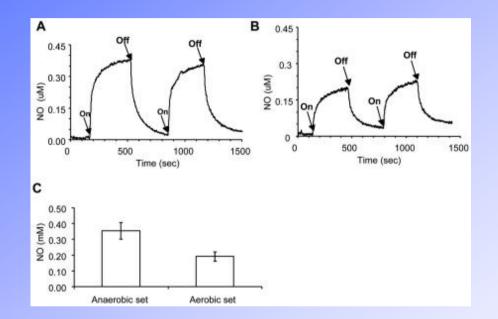


### **The new 447nm Blue Laser**



#### **The blue Laser**

Irradiation with blue laser leads to increase of the release of nitric oxid (NO) from haemoglobin

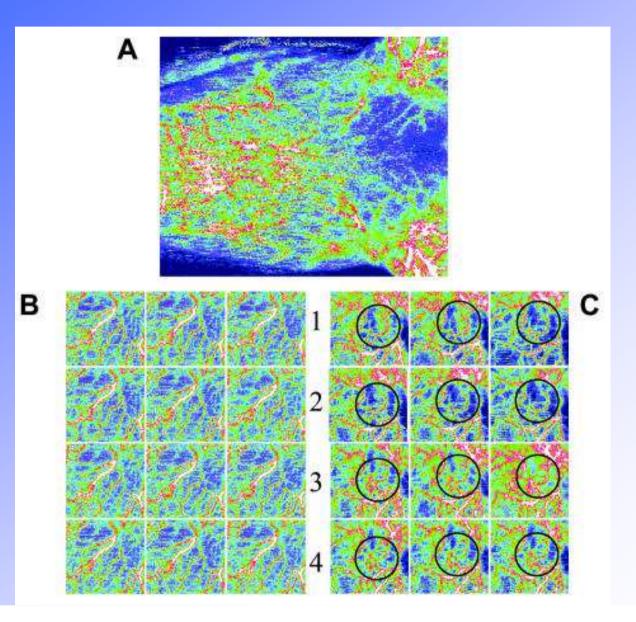


Kinetics of NO release and reabsorption triggered by He-Cd laser (40 mW) irradiation in erythrocytes enriched with NO-Hb.

(A) Anaerobic irradiation; (B) Aerobic irradiation; (C) Difference in NO concentration in solution due to switching the laser ON and OFF.

Mittermayr et al., Ludwig Boltzmann Institut Wien in Zusammenarbeit mit der Russian State Medical University in Moskau Mol Med. 2007 Jan-Feb; 13 (1-2): 22-29

## **Blue laser increases nitric oxide (NO)**



## **Therapeutic Strategies**

## **Released Nitric Oxide(NO)**

causes vasodilation and activates guanylate cyclase (GC), increasing cyclic guanine monophosphate (cGMP) levels, which stimulates stem cell proliferation/differentiation

#### Blue laser increases nitric oxide (NO)

• Emerging evidence suggests that increasing nitric oxide (NO) bioavailability or endothelial NO synthase (eNOS) activity activates telomerase and delays endothelial cell senescence.

J Cell Sci. 2006 Jul 15;119(Pt 14):2855-62.

### Blue laser increases nitric oxide (NO)

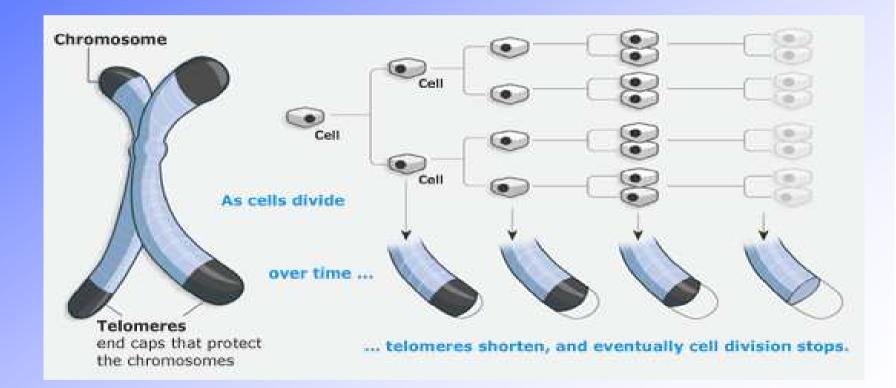
J Cell Sci. 2006 Jul 15;119(Pt 14):2855-62.
 Nitric oxide and mitochondrial biogenesis.

Chronic, smaller increases in NO levels stimulate mitochondrial biogenesis in diverse cell types

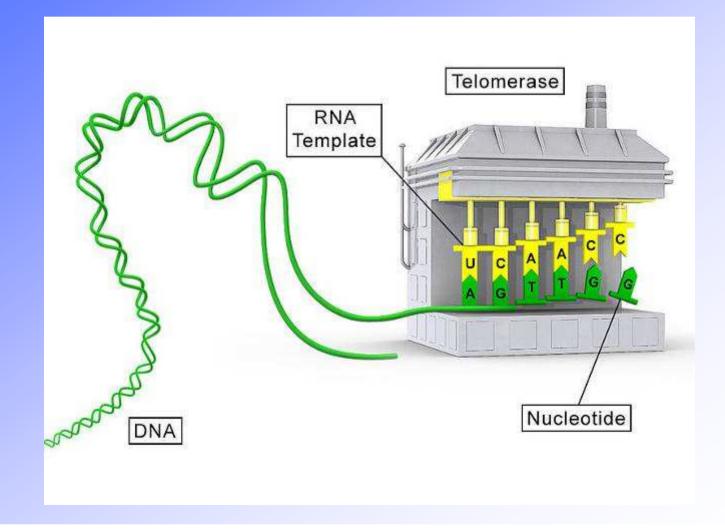
## L-arginine + 02 NADPH NADP+ NEO NADPH NADP+ NEO NADPH NADP+ Of Actions

- 1. Now known to be a growth, immune, and neuromodulator, as well as a stimulator of stem cell proliferation and it has a critical roles in analgesia, vasodilation and angiogenesis through c-GMP pathway.
- 2. Also it has anti-cancer, anti-inflammatory and anti-microbial activities by reacting with ROS and generating cytotoxic Peroxynitrite.
- **3. Nitroglycerin , L-arginine and other NO donors are widely prescribed medications**

## **Effects on Telomeres**



## **Effects on Telomeres**

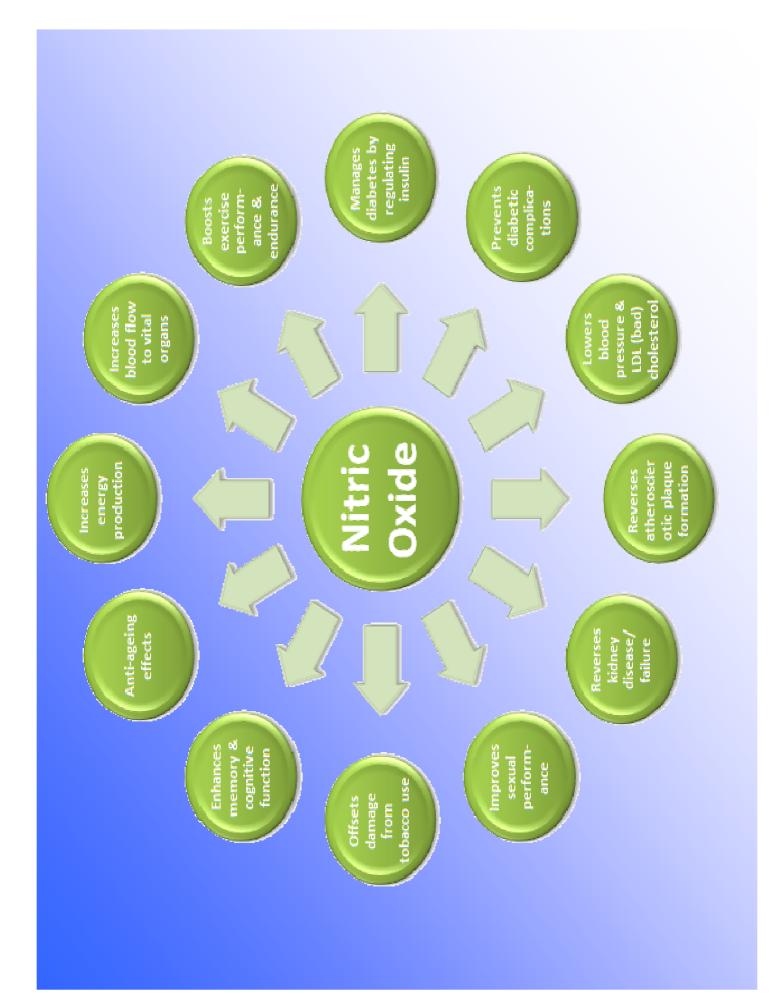


## **Effects on Telomeres**

Nitric Oxide Activates Telomerase and Delays Endothelial Cell Senescence

Mariuca Vasa, Kristin Breitschopf, Andreas M. & Mier, Stefanie Dimmeler

The repeated addition of the NO donor S-nitroso-penicillamine significantly reduced EC senescence and delayed age-dependent inhibition of telomerase activity, whereas inhibition of endogenous NO synthesis had an adverse effect. Taken together, our results demonstrate that telomerase inactivation precedes EC aging. NO prevents age-related downregulation of telomerase activity and delays EC senescence.



#### The Blue laser

Mikrocirculation problems in

- Macroangiopathy, Microangiopathy
- Diabetes mellitus
- coronary heart disease
- Fat metabolism disturbances
- Hypertension
- Kidney failure
- Old humans
- After transplantations

NO is in the view of today the main physiolocical regulator of the microcirculation and is infuencing the cGMP-metabolism.

In the blood NO is not free but will bind immediately to haemoglobin.

Der HbNO-complex is photosensitive and reacts on laser irradiation.

Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

## The intravenous laser blood irradiation

General effects:

- Improvement of the general performance
- Improved Sleep
- Positive effect on depression
- improvement of the immune system

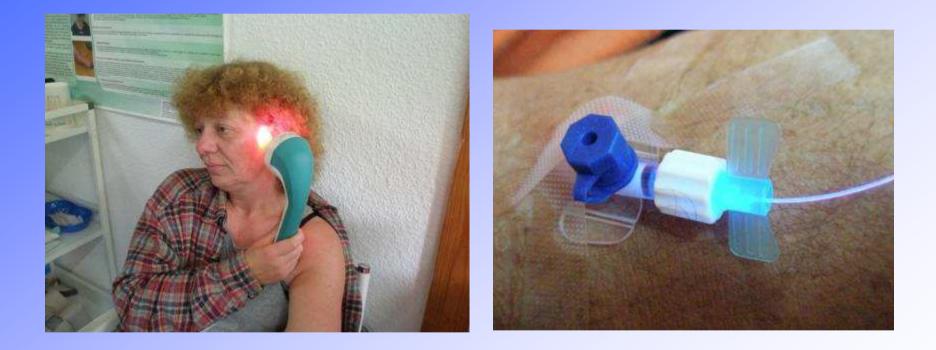
Laserclinic Dr. med. Dipl. chem. Michael Weber, Germany

## **Typical diseases to treat with laser blood irradiation**

- Diabetes mellitus
- Chronic liver diseases
- Lipometabolism disorders
- Chronic pain syndromes
- > Rheumatoid Arthritis
- Polyneuropathy
- Chronic inflammatory diseases
- Cancer (photodynamic therapy)

- ➢ Fibromyalgia
- > Hypertension
- ➤ Tinnitus
- Macula degeneration
- Multiple Sclerosis
- Chronic fatigue syndrome
- $\succ$  allergies and eczemas

### The blue laser in ENT



Patient, 45 y., acute hearing loss, medication without effect Improvement ca. 50 % after 4 sessions

### **First yellow laser worldwide:**

- after the development of red, infrared, green and blue lasers, yellow was the last missing prismatic color
- yellow additionally stimulates the mitochondrial respiratory chain at complex III (cytochromes)
- yellow has an detoxifying effect
- yellow has an anti- depressive effect
- The yellow laser stimulates the strongest natural photosensitizer Hypericin out of St. Johns wort and is therefore the most efficient laser in photodynamic cancer therapy.



# Diabetes

Used by permission of the Czech Society for the Use of Laser in Medicine, www.laserpartner.org Ambulatory Application of Combined Laser Therapy in Patients with **Diabetes Mellitus and Dyslipidemia** 

T.V. Kovalyova, Out-Patient Department of the 2-nd Municipal Clinical Hospital, Laser Partner, 17.5.2002 e-mail: laser@udm.ru Izhevsk, Russia

## Abstract

This study sought to evaluate the dynamics of lipid metabolism in blood plasma and clinical efficiency of combined laser therapy (CLT) in patients with diabetes mellitus.

## **Studies**

## The effect of intravenous laser on metabolism and diabetes

Zeitliche Einleitung der Untersuchung	Patientengruppen	TG (0,40 - 1,53)	TC (3,9- 5,2)	LDL-c (3,0 - 4,5)	HDL-c (1,5 - 3,3)	AR (2,5 - 3,5)	LDL/HDL-c ratio (up to 5,0)
Zu Beginn	I II (I)	$\begin{array}{c} 2,11 \pm 0,12 \\ 2,14 \pm 0,10 \end{array}$	A CONTRACTOR OF CALL AND	$7,80 \pm 0,43$ $7,87 \pm 0,37$	1992355 (1) 10 11 1997	HERODON COMPANY	TOS 630/17 C2882216
Nach der Therapie	II (2)	$2,51\pm0,11$	$7,98 \pm 0,37$	$7,90 \pm 0,37$	$1,14 \pm 0,05$	$6,00 \pm 0,23$	$6,92 \pm 0,26$
Während 3 Wochen	II (3) I	A STATE AND A STAT	A DESCRIPTION OF A DESC	$6,63 \pm 0,31$ $7,79 \pm 0,44$		CONTRACTOR AND A CONTRACTOR	
Veränderung Zeitbezug	(?) p(1-2) p(2-3) p(1-3)	1,3 > 0,05 > 0,05 > 0,05 > 0,05	1,54 > 0,05 > 0,05 > 0,05	1,2 > 0,05 > 0,05 > 0,05 > 0,05	<b>1,4(?)</b> > 0,05 > 0,05 > 0,05	<b>3,3</b> > 0,05 > 0,05 > 0,05 > 0,05	2,0 > 0,05 > 0,05 > 0,05 > 0,05
Während 3 Monaten: Vor der Therapie während 3 Wochen		$1,51\pm0,07$	$5,27 \pm 0,24$	$\begin{array}{c} 6,21 \pm 0,29 \\ 5,42 \pm 0,25 \\ 7,84 \pm 0,44 \end{array}$	$1,\!67\pm0,\!07$	$2,\!15\pm0,\!10$	$3,24 \pm 0,15$
Während 6 Monaten: Vor der Therapie während 3 Wochen		States in the second	$5,28 \pm 0.24$	$5,82 \pm 0,27$ $5,70 \pm 0,26$ $7,80 \pm 0,44$	$1,42 \pm 0,06$	$2,70\pm0,12$	$4,00 \pm 0,18$

Die Dynamik des Lipidprofils (mmol/l bei Patienten mit Diabetes mellitus ( $M \pm m$ )

I= Kontrollgruppe (n=22) ohne CLT- Behandlung

II= Hauptgruppe (n=37) mit Behandlung

#### Blutzuckerwerte ( $M \pm m$ )

		Glukose, mmol/I		
Beobachtungsperioden	Patientengruppen	NIDDM	IDDM	
Zu Beginn	I	$14,43 \pm 0,86$	$9,97 \pm 1,02$	
Nach der Therapie	Ⅱ (1) Ⅱ (2)	$\begin{array}{c} 14.21 \pm 0.85 \\ 11.27 \pm 0.67 \end{array}$	$10,46 \pm 1,46$ $11,82 \pm 1,65$	
Während 3 Wochen	II (3) I	$6,01 \pm 0,35$ $14,32 \pm 0,86$	$7,45 \pm 1,04$ $10,12 \pm 1,04$	
	p (1-2) p (2-3) p (1-3)	> 0,05 < 0,05 < 0,05	> 0,05 < 0,05 < 0,05	
Während 3 Monaten: Vor der Therapie während 3 Wochen	II II I	$7,98 \pm 0,47$ $6,03 \pm 0,36$ $14,41 \pm 0,86$	$\begin{array}{c} 6,38 \pm 0.89 \\ 5.72 \pm 0.79 \\ 10,24 \pm 1.05 \end{array}$	
In 6 Monaten: Vor der Therapie während 3 Wochen		$\begin{array}{c} 6,81 \pm 0,40 \\ 6,02 \pm 0,36 \\ 14,37 \pm 0,86 \end{array}$	$5,89 \pm 0,82$ $5,54 \pm 0,77$ $10,31 \pm 1,06$	

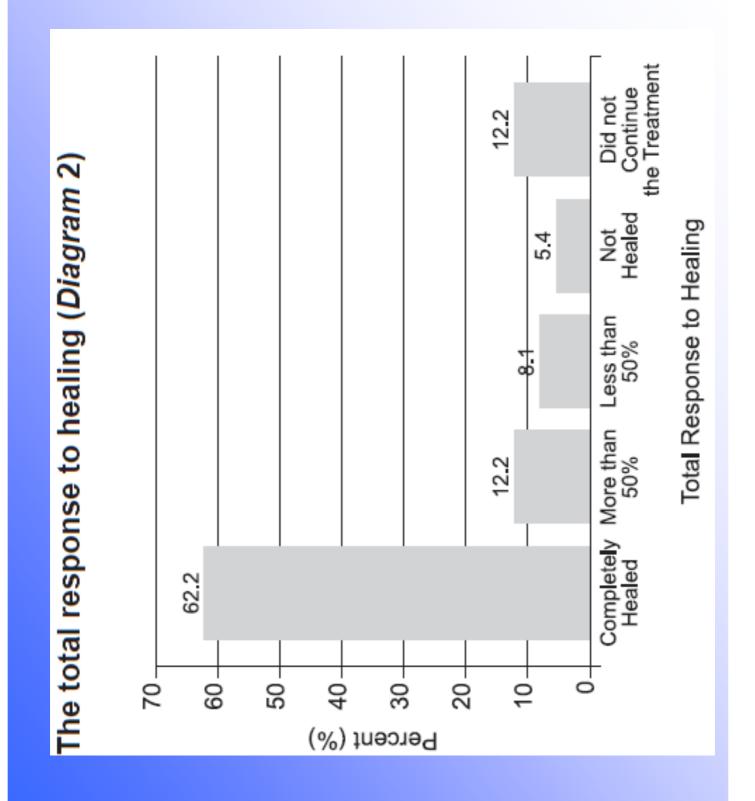
I= Kontrollgruppe (n=30) ohne CLT- Behandlung

II= Hauptgruppe (n=37) mit Behandlung

Evaluating the Efficiency of Low Level Laser Therapy (LLLT) in Combination With Intravenous Laser Therapy (IVL) on Diabetic Foot Ulcer, Added to Conventional Therapy

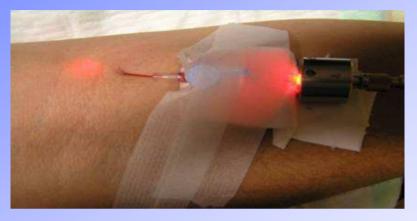
Soheila Mokmeli MD1, Mahrokh Daemi MD2, Zahra Ayatollahzadeh Shirazi MD1 Fatemah Ayatollahzadeh Shirazi PhD3, Mitra Hajizadeh MD4

1Department of Medical Laser, Milad Hospital, Social Security Organization, Tehran, Iran 2Department of Surgery, Sina Hospital, Tehran University of Medical Sciences, Tehran, Iran



### **Diabetes mellitus, metabolic syndrome**







### New Diabetes study 2008 ( Dr. Andreas Wirz, Basel, Switzerland)

- **Protocol**: 100 diabetic patients were treated with 10 sessions red and green lasers intravenously with the new insuline frequency of 3023 Hz
- **Results**: positive effects in 75 % Reduction of HbA1c of 1,5 %

(this study was presented at the international congress for acupuncture in Davos, Switzerland, February 2008, will be published soon)

#### The Hypoglycemic Effect of Intravenous Laser Therapy in Diabetic Mellitus Type 2 Patients; A Systematic Review and Meta-analyses

Kazemikhoo N1, 2, Ansari F2 and Nilforoushzadeh2
1 1Skin Diseases and Leshmaniasis Research Center, Isfahan University of Medical Sciences, Isfahan, Iran 2 Skin and Stem Cell Research Center, Tehran University of Medical Sciences, Tehran, Iran
12/2015

### Studies

R. Chen, 2000 (Chen, Chen, Xie, Chen, & Zhang, 2000) 10
67.3 93.3
He-Ne laser extravacular irradiation therapy instrument,
O—40mw, 632.8nm, 60 min
197.1±73.8 106.2±540

T.V. Kovalyova, 2002 (Kovalyava, 2002) 27 57.3 13 ILBI intravenously 2 mW,1 =0,63 mm 405-nm 15-30 min 259.74±15.48 255.78±15.3

N. KazemiKhoo, 2013 (N Kazemi Khoo et al., 2013) 9 60.63 55 ILBI intravenously 1.5 mW, continuous, 405-nm 30 min 190±17 165±20

### Summary

The result of this meta-analysis suggests that Intravenous laser therapy decreases blood glucose level in diabetic type 2 patients significantly. Immediately after ILIB blood glucose decreases 14 mgr/dlit. It seems that laser irradiation may have an effect on arginine and increase nitric

oxide (NO) production.

Arginine affects the release of hormone like glucagon, insulin, prolactin, adrenal catecholamins and growth hormone [9]. It decreases tissue hypoxia, stimulates oxygenation and normalizes tissue metabolism [10



#### INTRAVENOUS L SPORT IN 5

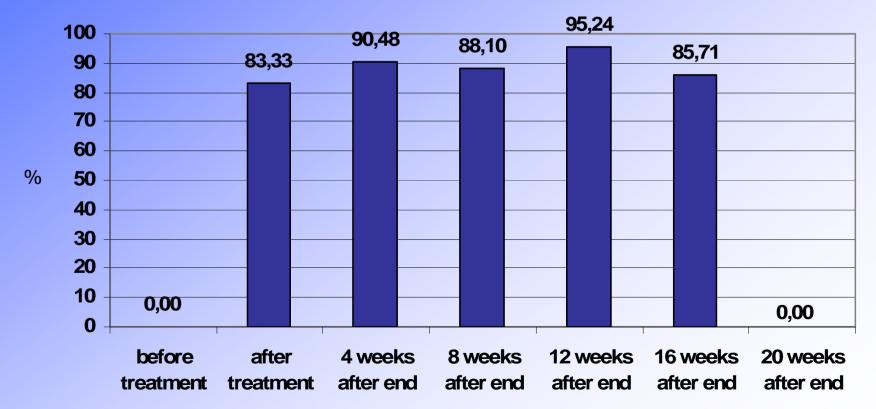
Dr. Med. Francesco Raggi, Dr. Med. Giuseppe Vallesi Terni, Italy



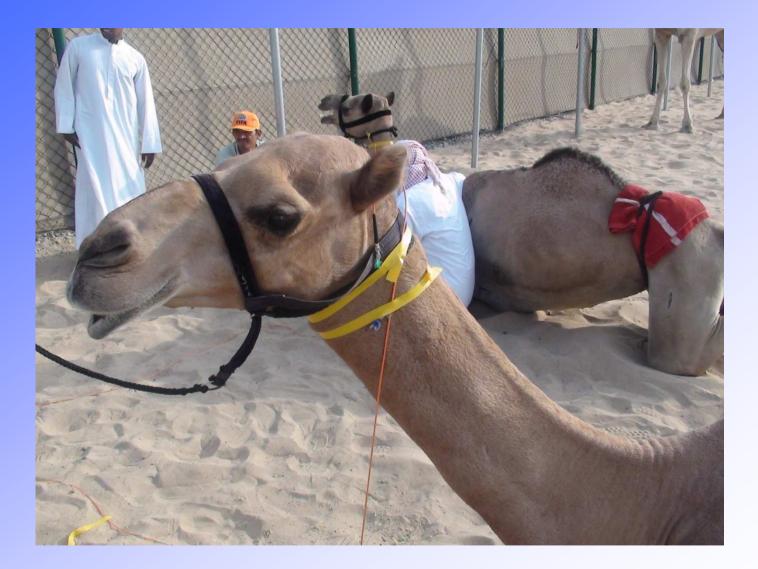
### **Results**

### Endurance tests:

*Cord Jumping time % variation (mean)* 



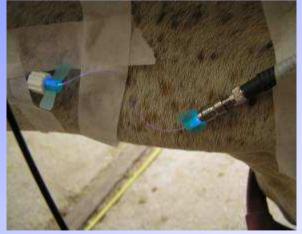
### **Race camels in Dubai**





### **Race horses**

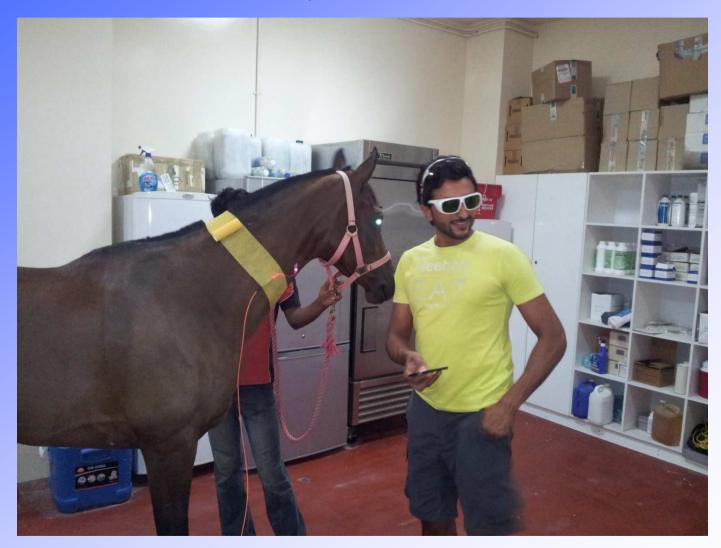




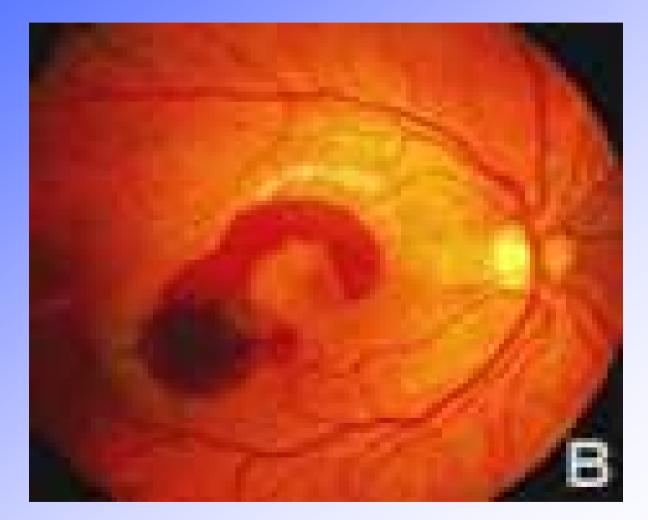




### **Sheik Nasser, Prince of Bahrain**

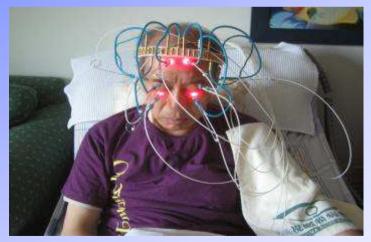


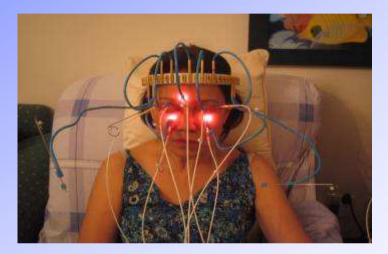
### Macular degeneration



### **Application in macular degeneration**

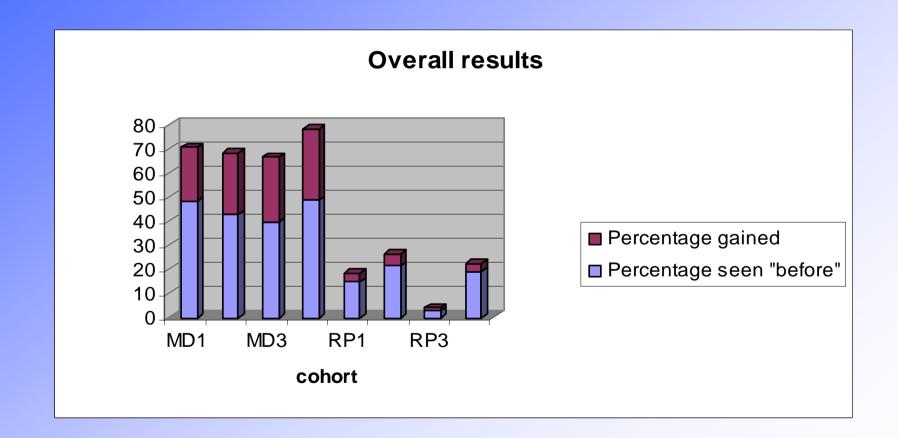




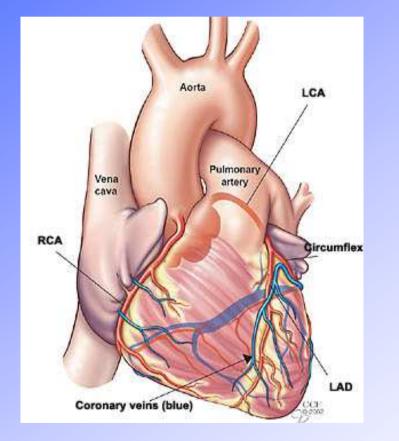


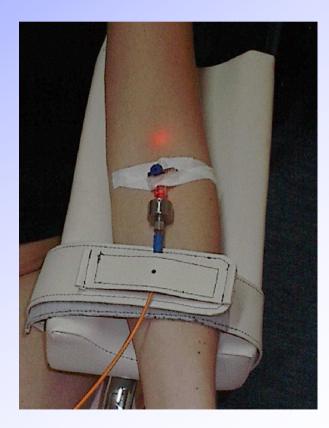


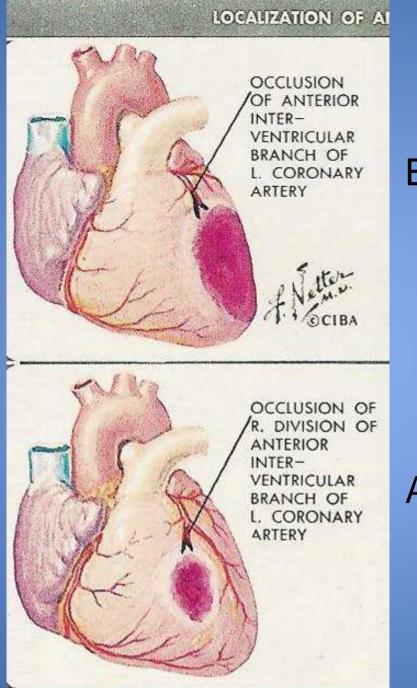
### Results



### **Application in cardiology and angiology**





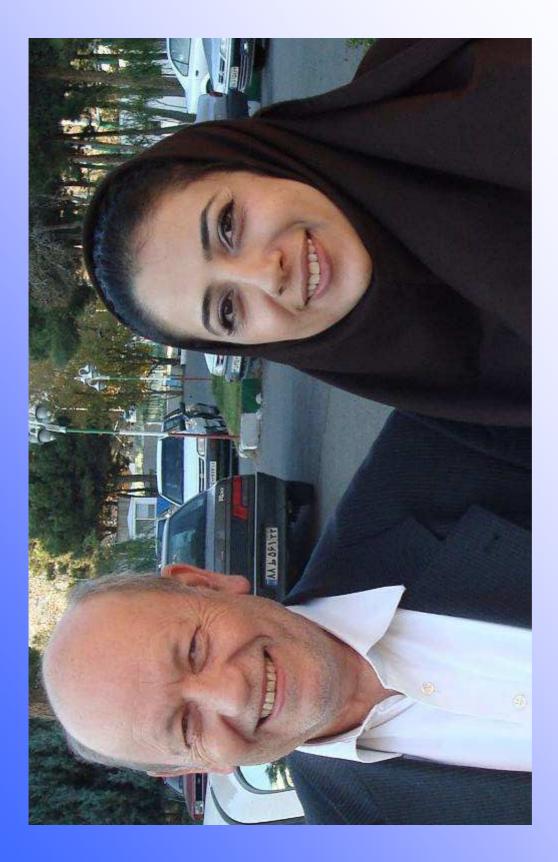


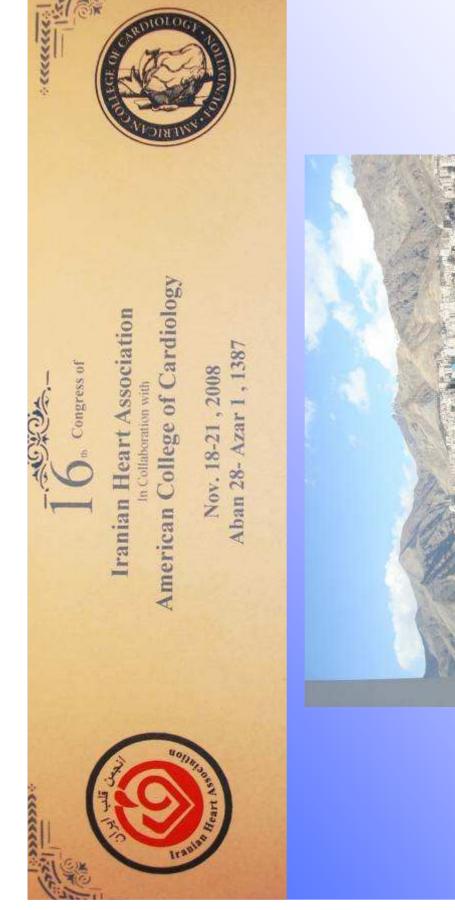
### **Before Lasertherapy**

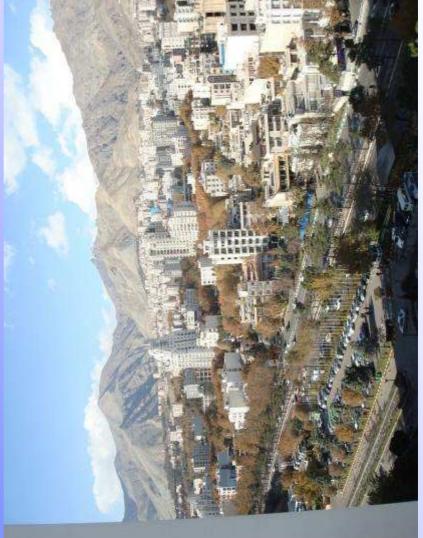
### After Lasertherapy

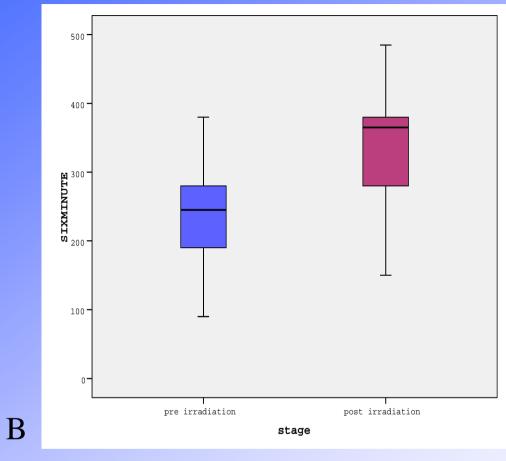
## Study about the efficacy of laser therapy on patients with coronary heart disease

F. Noohi, MD. FACC, M. Javdani, MD\*, M. kiavar, MD Shaheed Rajaei Cardiovascular Medical & Research Center. IRAN University of Medical Science, Tehran, IRAN, Nov.2008

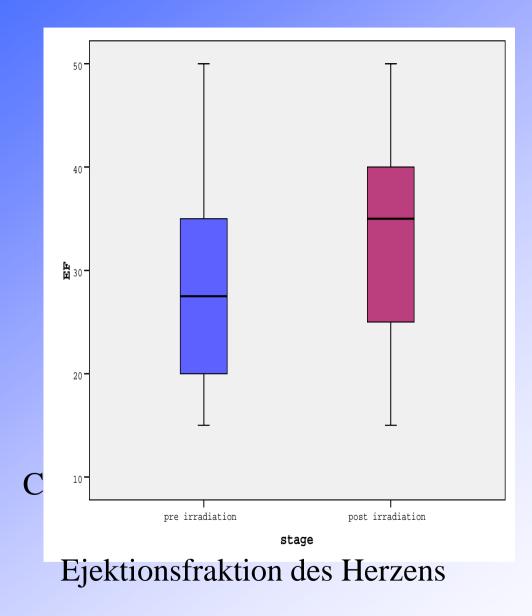


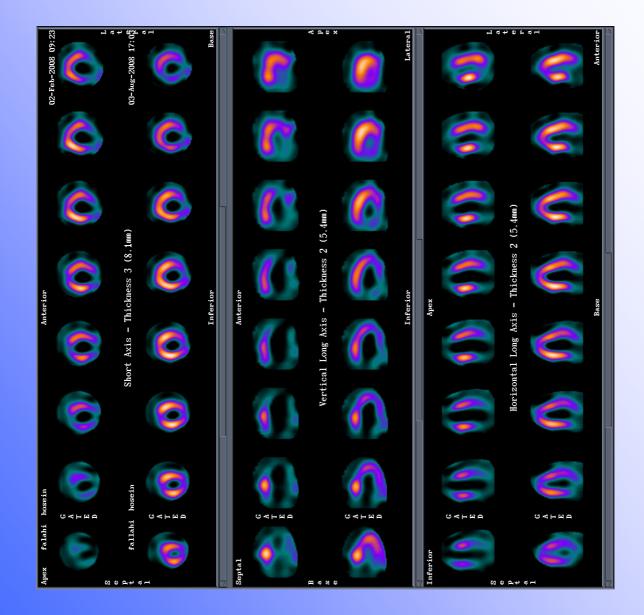






#### 6 Minuten Lauftest





#### **Regenerative effects of intravenous laser therapy**

 There is strong evidence that the regenerative effects of intravenous laser therapy are induced by stimulation of the body's own stem cells released from the bone marrow in the blood stream

### The new laser watch



### The Laser watch

- 3-in-1: Acupuncture, local pain therapy external blood irradiation
- 18 Laser diodes
- wavelength 650nm
- power 5mW each



### Effects

- Laser light activates different enzymes and removes bad lipoproteins from the blood
- Increases oxygen supply in the blood
- Enhances the metabolism and lipoperoxidation
- Decreases the amount of Cholesterol in the blood vessels

Treatment of metabolic problems, microcirculation disturbances, cardioprotective, cerebroprotective, protection against heart attacks and stroke, protection against diabetes



### **Effects**

- Red laser light reduces pain and inflammation has regenerative effects
- Opens up microcirculation, better deformibility of red blood
- Stimulation of mitochondria
- Stimulation of ATP synthesis
- Stabilisation of cell membranes



### Effects

- Direct stimulation of acupuncture points
- Sedation of nerves and heart rhythm
- Muscle sedation
- Increase of melatonin release

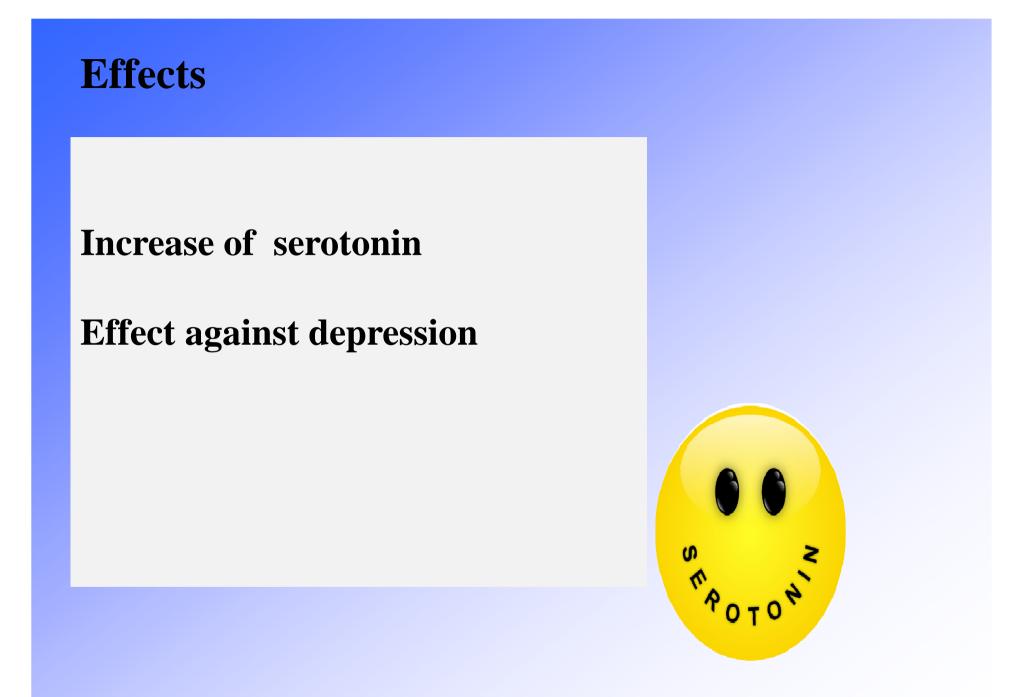


### Eigene Studienergebisse:

#### Significant increase of Melatonin (30-100%)

(Dr. Weber in A 380 from Bangkok to Frankfurt)





### **First study Prof.** Litscher 12/2015

From laser research Zeitschrift für Akupunktur & Aurikulomedizin
Magazine for acupuncture and auricular medicine
5th October 2015
Daniela Litscher und Gerhard Litscher

LASER WATCH – SIMULTANEOUS LASER ACUPUNCTURE AND LASER BLOOD IRRADIATION AT THE WRIST

Research unit for Complementary and Integrative Laser Medicine, Research unit for Biomedical Technology in Anaesthesia and Intensive Care TCM Forschungszentrum (Research centre) Graz, Medizinische Universität Graz (Medical University of Graz), 8036 Graz, Austria

From laser research

Zeitschrift für Akupunktur & Aurikulomedizin Magazine for acupuncture and auricular medicine 5th October 2015

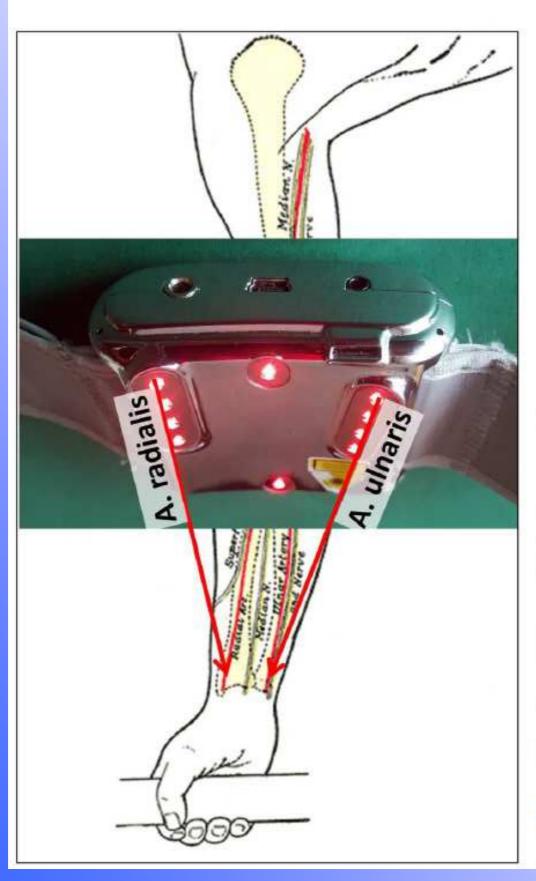
Daniela Litscher und Gerhard Litscher

LASER WATCH – SIMULTANEOUS LASER ACUPUNCTURE AND LASER BLOOD IRRADIATION AT THE WRIST

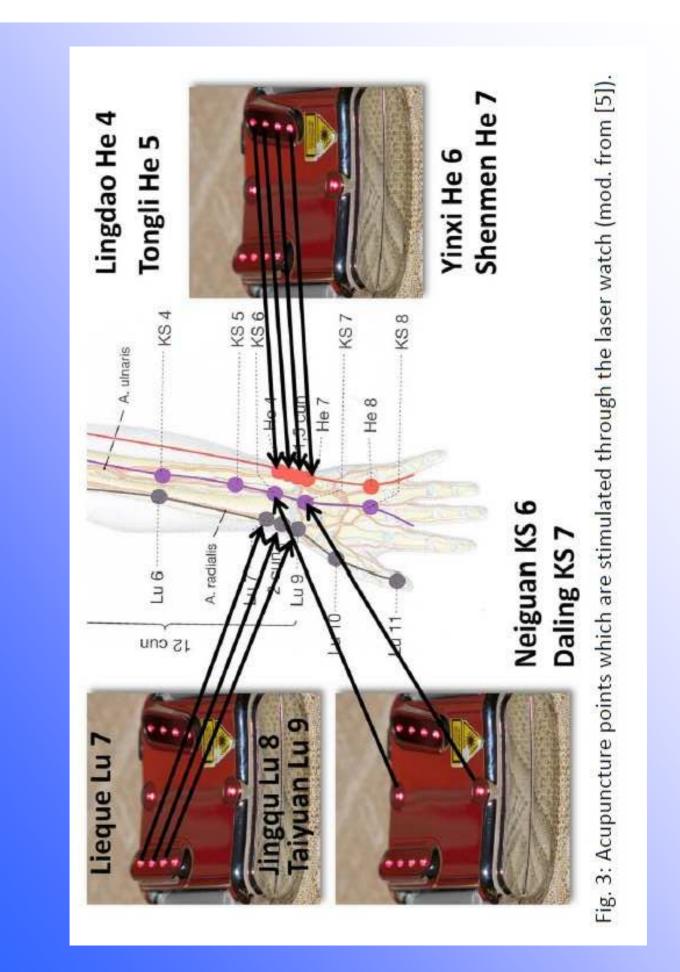
TCM Forschungszentrum (Research centre) Graz, Medizinische Universität Graz (Medical Research unit for Biomedical Technology in Anaesthesia and Intensive Care Research unit for Complementary and Integrative Laser Medicine, University of Graz), 8036 Graz, Austria

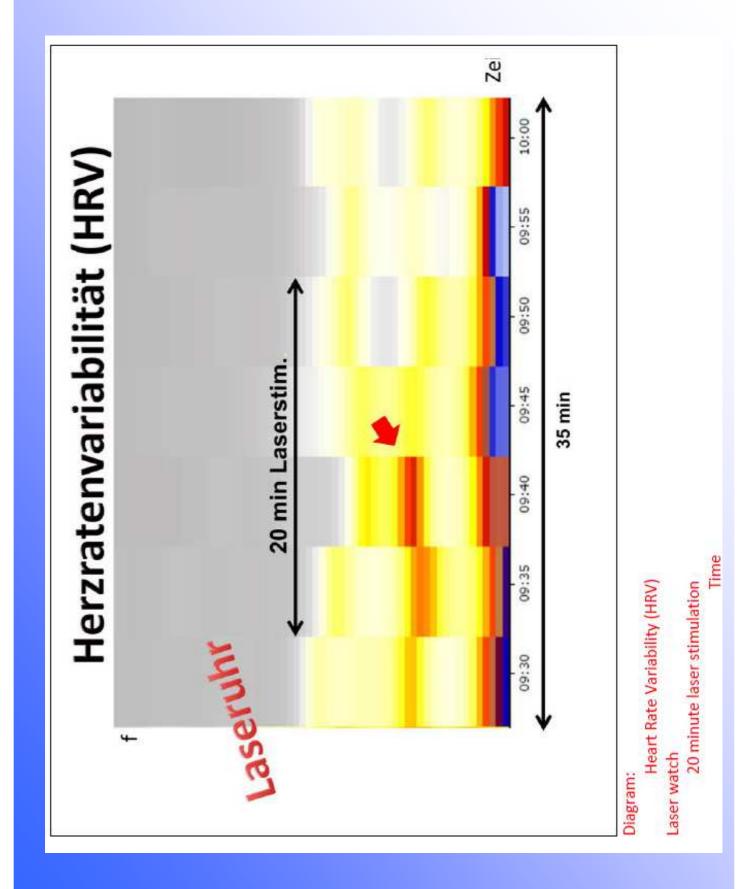


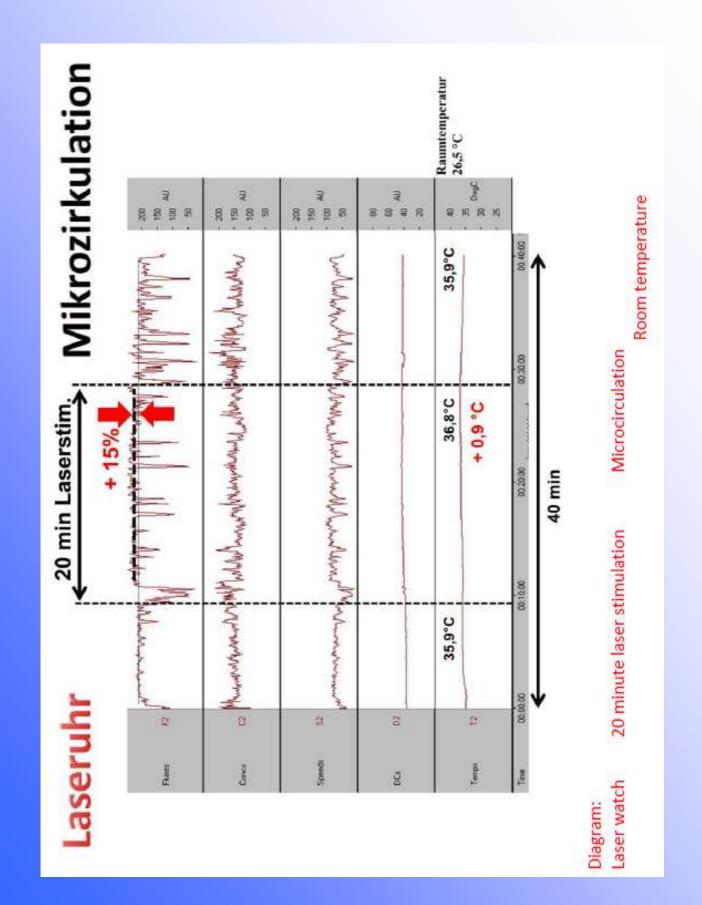
Fig. 1: Laser watch for laser acupuncture and laser blood irradiation (front (a), rear (b) and view with nasal adapter (c)).



ip 2.1 aser blood irradiation with the laser watch









UltraCur +

Curcumin: Strong antioxidant with anti-inflammatory and pain-reducing effects

### Highly concentrated curcumin with a 15,000-fold bioavailability

Due to a special protein binding the full potential of this unique medicinal plant can be realized for the first time!

One capsule UltraCur+ has the efficacy of 120g of curcumin.

In relation to conventional curcumin this corresponds to a 15,000-fold bioavailability.



### New option for tumor therapy and -prävention

Water soluble Sodium-Copper Chlorophyllin Is stimulated with 650 nm red laser



## Chlorophyllin

- Studies in both animals and humans demonstrate chlorophyllin's ability to bind to carcinogens and remove them from the body.
- Chlorophyllin Protects Against Environmental Carcinogens

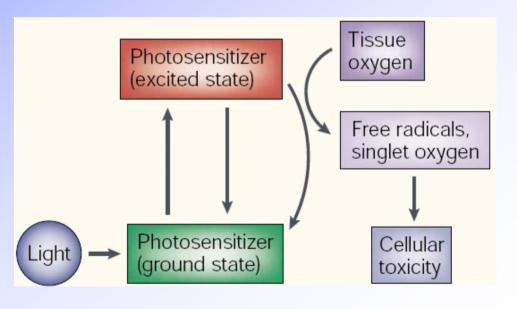
# Chlorophyllin

- Recent research suggests that the remarkable photosensitizing properties of chlorophyllin make it a low-cost option for this novel therapy.
- Stimulation with new laser watch is the perfect follow-up home therapy for the patients.

Photodynamic therapy: new ways of cancer with lasers and photosensitizers

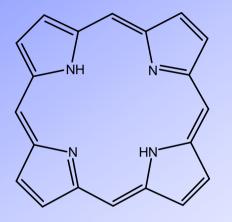
### **Introduction: Process of Photodynamic Therapy**

- 2 individually non-toxic components brought together to cause harmful effects on cells and tissues
  - Photosensitizing agent
    Light of specific
    wavelength

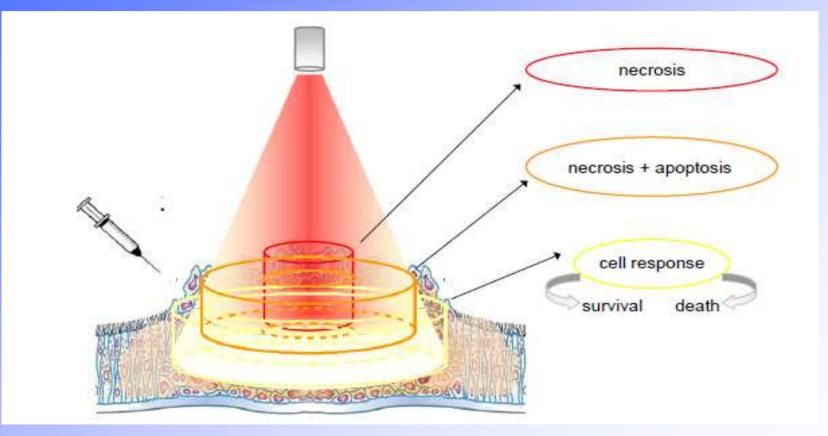


### **Traditional Photosensitizers**

- Haematoporphyrins, HpD
  - Derivatives of Haem(Photofrine and others)
- Chlorines
  - Derivatives of Chlorophyll
- Porphycenes
  - Synthetic Porphyrines

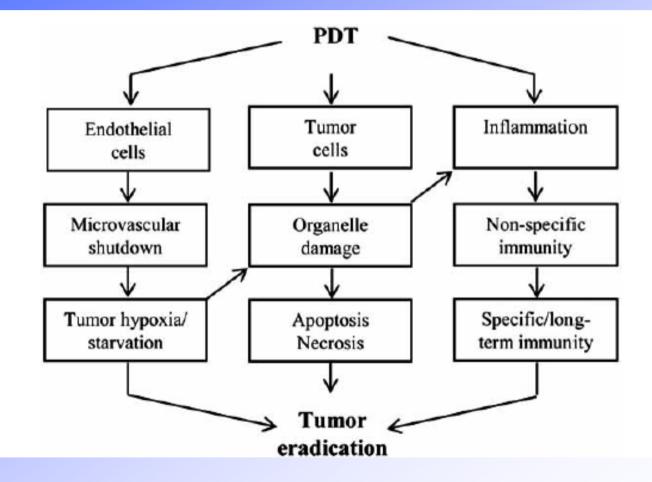


### **The photodymamic reaction**



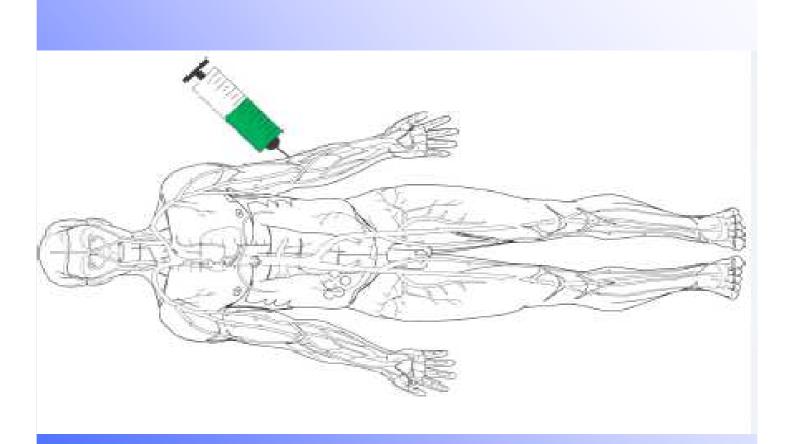
#### Light distribution and cellular response during PDT

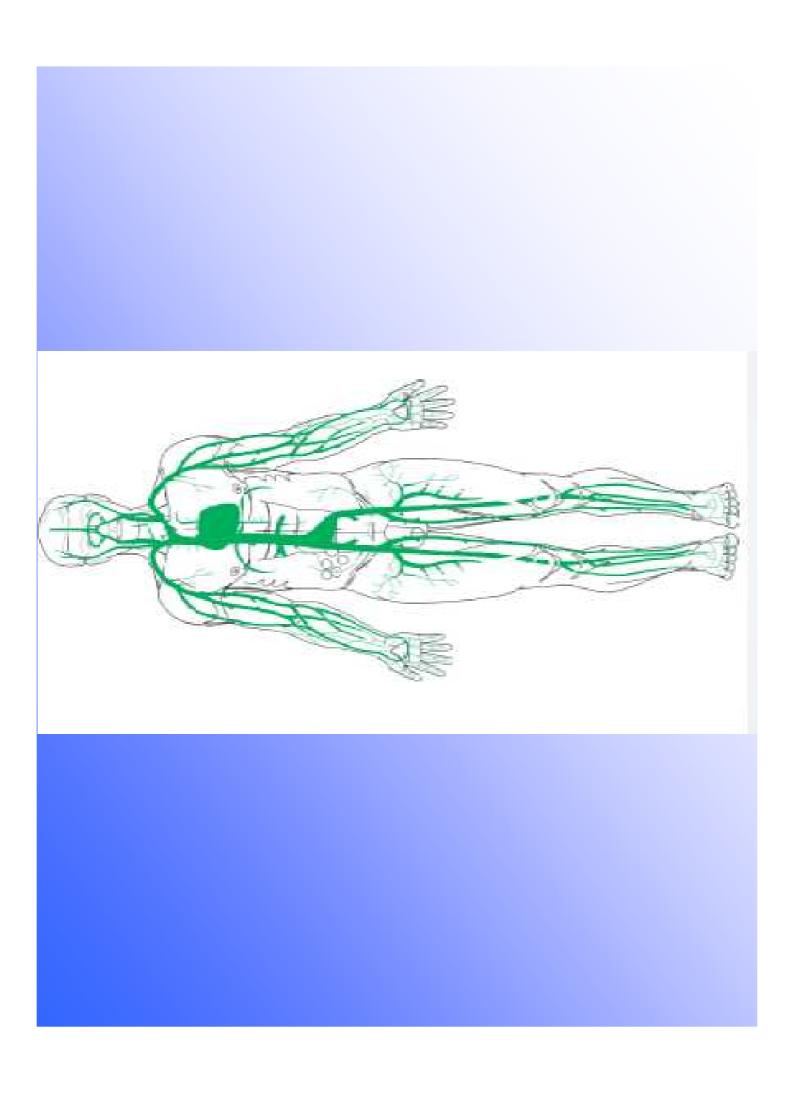
### **Mechanisms of PDT**

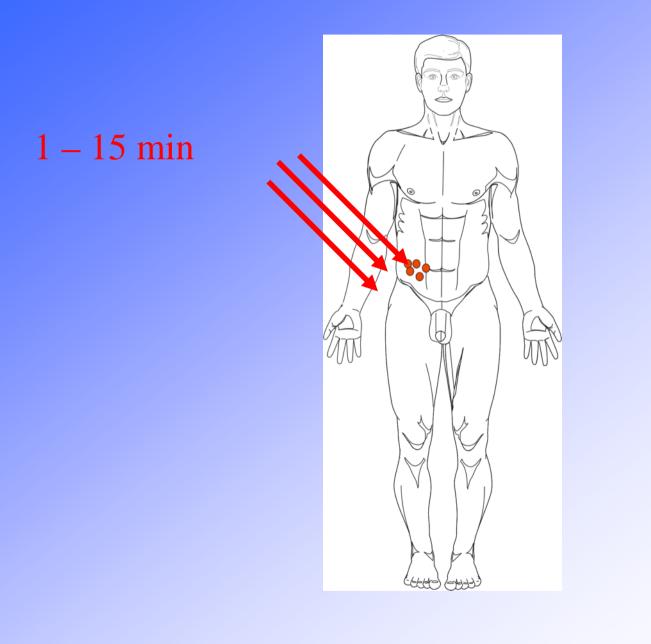


### Photodynamic Therapy New natural derived Photosensitizers

- Chlorin E6 (Red 660 nm)
- Hypericin (Yellow 589 nm)
- Curcumin (Blue 447 nm)
- Riboflavin (Blue 447 nm)









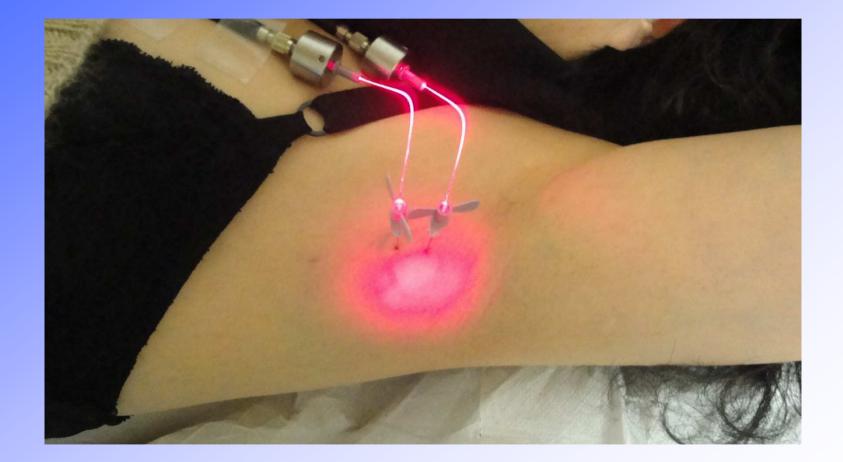
# Generation of singlet oxygen



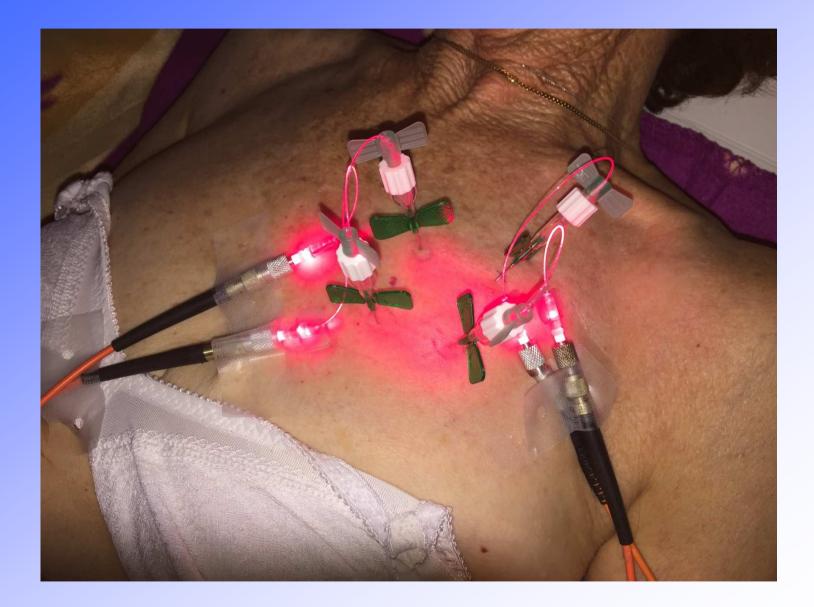
## **Potential overdoseing**



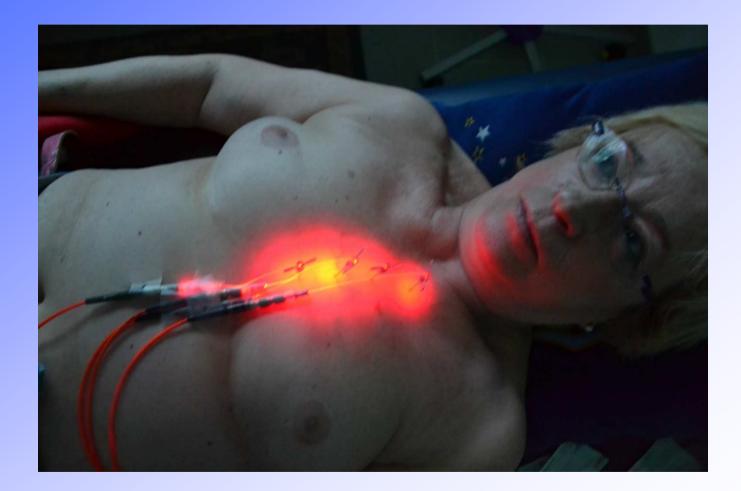
### **Interstitial PDT of lymph metastases**



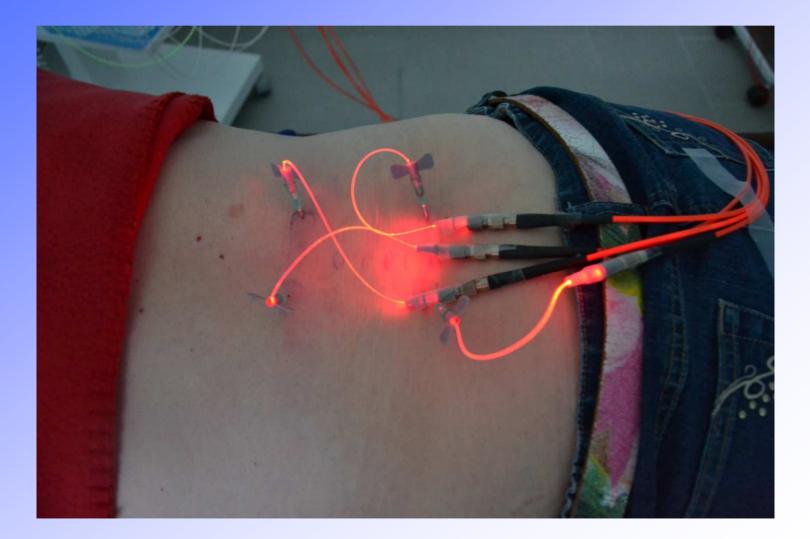
## Lung cancer



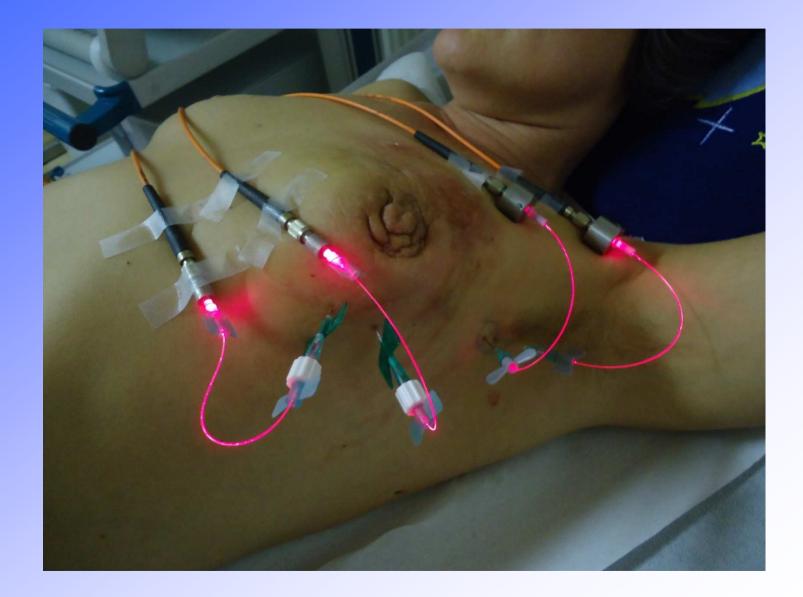
### Interstitial PDT of breast cancer with mediastinal metastases



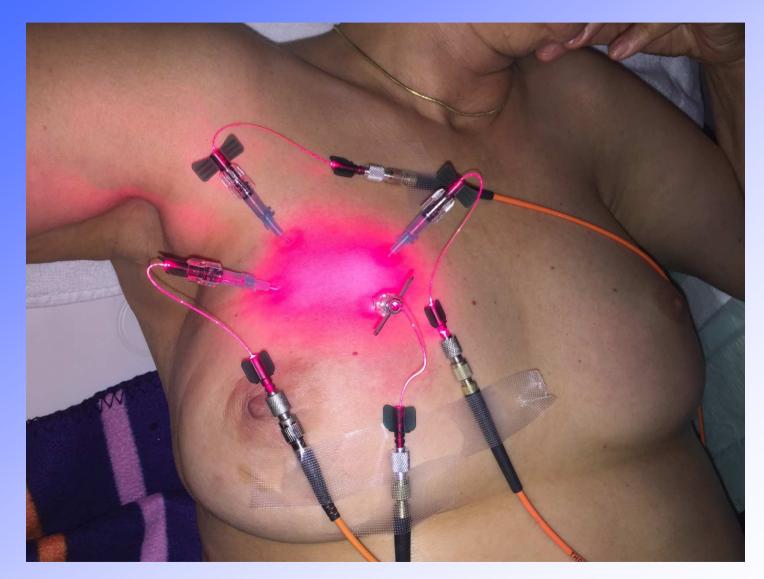
### Interstitial PDT of breast cancer with spinal metastases



### **Interstitial PDT of breast cancer**

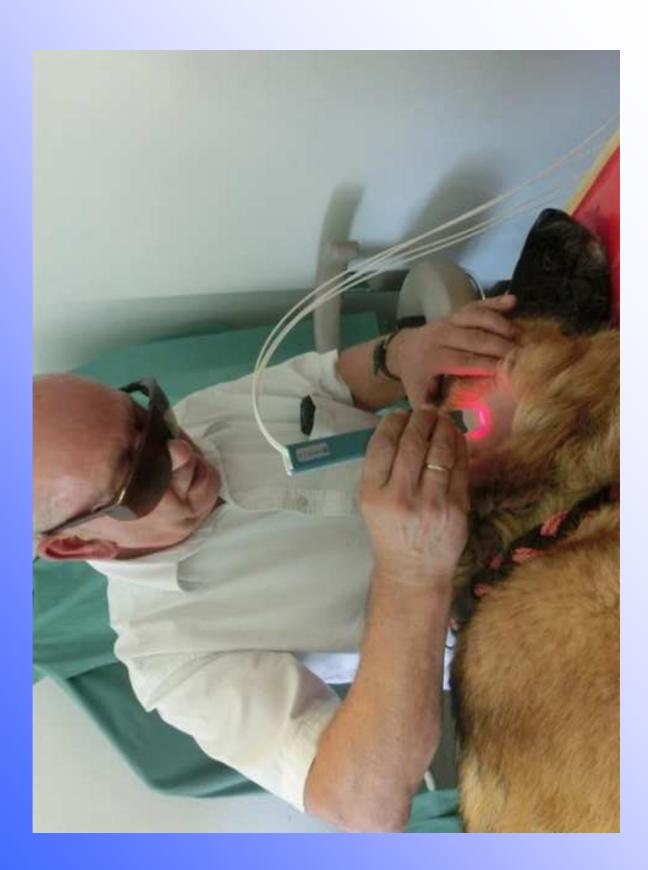


### **Interstitial PDT of breast cancer**



### **Chronic lymphatic leukemia**











### See you on ISLA international conference June 12th and 13th in Germany, thank you www.isla-laser.org

