#### **Michael H. Weber**

#### New Methods and Laser Technology in Photodynamic Cancer Therapy





## **Topics**

- Basics of mechanism of photodynamic therapy
- Different groups of photosensitizers
- PDT in dermatology with 5-Aminolaevulic acid
- PDT in combination with interstital and intravenous laser therapy
- Treatment examples and results
- New combinations of traditional photosensitizers with light sensitive chemodrugs and clinical results
- Immunotherapy for cancer

## LASER

## Light Amplification of Stimulated Emission of Radiation

#### Why Laserlight?

#### Laserlight

has a precise colour (Monochromasy) and is chracterized by an arranged photon stream (Coherence)



(a)

#### Conventional white light (bulb)

is a mixture of all colours, spreads in all directions



#### **The electromagnetic spectrum**



# **Fiberoptic laser systems and applications**

#### Modern new fiberoptic Laser-Needle system for external laser therapy





#### Modern new Laser-Needle system for external laser therapy



## Laserneedles (non-invasive)



### **Intravenous laser therapy**









## **Interstitial photodynamic cancer therapy**





#### **Absorption of laser light in biological tissue**



#### **Optical penetration depth of different wavelengths**

depends upon the wavelength

*Tissue penetration of blue laser very low, green laser ca. 5mm, red 3 cm, infrared 6 cm* 



#### **Bone penetration of infrared laser**



Bild 8: Rotes Laserlicht wird im Gewebe gestreut, teilweise absorbiert, aber auch an absorbierenden Strukturen (Knochen) vorbeigeleitet. Hier wird ein Finger von einem 250 mW starken roten Laser (660 nm), und einem 400 mW starken IR Laser (830 nm) bestrahlt. In der Handfläche ist kaum rote, wohl aber etwas IR Transmission sichtbar. Mit einem empfindlichen Messgerät liegt eine jeweilig emittierte Leistung bei etwa 0,002 mW/mm<sup>2</sup> (Finger rot), 0,012 mW/mm<sup>2</sup> (Finger IR), 0,0001 mW/mm<sup>2</sup> (Hand rot) und 0,0004 mW/mm<sup>2</sup> (Hand IR). Die IR Bilder sind mit einer Sony HDR-SR1E im (unbeleuchteten) Night-Shot Modus aufgenommen, die roten Bilder auch mit einer Sony DSC-H1. Hier erscheint elektronisch bedingt ein besonders helles rotes Licht orange bis gelblich.



Which properties of real PT lasers are important? EMLA Laser Helsinki 24.8.2008, page 1. © 13M, Dr. Hans A. Romberg, Schillerstr. 44, D 76297 Stutensee

#### Laser and brain (Litscher 2013)



## **Transcranial infrared laser therapy**



## Interstitial fiberoptic laser therapy

## **Fiber-optic interstitial needle**





#### **Intravenous Laser Blood** Irradiation





#### **Intravenous** laser therapy



#### **Intravenous laser therapy with red and green laser**





# Intravenous laser therapy with blue and yellow laser





## New Y-cannula for intravenous laser therapy



## Weberneedle 12-channel modular Endolaser system



# Effects of intravenous laser blood irradiation on mitochondria





Figure 5.15 Electron micrograph of a section through an irradiated (632.8 nm, 56 J/m<sup>3</sup>) human lymphocyte. The experimental details are described by Manteifel et al., 1997. The arrow points to the ring-shaped nutochondrial profile that belongs to the giant mitochondrion (B) presented in Fig.5.14b.

"Giant-mitochondria" in human lymphocytes after laser irradiation (632 nm) Ring-shaped mitochondria in human lymphocytes after laser irradiation (632nm)

#### **Increased ATP** production



ATP-Increase under laser irradiation (632 nm, red light) of a HeLa cell-culture

#### **Immunological effects of iv-Laser**

#### **Activation of macrophages in fluorescent light**



Photodynamic therapy: new ways of cancer with lasers and photosensitizers

#### **Photodynamic therapy (PDT)**

- Photodynamic therapy is one of the most interesting and promising approaches in the treatment of various cancers.
- The principle is the stimulation of a light sensitive drug which is injected into the blood and accumulates in cancer cells
- Tumor tissue is subsequently destroyed by irradiation with light of appropriate wavelength according to the absorption spectra of the various photosensitizers
- The basic principle behind this mechanism is the development of radical oxygen species.

## **Photodynamic therapy (PDT)**

- However up to today PDT was limited to cancer treatment of superficial tumors
- Because we are not able to bring the laser beam in a sufficiant concentration deeper into the body.

## **Introduction: Process of Photodynamic Therapy**

- 2 individually non-toxic components brought together to cause harmful effects on cells and tissues
  - Photosensitizing agent
    Light of specific
    wavelength



#### **Photodynamic Therapy**



### **Mechanisms of PDT**



## **Mechanisms of PDT**

- Selective targeting of tumor cells
- Minimal side effects
- No resistance after repeated treatments
- Tumor vascular shutdown by thrombosis and haemorrhages
- Induction of local inflammation
- Immune activation

### **The photodymamic reaction**



#### Light distribution and cellular response during PDT
#### **Immunological effects of PDT**



# Photosensitizers

#### **Traditional Photosensitizers** (porphyrin derived)

- Haematoporphyrins, HpD
  - Derivatives of Haem
  - (Photofrine and others)
- Chlorines
  - Derivatives of Chlorophyll
- Porphycenes
  - Synthetic Porphyrines



#### **Photodynamic Therapy traditional Photosensitizers**

Table 1 Currently available photosensitizers.

Platform	Drug	Substance	Manufacturer	Web site
Porphyrin	Photofrin®	HpD	Axcan Pharma, Inc.	www.axcan.com
Porphyrin	Levulan®	ALA	DUSA Pharmaceuticals, Inc.	www.dusapharma.com
Porphyrin	Metvix®	M-ALA	PhotoCure ASA	www.photocure.com
Porphyrin	Visudyne <sup>®</sup>	Vertiporfin	Novartis Pharmaceuticals	www.visudyne.com
Texaphyrin	Antrin®	Lutexaphyrin	Pharmacylics	www.pharmacyclics.com
Chlorin	Foscan®	Temoporfin	Biolitec Pharma Ltd.	www.bioletcpharma.com
Chlorin	LS11	Talaporfin	Light Science	www.lightsciences.com
Chlorin	Photochlor	HPPH	RPCI	www.roswellpark.org
Dye	Photosens®	Phthalocyanine	General Physics Institute	www.gpi.ru

#### **Photodynamic Therapy Treatment indications (all superficial)**

Photosensitizer	Type of diseases	Country	
(5-ALA)	Actinic keratosis,	tosis, reinoma U.S., EU	
5-aminolevulinate	Basal cell carcinoma		
Photofrin	Barrett's displasia	U.S., Canada, EU, UK	
Photofrin	Cervical cancer	Japan	
Photofrin	Endobronchial cancer	Canada, Most EU Countries, Japan, U.S.	
Photofrin	Esophageal cancer	Canada, Most EU Countries, Japan, U.S.	
Photofrin	Gastric cancer	Japan	
Photofrin	Papillary bladder cancer	Canada	
Foscan	Head and neck cancer	EU, Norway, Iceland	
Verteporfin	Age-related Macular Degeneration	Canada, Most EU Countries, Japan, U.S.	

#### **Photosensitizers approved for therapy**

#### Photodynamic Therapy New natural derived Photosensitizers

- Chlorin E6 (Red 660 nm)
- Indocyaninegreen (Infrared 810 nm)
- Hypericin (Yellow 589 nm)
- Curcumin (Blue 447 nm)
- Riboflavin (Blue 447 nm)

#### **Photodynamic Therapy: new chemodrug derived Photosensitizers**

- Doxorubicin, liposomal (447 nm, blue)
- Mitoxantron, (yellow 589nm, red 632nm)
- Paclitaxel, (ultraviolett, 345 nm)
- Cisplatin, (ultraviolett, 345 nm)
- 5-FU, (ultraviolett, 345nm)

#### **Topical photosensitizer (Creme) 5-Aminolevulinic acid, 5-ALA, (Hematoporphyrin derivative)**



#### **Photodynamic Therapy**

Absorption spectrum of 5-ALA



#### **Photodynamic diagnostics PDD**

#### (Fluorescense diagnostic with blue laser)





Fuselage skin basal cell carcinoma in daylight

Fuselage skin basal cell carcinoma under wood light

#### **Photodynamic therapy of actinic keratosis**





Photodynamische Therapie von Basaliomen und aktinischen Keratosen

#### **Photodynamic therapy of basal cell carcinoma**



#### **Photodynamic therapy of basal cell carcinoma**



#### **Photodynamic therapy of basal cell carcinoma**



Ulcerated basal cell carcinoma before treatment



Findings after 1 treatment PDT

**Systemic photodynamic therapy** 

## Fotolone (Chlorin E6)

- Chlorin e6 as photosensitizer
- Indications
- current development status

#### **Chlorin E6** (chemical properties)

- trisodium salt of the "green" porphyrin
- high solubility in water
- Molecular formula: C<sub>34</sub>H<sub>33</sub>N<sub>4</sub>Na<sub>3</sub>O
- High stability of the lyophilized API





## **Production of Chlorin E6**







Natural sources (algae, grass, lucerne etc.)

FDA approved, GAP

inexhaustible availability (different sources/world-market)



## **Production of Chlorin E6**





## **Absorption spectrum of Chlorin E6**













# Generation of singlet oxygen



#### 24 – 48 h

- Apoptosis/
  Necrosis
- Elimination
  of Ce6 from blood







#### **Problem of all porhyrin derived photosensitizers: limited penetration depth with red laser and tumor size**





# The body shower for superficial tumors with external irradiation



Insertion of laser-needles with different wavelengths into a special shower head



## **External PDT of lymph metastases**



## **Potential overdosing** with skin burn



### **Interstitial PDT of lymph metastases**



### **Interstitial PDT of lymph metastases**



## **Interstitial PDT of squamous cell carcinoma**



#### **Mouth bottom cancer with lymph nodes**



#### Interstitial laser therapy of neck lymph nodes



#### **Interstitial PDT for neck lymph nodes**



### **Interstitial PDT for thyroid cancer**



#### Interstitial PDT of breast cancer with mediastinal lymph metastases



### Interstitial PDT of breast cancer with mediastinal lymph metastases


#### **Interstital therapy for mediatinal metastases**



# Lung cancer (needles on pleura)



#### **Interstitial PDT of breast cancer**



#### **Interstitial breast cancer treatment**



#### **Interstital PDT of breast cancer**



#### **Interstital PDT of breast cancer**



#### **Interstital PDT of breast cancer**



## **Interstitial PDT for pancreatic cancer**



## **Peritoneal carcinosis**



# Case report: ovarian cancer with peritoneal carcinosis





### **Liver metastases**



# **PDT in Urology**



# **PDT in urology**



#### **Fiberoptic catheter with circular irradiation** (for prostate cancer)



#### **New catheter for bladder and prostate cancer**



### 500 mW Red laser 658 nm









#### Fiberoptic catheter with spheric irradiation for bladder cancer













#### **Bladder Cancer**



# Bladder cancer PET 10/2014 before treatment



# Bladder cancer 2/2015 after PDT











# **The big problems still remain:**

- Limited succes by using red laser only
- Limited penetration depth (max. 2,5 cm)
- Limited tumor size: max 2,5 cm
- Burning and ulceration with overdosage
- Light sensitivity
- No good success with liver metastases
- Limited success for bone metastases
- No success in treatment of brain tumors

#### **The solution: liposmal Indocyanine Green**

- Indocyanine Green is a fluorecent green dye and absorbs light in the infrared range (810 nm)
- It is applied intravenously
- Indocyanine Green is an approved drug used for fluorescense diagnostics (blood flow in eyes, liver heart) even FDA approved in the USA

# Indocyanine Green liposomal as a new photosensitizer

- Pure Indocyanine Green binds to plasma proteins and is removed from the body in about 30 minutes and cannot be used as photosensitizer
- In liposomale form however it will be in integrated in tumor cells and can so be used for PDT with infrared laser
#### **Indocyanine Green, chemical structure**



#### **Indocyanine Green, absorption spectrum**



#### **Indocyanine** Green as photosensitizer

A new option for improved tumor targeting and uptake is the formulation of ICG in nanopartikels like liposomes.

# Nanoparticles for transport of photosensitizers



# Cellular integration of a lipophile photosensitizer



#### Selektive "Over-heating" of tumor tissue by infrared stimulated Indocyanine Green

- ICG absorbs infrared light 810 nm.
- Infrared light has the highest penetration depth in the tissue.
  Besides activation of the ICG with production of singlet
  oxygen tumor tissue will be warmed up
  - (overheating effect) and so supports the photodynamic reaction without damage of surrounding healthy tissue.
- The combination of overheating and PDT leads to an improved reaction with ,,tumor melting",
- We can call it **"Photothermodynamic therapy** (**PTDT**)" or **"Photothermoablation**" of tumor tissue. <sup>[21]</sup>

# **Indozyanine green liposomal**



# **Indozyanine green liposomal**



#### **Lip-ICG-PDT: Rectal Cancer**



# **Lip-ICG-PDT: Rectal Cancer**



# Lip-ICG-PDT, Rectal Cancer



#### **Lip-ICG-PDT: Rectal Cancer**



#### Larynx cancer, spreading in the neck



# Larynx cancer



# Larynx cancer



# **Other natural**

# photosensitizers



St. John's wart plant







# **Hypericin as photosensitizer in combination with yellow laser therapy**







#### **Interstitial PDT of breast cancer**



#### **Curcumin as photosensitizer**







# **Curcuma powder**



# Curcumin



# Curcumin



# **Interstitial PDT combination after Hypericin and Curcumin**



#### Absorption spectra of different phtotosensitizers

- Chlorin E 6 absorbs
  660 nm red laser
- Indocyanine Green absorbs 810 nm infrared laser
- Hypericin absorbs
- Curcurmin absorbs
- Riboflavin absorbs

589 nm yellow laser

- 447 nm blue laser
- 447 nm blue laser

#### **Cancer combination therapy**

- Small single tumors are ideal for PDT treatment alone
- PDT alone is not effective in
- big tumors
- widely spreading tumors
- multiple metastases

Here we need combination of PDT with other anticancer drugs and methods.

#### **Cancer combination therapy**



# **Cancer combination therapy**

- 1. Combination with traditional chemotherapy
- 2. Combination with light sensitive chemodrugs (using chemodrugs as photosensitizers)
- 3. Combination with antioxidants
- 4. Combination with antiangionesis inhibitors
- 5. Combination with Cox-2 inhibitors
- 6. Combination with antibodies
- 7. Combination with different natural compounds
- 8. Combination with immunotherapy

# **5-Fluorouracil as a Phosensitiser**

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#### Abstract

5-FU exhibits a high fluorescence after irradiation with UV-vis light. An enhancement of the cytostatic activity of 5-FU under UV-vis irradiation was observed on an in vivo experimental model.

#### **The tautomeric forms of 5-FU**





#### **Mitoxantron as photosensitizer**

- Mitoxantron is a blue substance
- Mitxantron is activated by yellow and red light
- Mitoxantron is a strong chemophotosensitizer
- Is effective in multiple cancer varieties

#### **Mitoxantron**


## **Mitoxantron as photosensitizer**





## **Mitoxantron stimulation (Y-cannula)**



## **Doxorubicin (liposomal) as photosensitier**

- Is widely used for many different cancers (Anthracyclin antibiotics)
- Is an orange solution and is stimulated by visible laser light
- Can be enhanced by liposomal delivery (Doxil)
- Stimulation by blue-green light

## **Doxorubicin** liposomal



## Doxorubicin (liposomal) as photosensitizer





## **Doxorubicin stimulation**



## Hyperbaric oxygen chamber



## New therapeutic strategies for cancer therapy

- Photodynamic therapy with liposomal ICG, Chlorin E6, Hypericin and Curcumin (external, interstitial, intratumoral irradiation)
- Hyperbaric oxygene therapy
- Low dose chemotherapy using chemodrugs as photosensitizers
- Immunotherapy with intravenous laser blood irradiation
- Immunotherapy with GcMAF and others

## GcMAF

- Vitamin D binding protein is known as Gc Protein.
- This protein binds in the body to 25-hydroxy vitamin D
- Macrophage activating factors (MAF) are glycoproteins that increase macrophage activity and transform them in natural killer cells.
- Vitamin DBP (Gc-protein) is the primary MAF.
- The glycosylated Gc protein is the best MAF.

## GcMAF

- NaGalaser is an enzyme produced in small amount by liver cells
- But is produced in large amounts by cancer cells.
- NaGaLase deglycosylates Gc protein and so has an immunsuppressive effect.
- NaGaLase is also produced by different viruses, bacteria and fungi

# GcMAF

Gc-MAF macrophage activation therapy is useful in the treatment of many diseases, such as cancer, HIV AIDS, Hepatitis B virus (HBV), Hepatitis C virus (HCV), Herpes Simplex virus (HSV), Tuberculosis, Pneumonia infection, Epstein-Barr virus (EBV), cystitis/urinary tract infection

### **TBL-12 from sea Curcumber**

- Works against neoangiogenesis by inhibiting VEGF
- Inhibits proliferation of cancer cells by apoptosis
- Promising effects on melanoma and leukemia
- Taken orally
- No side effects

### **Suppression of Human Multiple Myeloma Cell Growth by TBL-12 in Combination with low doses of Velcade: Insight in to the modulation of IL-6/STAT-3 mechanisms**

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### **TBL-12 from sea Curcumber**

#### **Results:**

We observed cell survival rate reduced from 100 % to 30% at 48h and significantly reduced to 20% at 72h (p<0.001) in both MM1 and U266 cells. These findings suggest low dose effect of Velcade in combination with TBL-12 in a time dependent manner.

#### **Conclusion:**

Overall findings from this study suggest the potential use of TBL-12 in combination with Velcade against MM. Ongoing trials with TBL-12 at NYUCI and this correlative data could support future clinical trials.



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## Thank you www.isla-laser.org

